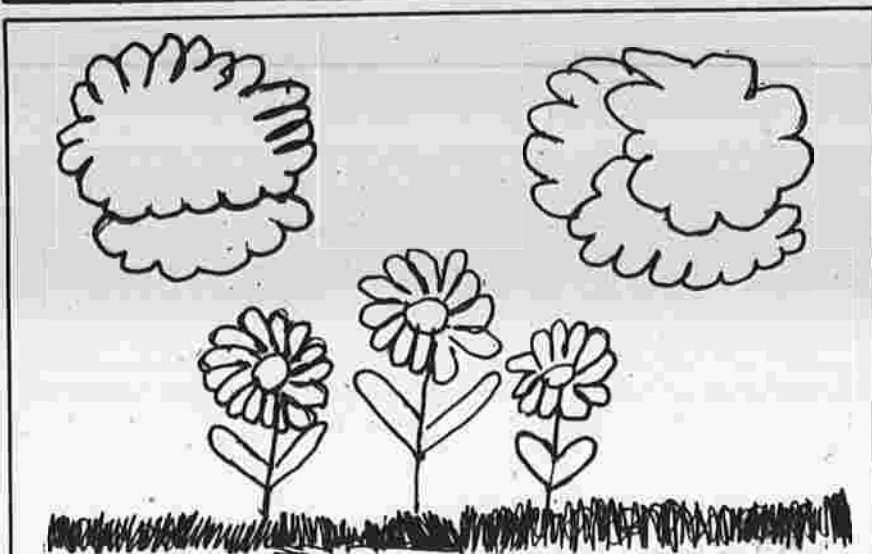


WEATHER



Today's forecast

Connecticut, Massachusetts and Rhode Island: Cloudy today with a chance of rain in the morning, then variable cloudiness. Highs 45 to 55. Partly cloudy Saturday night and Sunday. Lows in the 30s. High Sunday 45 to 50.

Maine: Flurries north, flurries or showers in mountains, mostly cloudy elsewhere Saturday. Highs in the mid-30s to mid-40s. A chance of flurries north and mountains and partly cloudy elsewhere Saturday night and Sunday. Low in the 20s to mid-30s and high in the 30s to mid-40s.

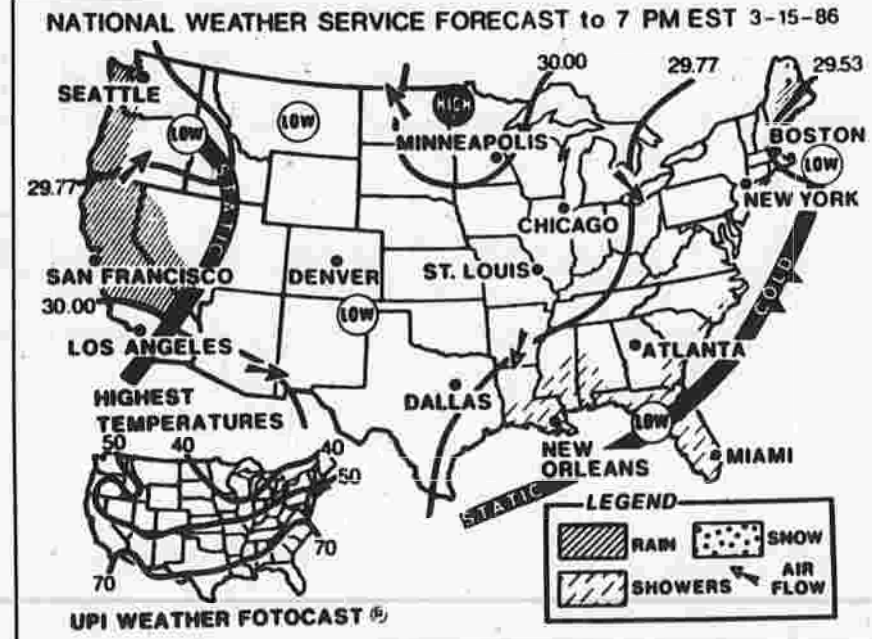
Extended outlook

Extended outlook for New England Monday through Wednesday:

Connecticut, Massachusetts and Rhode Island: Monday through Wednesday, fair. High in the 40s. Low in the mid-20s to mid-30s.

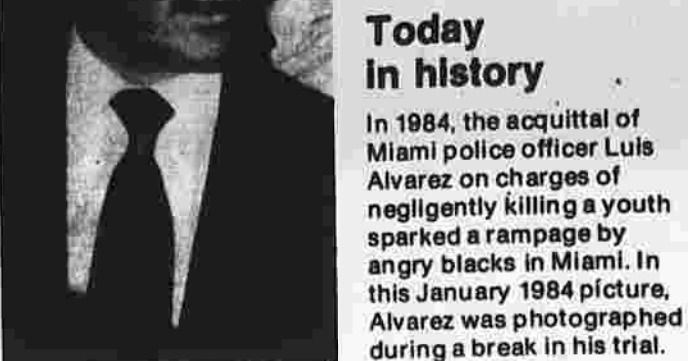
New Hampshire: Monday through Wednesday, fair. Lows in the teens north and 20s south. Highs in the 20s north and 30s south.

How dry will we be?
Cloudy today with a 30 percent chance of rain in the morning, then variable cloudiness to follow. Wind northeast 15 to 20 mph. Partly cloudy tonight and Sunday with lows in the 30s tonight, high Sunday near 50. Drawing by Sarah Rowe, 9, of 19 Wellington Road, a fourth-grader at Saint James School.



National forecast

Snow is forecast today for portions of the North Atlantic Coast region. Rain and showers are forecast for portions of the northern, central and southern Pacific Coast, central and southern Intermountain areas, west and east Gulf Coast, and the Atlantic Coast regions. Elsewhere the weather will be fair.



Almanac

Today is Saturday, March 15, the 74th day of 1986 with 291 to follow.
The moon is moving toward its first quarter.
The morning stars are Mars, Jupiter and Saturn.
The evening stars are Mercury and Venus.

Today in history
In 1884, the acquittal of a Miami police officer Luis Alvarez on charges of negligently killing a youth sparked a rampage by angry blacks in Miami. In this January 1984 picture, Alvarez was photographed during a break in his trial.
The neighborhood workers actually encourage parents to use their services part time, Morse said. Some children attend the program only one or two days a week.
The program is "definitely needed," Morse said, and the program's staff is considering going into other schools. "The glad we're it's convenient and we like it better than finding a sitter," she said.
The main problem for the before and after-school care is transportation, Morse said. The cost of hiring a bus at charter rates is prohibitive, she said. The time factor would also be a problem, forcing some children to spend too much time on the bus, she added.
Morse said she would favor any increased state aid to the parents who cannot afford the child care. "It would make a lot of difference for many. Now they have to think twice about putting out the money," she said.
BECAUSE OF the costs of child care, many parents rationalize cutting out the child care where they can, leaving a child home alone 45 minutes before school or leaving an older child in charge. But Morse said it is unfortunate that parents have to make that choice.
"Disasters can happen," she said.
The "Y" now provides some limited scholarships for the program and some low-income people can qualify for state aid.
One Manchester working mother, Darlene Palumbo, who used the Neighborhood care program for her two children for nearly three years, said, "I thought it was excellent. The kids enjoyed it a lot."
Palumbo said that her daughter enjoyed the program so much that when they moved from the Keeney Street School district to Buckley School district, her daughter wanted to stay at Keeney so that she could stay in the program. That was before they knew Neighborhood care was offered at Buckley.
The program was flexible so that she could leave the children if she had to work later some days at the Hartford Insurance Group. It also provided nutritious snacks in the morning, she said.
Palumbo also used the program for the half-day sessions, but found the biggest problem was "when they didn't have school" and the program was not in operation.

Air quality
The state Department of Environmental Protection reported that the air quality was good Friday and is expected to be good-to-moderate through Monday.
No emergency here
SAN JOSE, Calif. (UPI) — Cordless telephones have been "called out to help" to emergency number 911 when their batteries run low, a study says. They do it by picking up frequencies from household appliances such as microwave ovens, vacuum cleaners, blenders and refrigerators.
"Somehow the cycles per second (of appliances) are equivalent to a 9 and then a 1 and it just goes into the 911," said Joel Healy, assistant chief of Santa Clara County Communications, who studied the problem.
"It's a headache. We get 30 or more calls a month that I can't phantom dial."
The phenomenon has plagued police and emergency personnel nationwide because dispatchers can't tell if calls are just from the electronic oddity or actual pleas for emergency assistance.
"It's a national problem," said Bud Walker, Pacific Bell's production manager for 911. "Cordless phones have a tendency, when their batteries are low, to dial spurious numbers. They generate a frequency that would be similar to someone pushing their buttons."
"They have a tendency to want to dial. They're calling out to help."

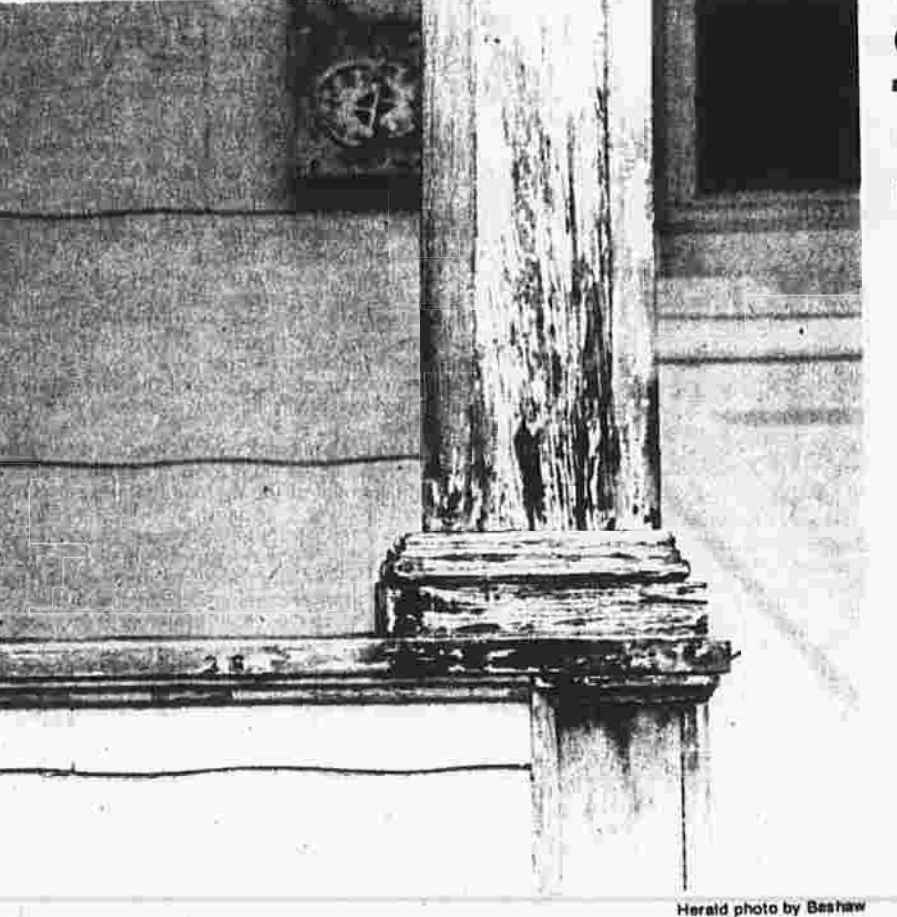
Programs help working parents solve day-care riddle

Continued from page 1

THE STATE Legislature's Human Services Committee is currently considering a proposal to establish a three-year pilot program. The program, which is part of a comprehensive day-care bill, would provide grants to towns to encourage the use of school facilities before and after school by private day-care services.
In order to qualify for a grant, a town would have to guarantee the availability of a school, according to the bill. The grant funds would be used for maintenance and utility costs and a portion of liability insurance costs. A town would contract with a day-care provider after a competitive bidding process.
Jeanne Millstein, chief of day-care services for the state Department of Human Resources, said of the bill, "In concept, it's a wonderful idea. There is clearly a very serious need for after-school care."
But Millstein said this week that she has some reservations about certain aspects of the proposal, such as the competitive bidding process. Under that process, a town may have to award the contract to the lowest bidder, which, Millstein said, may detrimentally affect the quality of care and the salaries of the employees.
Millstein also said that, although start-up funds would be provided, the grants would not provide operational fees, which might drive the cost up for parents.
She said she was also concerned about the role of a municipality in the program. "So many (towns) are not that committed to the issue," she said.

Calendars

Manchester
Monday
Income tax assistance, 6 to 9 p.m., Lincoln Center gold room. Planning and Zoning Commission, 7 p.m., Lincoln Center hearing room. Eighth Utilities District Board of Directors, 7 p.m., District firehouse, Hilliard and Main streets.
Tuesday
Building Committee, 7:30 p.m., Manchester High School. Human Relations Commission, 8 p.m., Lincoln Center conference room.
Wednesday
Board of Directors' budget workshop, 6:30 p.m., Globe Hollow treatment plant, Spring Street. Democratic Town Committee, 7:30 p.m., Lincoln Center hearing room. Commission on Children and Youth, 7:30 p.m., Lincoln Center gold room. Commission on Handicapped, 7:30 p.m., Senior Citizens' Center. Advisory Park and Recreation Commission, 7:30 p.m., Lincoln Center conference room. Housing Authority of Manchester, 7:30 p.m., 24 Bluefield Drive.
Thursday
Income tax assistance, 6 to 9 p.m., Lincoln Center hearing room. Comment session, 6 to 9 p.m., Board of Directors' office. Municipal Building. Judge's hours, 6:30 p.m., Probate Court.
Friday
Income tax assistance, 11 a.m. to 3 p.m., Lincoln Center hearing room.



This cat sits on a porch in Manchester on Friday. He might be scowling because of this week's cold and rainy weather. The gray skies left more than one town resident in a bad mood.

Lottery

Other numbers drawn Friday in New England:
Tri-state daily: 918, 9810
Rhode Island daily: 4176
Massachusetts daily: 9074
Friday's Jingo numbers: 85-36-98-47-83-69-19-2-60-41

Connecticut daily

Friday: 929
Play Four: 8603
Weekly Lotto: 1-15-27-31-39-40

Rain cat

This cat sits on a porch in Manchester on Friday. He might be scowling because of this week's cold and rainy weather. The gray skies left more than one town resident in a bad mood.

PEOPLE

Keaton goes home

Actor Michael Keaton has returned to his home city of Pittsburgh for the premier of "Gung Ho," a motion picture that used west and east Pennsylvania mill towns as a backdrop for a comedy.
Keaton, who grew up in suburban Caropolis, confessed to nervousness about appearing before hometown fans for Thursday night's premier.
"The pressure's on," he said.
The Paramount Pictures Corp. film, directed by Ron Howard and opening nationally today, is set in the fictional town of Hadleyville, Pa. The town's auto plant has closed, and a rough character played by the 33-year-old Keaton persuades a Japanese automaker to take over the plant.
The comedy comes from the clash of egos, traditional and Eastern and Western cultures.

Eating for Oscars

Jack Nicholson, Whoopi Goldberg and William Hurt were among 100 Oscar nominees to attend a Motion Picture Academy luncheon in Beverly Hills, Calif., the best turnout for the event in five years, academy officials said.
The 70 other nominees did not show up for Thursday's Motion Picture Academy Nominating Luncheon.
After soup was served, the nominees presented up on a platform inside the Beverly Hilton's International Ballroom for a formal portrait by their nomination certificate.
The event had a down-home atmosphere compared to the glittery formality of the awards themselves, which take place on March 24.
Goldberg, nominated as best actress for "The Color Purple," expressed the feeling for other nominees.
"They're gonna give me a certificate, and that's something I get to keep," she said. "I'm a winner today, even if I am a loser on Oscar night."
Also among those in attendance were Don Ameche, Margaret Avery, Klaus Maria Brandauer, James Garner and Jon Voight.

Quote of the day

Beats Westendorp, an artist who painted portraits for Ferdinand and Imelda Marcos depicting the Philippines president and first lady as Malakas and Maganda, the Philippine version of Adam and Eve.
"That is what she wanted to see in the painting — a fantasy, not the reality of life. She had a fantasy. She lived her fantasy."



PATTI REAGAN DAVIS pleasures of the poor

Poor first daughter

President Reagan's daughter, Patti Davis, says as a child she often dreamed of being poor. In an interview in West Hollywood with United Press International regarding her novel, "Home Front," the 33-year-old Davis says the feeling was reinforced when she was 13 and went to Manila with her parents to visit the Marcoses. "We stayed in a palace which is wealth to such a degree that it was mind-boggling," Davis recalls. "And they took us on a bus tour one day to show us the sights of Manila, but you can't go out and see the sights of Manila without going by these people living by a riverbank under sheets of corrugated metal and living in an absolutely polluted river. And this was after they show us all the monuments Marcos had built, marbled crosses on graveyards and stuff. And they said this is Mrs. Marcos' next project, to clean it up. And I thought, 'What is she going to do, come shoot them all?' I felt sick when I got back to that palace. I wanted to take the food and go run down and give it to those people."

Harvard gets a lord

Lord Carrington, secretary-general of the North Atlantic Treaty Organization since 1984, will be the principal speaker at Harvard University's 335th commencement June 5, the university announced.
Carrington, 66, served as Great Britain's foreign secretary from 1979-82. He resigned three days after Argentina invaded the Falkland Islands, citing his own failure to anticipate the crisis.

Rockers fight drugs

An 11-hour concert publicizing the dangers of drug abuse will be broadcast in at least six countries and feature more than 40 pop and rock acts, including James Brown and Aretha Franklin, organizers say.
"The Concert That Counts" is set for April 26 at the Los Angeles Memorial Coliseum, Global Media Ltd. announced Thursday.
"The Concert That Counts is a global awareness musical event, focusing on pro-achievement and drug awareness," promoter Tony Verna said. "It is not a telethon. There will be no solicitation of funds. Any profit will go to a special foundation to distribute the funds."
Among the others slated to perform are Mr. Mister, John Denver, Vince Neil of Motley Crew, Jon Bon Jovi, and Toto.

Joe Bob's predictions

In an inspired bit of casting, the current issue of US magazine has asked the irascible Joe Bob Briggs to offer his cockeyed analysis of this year's Oscar race. Joe Bob has selected his own personal favorites — none of which made it anywhere near the Academy list — as the year's best. "Make them Die Slowly" is not on the list even though it was directly responsible for 19 murders in Times Square alone and scored a 98 on the vomit meter," Joe Bob fulminates. He also picked "A Chorus Line" as the best horror film of 1985 and described "Rocky IV" as the finest film about global peace ever made by a man with enormous breasts."

Call it macaroni

Ronald and Nancy Reagan have been credited with bringing style back to the White House. But when the first couple sits down to an informal dinner, it's likely to feature hamburger soup and macaroni and cheese. These are two of the president's favorite dishes, according to "American Entertains," a new series debuting in the April issue of McCall's. Other White House favorites are equally American: Baja California chicken, pumpkin pecan pie and cream-cheese casserole.

CAN YOU HELP?



NAME: BRENDA SUE GERE
DATE MISSING: 09/19/85
FROM: BOTHELL, WASHINGTON
DOB: 02/09/73
RACES/SEX: WHITE/FEMALE
EYES: HAZEL
HEIGHT: 5' 5"
WEIGHT: 110 LBS
HAIR: BROWN
LAST SEEN: Walking home from school.

Any information? Call 1-800-843-5678

Manchester Herald

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Daniels jury breaks for the weekend

By Susan Okulo Associated Press
NORWICH, Conn. — A jury broke for the weekend Friday after deliberating the death penalty for the murder of Jerry D. Daniels, 28, who had been sentenced to life in prison. The jury, which began deliberations Wednesday, was to continue

Carl Zinsser to press for sewer grant

By Alex Girelli Associated Editor
State Sen. Carl Zinsser, R-Manchester, said Friday he will continue to work in the General Assembly to get the state to issue bonds for a \$13 million grant to Manchester for improvements to its sewer treatment plant.
Zinsser had proposed a bill to the Legislature's Environment Committee under which Manchester, which has its design for improvements to the Olcott Street plant and will now have more time to pursue such matters as the sewer grant for Manchester. Zinsser is co-chairman of the Energy and Public Utilities Committee.
"I think I can do better than the 20 percent grant," Zinsser said, vowing that the matter is not yet closed. He quoted the baseball immortal Yogi Berra — "It ain't over 'til it's over."
Zinsser said he has discussed the matter with Sen. James McLaughlin, R-Woodbury, senate chairman of the Finance and Bonding

Carl Zinsser to press for sewer grant

Committee and with the Republican leadership of the Senate.
Zinsser also said that Energy and Public Utilities Committee Friday morning issued a favorable report on a measure which, if passed, would mean more revenue for Manchester. The bill would reduce a state tax on cables owned by phone companies and by cable TV companies but it subject those cables to local property taxes.
Zinsser said. He said the value of TV cables alone in Manchester would be about \$100,000.
"We don't want to name numbers, but we know we have a lot of support in Manchester," said Marc Caplan, Moffett's campaign manager. "No one town is critical to us getting the 20 percent (of the convention). But it's a matter of principle. When we have good support we want to see it reflected in the delegates. I'm not saying we will push for a primary, but we'd seriously consider it."
To force a town primary for delegates, a candidate must petition 5 percent of the registered Democrats in town by 4 p.m. April 18. That candidate must then put together a slate of delegates to challenge the slate endorsed by the Town Committee. The slates are then put before the party's voters in a primary, which would be held May 4.
A primary is a "winner-take-all situation," Democrats said. That is, the winning slate sends all its delegates to the convention.

Daniels jury breaks for the weekend

murder they determine to be either depraved, heinous or cruel. If the conditions aren't met, a life sentence is imposed.
A three-judge panel last October rejected Daniels' insanity plea and found him guilty of capital felony murder in the June 16, 1984 slaying of Christine Whipple, 20, and her 3-year-old daughter, Amy Russell.
Daniels, 28, also was found guilty of second-degree sexual assault against Whipple.
The panel of seven men and five women considering Daniels' case began their deliberations Wednesday.
Defense attorney James J. Rieme on Wednesday suggested possible mitigating circumstances, a list that the jury requested on Friday.

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The Stena Workhorse, left, normally used by oil companies as an offshore work platform and now being used to assist the recovery of debris from the space shuttle Challenger, enters Port Canaveral Friday as a Coast Guard utility boat departs to assist another in the rough waters offshore. While most of the ships in recovery stayed in port, the Stena Workhorse returned to Port Canaveral with large pieces of what were believed to be shuttle debris.

High winds and heavy rains hamper shuttle salvage try

By William Horwood
United Press International

CAPE CANAVERAL, Fla. — More remains of Challenger's crew members are contained in the shuttle cabin wreckage still on the debris-littered seabed, a source said Friday, but high winds held salvage ships in port.

Engineers continued cataloging previously recovered wreckage from Challenger's crew cabin including flight computers and other mangled debris, with some remains of the seven astronauts being held in a NASA animal research center for analysis and identification.

A source who asked not to be identified said the remaining wreckage of the crew compartment still contains some crew remains that are needed by pathologists to complete the identification process.

It was not known whether autopsies had begun on the remains already recovered, but some of the shuttle fliers already may have been identified.

The salvage ship USS Preserver is spearheading the effort to recover crew cabin debris, but bad weather kept the vessel in port Friday. Pieces of wreckage from Challenger's left-hand booster rocket that were recovered earlier in the week were unloaded late in the day.

Many shuttle workers reported for their last day of work in the wake of Challenger's explosion Jan. 28.

Lockheed Space Operations Co., which manages shuttle processing at the spaceport, laid off 263 employees. Some of the layoffs had been planned before the Challenger disaster, but not all.

Another 367 Lockheed employees will be released May 2.

In Washington, the presidential commission investigating the disaster announced that it plans to set up an independent group consisting of four to six experts to oversee testing of suspect joints in the shuttle's solid-fuel booster rockets.

Commission spokesman Mark Weinberg also announced that a public hearing will be held Friday in Washington "to receive testimony on the status of the investigation activities."

NASA will not confirm or deny any reports about the astronauts other than to say "crew remains" were found in the cabin debris.

That policy is indicative of the way NASA has conducted the overall investigation into the disaster despite a claim in the agency's charter that requires public access to NASA information.

The National Aeronautics and Space Act of 1958 states: "Information obtained or developed by the Administrator in the performance of his functions under this Act shall be made available for public inspection except (A) information authorized or required by Federal statute to be withheld, and (B) information classified to protect the national security."

Joseph Kerwin, director of the Space and Life Sciences division at the Johnson Space Center in Houston, brought the crew's medical records to the Kennedy Space Center to aid in the identification of the remains.

Statements of some of the crew members were taken to the animal research facility Wednesday night after the salvage ship USS Preserver returned to port with a mound of cabin wreckage on board.

Sources close to the investigation said the wreckage primarily was that of the crew compartment's flight deck where four of the astronauts rode to their deaths on Jan. 28.

Arizona sanctuary case

Defense attorneys and defendants said they decided late Thursday night to rest their cases was the belief that Prosecutor Donald M. Reno Jr. had not proven his case.

"Why attend the football game when the score is 27-0 in the last quarter?" attorney Michael Piccarreta said after court adjourned. "In our opinion... we won. There is no case. These people are not criminals."

Reno rested his case last week and the defense maneuver capped the 19th week of proceedings, which began August 15.

U.S. District Judge Earl H. Carroll expressed surprise, saying he had not known the defense planned to rest. He set a hearing Tuesday in Phoenix to discuss jury instructions.

Defense attorneys and defendants said they decided that the main reason for their late Thursday night to rest their cases was the belief that Prosecutor Donald M. Reno Jr. had not proven his case.

Foreign Ministry file gone after Nazi flap

VIENNA, Austria (AP) — Documents on Kurt Waldheim's personnel file — papers he had said would disprove charges that he once was a Nazi storm trooper — are missing from Foreign Ministry archives, a spokesman said Friday.

Waldheim served as U.S. secretary general from 1972 to 1982 and now is running for the Austrian presidency. He said earlier the documents would show that he did not belong to the Sturmabteilung, or SA, in 1938.

Gerold Christian, a Waldheim spokesman, referred to the documents March 6 in a conversation with The Associated Press. He said they showed that Waldheim was investigated by state police in 1946, when he applied for a job in the Foreign Ministry, and was found to have no Nazi connections.

Ministry spokesman Otmar Koler told the AP today. "The fact is that the personnel file has disappeared."

He said documents on Waldheim since August 1979, when Waldheim left his post as foreign minister, were still on file.

"I can't give any explanation for it," Koler said.

Foreign Minister Leopold Gratz, whose Socialist Party backs Waldheim opponent Kurt Slevner for president, confirmed later at a

Despite dust, Giotto gives comet bonus

By Nesho Storcic
The Associated Press

DARMSTADT, West Germany — The Halley's comet nucleus is much wider than was thought and has a "velvet black," peanut-shaped surface as dark as anything known to man, pictures from the European spacecraft Giotto showed Friday.

The nucleus is the comet's elongated, hard center, which scientists said is made up of ice with a warm dust surface and surrounded by a cloud of dust.

"Giotto's mission was accomplished beyond all expectations," said Roger Bonnet, the mission's director of science projects, despite loss of signal two seconds before the European Space Agency probe crossed the comet's path Friday at a distance of 375 miles, the closest point.

The encounter, 18 million miles out in space, was the closest ever between a spacecraft and the comet, which returns to the Earth's solar system every 76 years.

Mission control scientists in Darmstadt near Frankfurt said they would decide later if Giotto was operational enough to try to bring it back to Earth.

Even after the pictures stopped coming, scientists said they received an unexpected bonus 25 minutes after the fly-by when other instruments on Giotto began transmitting information.

West German scientist Horst Keller of the Max Planck Science Institute, who is in charge of analyzing pictures received from the sophisticated, multicolor camera aboard Giotto, told a news conference at mission control:

"The true color of the dust and the surface of the nucleus is black, absolutely black. I would say velvet black."

"It is blacker than black coal, at least as dark as the darkest objects in the solar system known to man."

"The dark color of the surface indicates a rather warm surface layer," he said.

Keller said the computer-enhanced pictures indicated the nucleus is about 9 miles long.

He said the center mass appeared to be at least two times bigger than previously believed and that the overall width of the nucleus probably was about 5 miles.

"This is one of the most important pieces of information we have received and analyzed so far," Keller said.

He said dust particles knocked out the rotating camera and kept it from sending pictures from all sides of the nucleus.

"We had a 20-degree angle change instead of 180 degrees," he said.

Keller said the last picture received from Giotto before its signal was lost in high-speed collisions with Halley's comet dust came from a distance of about 917 miles from the nucleus.

He said the nucleus surface appeared to have definite structures, but further study must be made.

The camera sent more than 2,000 images in 3 1/2 hours before the closest approach, Keller said.

"We have detected two major and two minor types of some jets coming out of a nozzle at the tip of the nucleus," he said.

Giotto's estimated closest approach of 375 miles to the nucleus would be slightly more than the targeted distance of 354 miles.

"What we have is outstanding — new results in our search to solve the mystery of Halley's comet," said Heinz Lüst, the European Space Agency's director general.

U.S./World In Brief

U.S. plans more exercises

WASHINGTON — The United States has notified civil aviation authorities it will conduct a third aircraft carrier exercise in the Mediterranean off the coast of Libya this weekend. The exercise, which will be limited one, because only one aircraft carrier is currently underway in the Mediterranean Sea, Pentagon sources said Friday.

The Defense Department and Navy, following their normal practice, refused to discuss details of the upcoming exercise beyond confirming that 2 Notices of Intent to conduct flight operations within the Tripoli flight-control region had been filed on Thursday.

"Carrier flight operations will be conducted in the Tripoli (region) from 7 a.m. (EST) Friday, March 14, to 6:59 p.m. (EST) Sunday, March 16," the notices state.

"All flights will comply with applicable International Civil Aeronautic Organization procedures for flight in international air space."

Ecuador crushes rebellion

QUITO, Ecuador — Tanked government forces today stormed into the Quito air base seized by a rebellious air force chief and overwhelmed his forces after a midday gunfight, reports said.

Radio Quito confirmed that army and police forces had taken control of the air base. It is known that at least one soldier died, there were an undetermined number of wounded and the government troops have taken about 400 prisoners, the station said.

Radio Quito reported earlier that Air Force Gen. Frank Vargas, fired for insubordination by President Leon Febres Cordero a week ago, fled the base just before the attack.

However, journalists who saw the assault at the Quito air base said it would have been difficult for Vargas to have eluded the surrounding government troops. They said government troops were hunting for Vargas.

Vargas, 51, was freed from military custody at the Quito base by other officers Thursday. He claimed the government broke an agreement that had led to his surrender Tuesday at the Mantas base, where he had been held up for five days with about 200 supporters after being fired.

Soviets expel U.S. diplomat

MOSCOW — A second secretary at the U.S. Embassy in Moscow has been ordered to leave the Soviet Union, the official Soviet news agency Tass said Friday. The agency said the diplomat was caught spying.

Tass said Michael Sellers was detained in Moscow Monday "as he was having a clandestine meeting with a Soviet citizen recruited by U.S. intelligence."

The agency report added, "An investigation produced evidence fully implicating the staff member of the U.S. Embassy in intelligence-gathering activities incompatible with his official status."

U.S. Embassy spokesman Jaroslav Verner confirmed Sellers had been declared persona non grata by Soviet authorities Friday. Verner said he would have no further comment on the case. U.S. Embassy spokesmen never comment on Soviet allegations of spying by American diplomats.

A week ago, the United States ordered the Soviets to reduce the size of their missions at the United Nations in New York from 275 to 170 by April 1986. The U.S. order drew an official protest from the Soviet Foreign Ministry.

Cookie tampering reported

INDIANAPOLIS — The sale of Girl Scout cookies will go on in Indiana despite news reports of tampering and a warning by state health officials against eating the treats, Girl Scout leaders said Friday.

Meanwhile, the FBI and police were investigating a report that a suburban Chicago woman found a staple in a Girl Scout cookie in the fourth claim of possible tampering in Illinois this month.

Indiana State Health Commissioner Woodrow Myers Jr. issued a warning Thursday against eating the cookies after needles, pins and glass were reported in peanut butter and thin mint cookies and in chocolate cookie bars.

"It's clear the products are being tampered with," Myers said. "We make this warning reluctantly. We hope to find who is doing this. We hope to find them very soon."

One girl was injured when she bit into a cookie. Two of the tampering reports have been confirmed and the others are being investigated, officials said.

In Illinois, a 24-year-old woman said she discovered the staple Friday morning after biting into the cookie.

Defense move sets stage for decision

UTICSON, Ariz. (AP) — In a surprise move, lawyers for 11 sanctuary movement members charged with conspiring to smuggle aliens rested their defense just two minutes after they opened it Friday, saying prosecutors had failed to prove their case.

The only witness called — U.S. Immigration and Naturalization Service Special Agent James Rayburn — was not questioned. Each of 11 defense attorneys stood, one by one, and rested the case for each defendant.

U.S. District Judge Earl H. Carroll expressed surprise, saying he had not known the defense planned to rest. He set a hearing Tuesday in Phoenix to discuss jury instructions.

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License plates, tolls highlight agenda

O'Neill puts off decision on seeking to delay primary

HARTFORD (AP) — An \$11 million proposal to require two marker plates on motor vehicles registered in Connecticut was approved Friday by the Transportation Committee of the General Assembly.

The committee voted 25-2 to approve the bill of Sen. Michael Moran, R-Greenwich, co-chairman of the committee, and send it to the Appropriations Committee for review.

The cost of additional marker plates would be paid by the state, contrary to a similar bill vetoed last year by Gov. William A. O'Neill because motorists would have had to pay for the added \$4 expense.

The additional plate would be phased in between 1987 and 1992 as vehicles are registered. Moran said it is the "duty" of the legislature to approve the measure because law enforcement agencies favor it.

effective date of a court ruling allowing the Connecticut Republican Party to open its primaries to unaffiliated voters.

At issue is a suit pending before the U.S. Supreme Court, originally filed by Connecticut Republicans seeking to hold open primaries.

The high court's refusal this month to grant an early hearing of the case could leave the way for open GOP primaries this year, since the case now can be heard at least until October, a month after the primaries.

The right of the Republican Party to open its primaries has been upheld by two federal courts, most recently the 2nd U.S. Circuit Court of Appeals in New York.

The O'Neill administration is now considering seeking a stay in the circuit court's ruling, which, if granted, would prevent open primaries until the Supreme Court decides the case.

Old arguments on removing tolls surfaced with a new twist Friday on Friday put off a decision on whether to meet delay in the

Fairfield to insure itself

FAIRFIELD (UPI) — Affluent Fairfield has decided to dump its insurance carrier and establish its own umbrella fund, becoming the second wealthy Connecticut suburb this week to revolt against skyrocketing insurance costs.

First Selectman Jacquelyn Durrell said Friday the self-insurance move was recommended by the town's risk manager and had led to his resignation Tuesday at the Mantas base, where he had been held up for five days with about 200 supporters after being fired.

While Fairfield largest claim ever was only \$140,000, the town's insurance premiums have exploded from \$40,000 two years ago to \$212,000 last year, to \$750,000 this year, Durrell said.

At the same time the carrier dropped many of the items covered, such as environmental damage. The town plans to add \$500,000 to the fund each year until it reaches \$500 million.

"The money would add up very quickly if you don't touch it," Durrell said, "and we have to hope we have no major claims."

The major concern is large liability suits, such as the Tracey Thurman settlement in Torrington, where a battered wife was awarded nearly \$2 million in a federal suit against the police department, Durrell said.

Earlier this week, neighboring Trumbull filed suit against its insurance carrier, two Connecticut subsidiaries of Philadelphia-based CIGNA Corp. Trumbull charged CIGNA with deceptive and unfair trade practices in connection with a 350 percent jump in the town's insurance premiums.

Proposed Conrail sale leaves officials puzzled

By George Lobenz
United Press International

WASHINGTON — The United Transportation Union, which represents 4,000 Conrail workers, has unveiled a surprise plan to sell the government-owned freight rail carrier through a public stock offering that would involve three major railroads.

However, officials at one of the railroads named, Norfolk Southern Corp., said Friday they have nothing to do with the union plan and will continue pursuing their own bid to buy Conrail.

The UTU gave a statement to Rep. James Florio, D-N.J., Thursday that outlined a public stock offering in which the Norfolk Southern, CSX and Union Pacific railroads would buy equal shares of Conrail.

UTU President Fred Hardin said his union had done "considerable exploratory work" in formulating the proposal.

"We have been assured by a majority of the proposed participants that the plan will work and can be accomplished very quickly," Hardin said in the statement.

But Norfolk Southern officials, who have spent the last year seeking congressional approval for their company's \$1.2 billion bid for Conrail, expressed puzzlement over Hardin's remarks, saying they knew little about the plan.

"We know nothing about this other than what we read in (Hardin's) press release," said Magda Ratajski, spokesman for Norfolk Southern. "We have our own proposal on the table."

The Reagan administration has endorsed Norfolk Southern's proposal as the best guarantee of Conrail's future and the Republican-controlled Senate has approved the deal.

However, Norfolk Southern faces an uphill battle in the Democratic-controlled House, where key leaders, including Florio, have expressed concern about the anticompetitive impact of Norfolk Southern-Conrail merger. Florio also believes Conrail is worth more than \$1.2 billion.

Hardin said he introduced his plan because Norfolk Southern

Connecticut In Brief

Missing travel agent arrested

WATERBURY — The FBI Friday arrested in Tampa, Fla., a missing travel agent who allegedly skipped town owing \$500,000 to a bank and \$15,000 more to individuals, U.S. Attorney Stanley A. Twardy Jr. said.

Government officials were working on extraditing David Largay of Middlebury, owner of the Follow the Sun travel agency, who disappeared Wednesday with his wife, children and home furnishings, Twardy said.

U.S. Magistrate Joan G. Margolis signed a federal warrant for Largay's arrest late Thursday on charges he made false statements to a lending institution to obtain a loan.

An affidavit filed by FBI Special Agent Richard Callahan said Largay had been borrowing money for five years from Connecticut National Bank. With a \$25,000 loan approved Feb. 24, Largay's total debt to the bank reached \$500,000, the affidavit said.

To obtain that \$3,000 loan, Largay submitted a financial affidavit which omitted that he owed \$75,000 to Richard Murphy of Waterbury and also \$20,000 each to Gloria Albini and Marie Tomasiello of Waterbury.

D'Addario sons to take over firm

BRIDGEPORT — Two sons of F. Francis D'Addario, who died when his private plane crashed last week, will assume control of the industrialist's estimated \$90 million business empire under terms of his will.

Robert Berchem, a lawyer for D'Addario Industries, said Wednesday that "the sons are responsible for the day-to-day managerial decisions of any of the businesses their father owned at the day of his death."

Lawrence D'Addario, 32, has overseen the firm's construction equipment and trucks as well as a hotel-contract block construction bank a road construction company, an industrial waste recycling firm, sand and gravel mines, landfills, concrete and asphalt plants, a home heating oil business, development properties, motels, a jail fronton, radio and television stations.

In addition to his sons, D'Addario is survived by his wife, Ann, and three daughters: Lisa, Mary Lou and Virginia.

Body of baby found in park

FAIRFIELD — The body of a newborn boy was found Friday near a garbage barrel in a town park, police reported.

The body was found at 9:53 a.m. by two conservation workers at Lake Mohegan, police said.

No further details were released as police continued their investigation.

Sixth rape defendant sentenced

WATERBURY — The sixth of seven defendants accused in the gang rape of a Harwinton woman in June 1984 was given a suspended sentence Friday in Waterbury Superior Court.

Judge William Laverty sentenced Joseph Giraldi, 30, to a two-year suspended sentence, two years probation and 200 hours of community service on a charge of conspiracy to commit first-degree sexual assault.

Giraldi in January pleaded no contest under the Alford doctrine, under which defendants do not admit guilt, but acknowledge the state has enough evidence for conviction.

Giraldi had originally pleaded guilty to charges of first-degree sexual assault and conspiracy to commit first-degree sexual assault against Giraldi when the victim was unable to identify any of her attackers.

Five other defendants, members of a motorcycle club, were previously convicted in connection with the June 2, 1984 gang rape of a woman at their storefront clubhouse in Harwinton.

The only defendant who has not yet stood trial is Richard DeMarco of Boca Raton, Fla.

Evans' charges may be dropped

HARTFORD — The federal government has moved to dismiss charges of harboring a fugitive against Linda Sue Evans, who is charged with hiding a suspect in a bloody 1981 Brink's truck hold-up.

Evans, 38, of Hamden was accused of providing a "safe house" for Black Liberation Army member Norman Buck. Buck allegedly drove the getaway car and helped plan the Oct. 20, 1981, robbery of a Brink's armored truck in Naugatuck, N.Y., that left a guard and two policemen dead.

Evans and Buck were arrested on faces robbery charges, were arrested together May 11, 1985 in Dobbs Ferry, N.Y.

Hartford forum to air Caribbean concerns

HARTFORD (UPI) — Eyewitnesses Saturday will discuss their experiences in Central America before a statewide task force of religious leaders, legislators, union and community leaders.

Members of the blue-ribbon panel including House Minority Leader Irving Goldberg, D-New Haven; George Springer, president of the Connecticut State Federation of Teachers; Rabbi Daniel Nusbaum, executive director of the National Conference of Christians and Jews; The Rev. Alvan Johnson, president of the Capitol Region Conference of Churches; Carmen Marquez, executive director of the Connecticut Association for United Spanish Action; Health Professor Dr. Richard Bisola of the University of Connecticut; and Joseph G. Abidin Nibbel, head of research planning and evaluation of the New Haven public school system; his brother Professor Tom Anderson of Eastern Connecticut State University and the Rev. J. Alan McLean, pastor of Central Church.

Laffin, who worked in refugee camps in El Salvador in 1984, said the hearings were designed to give U.S. citizens "a chance to offer direct eyewitness accounts in hopes of making the United States more aware of conditions in the trouble-torn areas of Central America."

One of the sponsors, The American Friends Service Committee, also known as the Quakers, has endorsed the nationwide sanctuary movement.

The Quakers at a Jan. 19 news conference at the state Capitol publicly declared sanctuary for an unidentified Guatemalan man and his family, who had fled to the United States.

The man, his wife and two of his

Severed legs baffle police

NEW HAVEN (AP) — Police say they are still seeking leads in solving the mystery of two severed legs found in the West River last month.

Forensic technicians this week said the blood is Type O-positive, which is a common type.

Police Maj. Walter Connor said Thursday that police have no leads in the case. The legs are at the state medical examiner's office in Farmington.

Police have said the legs belonged to a well-built, white man in his 20s.

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Manchester Herald

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OPINION

U.S. should help uncover Marcos loot

The discovery earlier this week of \$800 million stashed away in a Swiss bank account by former Philippines President Ferdinand Marcos was anything but surprising.

From the beginning, it has seemed likely that before Marcos left the former colony he ruled for two decades, he used his powers to accumulate a vast personal fortune and place it into foreign bank accounts and concealed holdings. With each passing day, more and more facts appear to substantiate that charge.

As the evidence grows, it highlights the need for the resolution of a few key issues.

One important question that remains unanswered is what role the United States will play as the new administration in the Philippines seeks to untangle the former leader's finances and get back any money that was removed by corruption and thievery. While there have been signs of U.S. cooperation with the government led by President Corazon Aquino, particularly in the House of Representatives, the Reagan administration has not yet taken a strong public stand on the matter. At the moment, Marcos is in Hawaii as a guest of our government, which is catering to his family and a group of his associates at some expense to the taxpayers.

Because the deposed leader is a former ally of various presidential administrations, including Reagan's, the White House is in somewhat of an awkward position regarding the investigation initiated by the new government. But no more time should be lost before the administration lets it be known in no uncertain terms that it will assist in returning any misplaced assets to the Philippines treasury, whatever the ultimate U.S. stand on Marcos as an individual.

Jovito Salonga, who chairs the Philippines Commission on Good Government, is currently in this country, probing what can be done to gain possession of the funds Marcos allegedly looted from his nation. By his estimate, the missing amount is probably above \$5 billion and may be as much as twice that.

As Solanga meets with U.S. officials, more and more Filipinos are getting a chance to see how Marcos lived in the Malacanang Palace, which Aquino has turned into a museum. Crowds are viewing the 3,000 pairs of shoes left behind by Marcos's wife, Imelda, and other indications of untold opulence in a nation plagued by poverty.

One charge Salonga is investigating is that at least some of the wealth Marcos squirreled out of the Philippines derived from U.S. aid to his administration. Given the amount of money provided by the U.S. during Marcos's tenure, that is certainly a viable avenue to explore.

But even if that particular allegation were absent, the moral obligation on the part of both Congress and the president to help the Philippines recover any ill-gotten gains would remain.

Anything less than an open and strong effort would be an affront to the Filipinos who were apparently robbed blind by Marcos and to the U.S. taxpayers who probably helped pay the bills.



"Of course, Mr. Dumpty, you'll receive health care and a safe haven."

Open Forum

An extra use for seat belts

To the Editor:

Quite by accident I discovered an excellent additional use for seat belts.

By putting your handbag straps over the buckle of the seat belt, then pulling the left strap over your shoulder and buckling it, your handbag remains secure. It is a convenience, it is safe and the bag cannot slide around the front seat.

With our concern about the possibility of a theft of handbags that remain on the front seat by our side, this way the window can be open for summer with no fear that someone can quickly grab your bag.

Elizabeth M. Roman
East Windsor

Housing checks needed in town

To the Editor:

This is a copy of a letter to the Manchester Board of Directors.

Dear Mayor and Board of Directors:

At your last meeting you took an interest in the building department and the hiring of a part-time building inspector.

The item on your agenda was consideration of hiring two additional full-time building inspectors. After a short discussion of the funding and a study of the

request, you decided to hire the part-time and basically tabled any further action until October.

At that time, during the public comment session, I asked a couple of questions and expressed concern. I was told by the manager that the new temporary part-time position would be involved solely in new construction.

As I expressed then, I am very concerned that the obvious need for inspections of existing residential property, especially multi-family, would not be addressed, at least until October. As I have thought more about it, October is much too late. Even if you decided then to hire two full-timers, with the length of the required hiring practices, employment of such individuals would not take place until 1987. In reality this would make 1986 another year in which the need for continued inspection of multi-family buildings is not addressed.

The concern over budget cost is well understood, but I am afraid that the future cost of resolving "slum" conditions being created by lack of enforcement of housing codes will cost the taxpayers of Manchester, including single-family homeowners, much more. Also, lack of maintaining a multi-family residence will affect the market value of others in the area although they are maintained and up to code.

Laws and regulations created to prevent slum conditions from being created in Manchester are useless if only on paper. They must be enforced. The rights of tenants and the future of Manchester housing stock depend on it.

Robert A. Faucher
125 Spruce Street

Teachers deserve better salaries

To the Editor:

I think teachers should get more money because they work hard to teach us.

They do a good job of teaching us, and they don't get enough money to pay for the stuff they have, like a house and gas for a car.

Joy Mayer
Grade 4
450 E. Middle Turnpike

Ortega deserves to follow Marcos

With the unintentional help of Corazon Aquino, President Reagan may be setting up the congressional Democrats for a long and ghastly fall over U.S. policy toward the Marxist government of Nicaragua.

Easing Ferdinand Marcos out of the Philippine presidency was a messy but necessary business, and Mr. Reagan deserves (and is receiving) high marks for accomplishing it with so little bloodshed. Whether Mrs. Aquino actually won a majority of the votes in the recent election is much more doubtful than you would suppose, listening to the U.S. media or noting the huge rallies of her supporters (old and new) that are being staged every day in Manila's parks in an effort to reinforce the legitimacy of her rule.

But certainly the Philippines were ripe for some



William Rusher

sort of change, and there are enough competent politicians and dependable anti-communists in high positions around Mrs. Aquino to afford hope that the new regime will get on with the business of suppressing the communist insurgency and, in due course, renew the leases on the important U.S. bases in the archipelago.

MEANWHILE, MARCOS-BASHING will continue to be a popular sport for a while among those who enjoy kicking a man when he's down. Its comic high point was reached during the recent election campaign when the owner of an anti-Marcos Filipino newspaper in California was shot and killed. For 24 hours the media treated to blunt charges that the hated "dictator" had now begun employing his murderous tactics on U.S. soil. Then California police arrested the victim's son and the son's girlfriend, and the media hurried on to greener pastures.

The reported fact that Marcos arrived in Hawaii with a large quantity of jewels and "freshly printed" Philippine currency was of course taken as proof positive that he had stolen the public treasury blind. Perhaps he did, but certainly a man in his position — fleeing his country with no expectations of ever returning — would be well advised to take with him whatever transportable

valuables he owned. And if he withdrew large sums of money from his bank accounts to take them too, just how incriminating is the fact that the notes were "fresh"?

The media had better stick to sweeping allegations about the "billions" of dollars Marcos allegedly owns in U.S. real estate. Brooklyn Rep. Stephen Solarz floated that gaudy figure back during the Philippine election campaign, and can investigate the rumor, through his House subcommittee, practically forever.

AT A MORE SERIOUS LEVEL, however, our liberals are going to have trouble explaining why, if it's perfectly all right for this country to help topple an authoritarian government far away on the other side of the Pacific (and do it, moreover, to prevent communist insurgents from seizing power there), it is so terribly wrong for us to assist indigenous forces that are battling an explicitly Marxist regime, far more authoritarian, that is entrenched itself and exporting revolution, on the Central American spine of the North American continent, just a thousand miles south of Miami.

If Congress, and more particularly the House Democrats, reject President Reagan's urgent request for \$100 million to aid the Nicaraguan Contras, they will be putting up their political skins as collateral for the good behavior of the Sandinista regime. They will be doing so, what's more, in the rosy afterglow of successful overthrows of offensive regimes in both the Philippines and Haiti.

Do the Democrats want it understood that they favor undermining rights and liberties in other governments all over the globe (Cuba and South Korea have already been nominated as next for such treatment), but oppose it when those in power are communist or pro-communist? If so, let them say so.



Jack Anderson

Robins makes weak effort in Dalkon lawsuit

WASHINGTON — A.H. Robins Co. is still hanging tough — even after it filed for bankruptcy under the weight of more than half-a-billion dollars in damage payments for injuries caused by its Dalkon Shield.

The company steadfastly refuses to admit that the intrauterine contraceptive device is unsafe. Yet despite this seeming confidence in its product, A.H. Robins has conducted a remarkably lackluster, court-ordered effort to tell women injured by the device how they can file for compensation. In 1974, the company withdrew the Dalkon Shield from the market, and, in 1984, after a series of costly damage judgments, the company finally agreed to pay for removal of the device from women who were still using it.

Robins' first draft of its proposed notification to women who might have a damage claim against the company was rejected by a federal judge as "legal mumbo jumbo." This excerpt from the draft will show why:

"(A) proof of claim for any claim against A.H. Robins Company, incorporated arising out of the rejection by A.H. Robins Company, incorporated of a voidable transfer, as described in Bankruptcy Code Section 502 (g) and 502 (h), must be filed on or before the later of Dec. 30, 1985 and 30 days after the entry of an order authorizing the rejection of the executory contract or unexpired lease, or 30 days after the entry of an order of judgment voiding the transfer."

FOR DALCON SHIELD USERS who might not have a Philadelphia lawyer handy, what Robins could have said forthrightly was that women must file a claim by April 30, 1986, or lose any hope of recovering damages from use of the device. It should be noted that this cutoff date also applies to shield users who do not yet show any ill effects from its use but who may in the future.

Although A.H. Robins is fulfilling the requirements of the court order, our reporter Jenny Cunningham has cataloged several sins of omission A.H. Robins committed in its notification effort. They include:

• Lack of a photograph or drawing of the Dalkon Shield. Its distinctive, carlike shape could presumably jog the memories of women who had used it, resulting in more claims.

• Failure to list the severe medical problems associated with the device, including Pelvic Inflammatory Disease, septic abortions, sterility and possible brain damage to newborns conceived despite use of the shield.

• The low profile of the notification campaign. It lasted only three weeks and included no paid notices in women's magazines. By contrast, when Robins introduced the Dalkon Shield, it ran ads in women's magazines and bought eight-page inserts in medical journals over a period of four months.

• Inadequate notification overseas. Some 1.7 million Dalkon Shields were marketed abroad, but the only notification outside the United States consisted of some press releases and letters to ambassadors and health ministers of countries where the device was known to have been available. Not surprisingly, only 50 damage claims have come from overseas.

THE NOTIFICATION EFFORT'S shortcomings could conceivably be exacerbated by the company's stubborn refusal to admit that the Dalkon Shield is defective in any way. A recent A.H. Robins press release, for example, stated that the company "still regards it as comparable in safety and effectiveness to other IUDs."

Footnote: From the millions of Dalkon Shield users over the years, the court has now received approximately 80,000 cards from women who intend to file damage claims. Anyone who believes she was injured by a Dalkon Shield should send her name, address and a statement of intent to file a claim to Dalkon Shield, P.O. Box 444, Richmond, Va. 23203 — and do it by April 30.

Mini-editorial
The Nicaragua Contra leaders are their own worst enemies. According to recent reports, they have been blaming their spectacular lack of military achievement on — are you ready? — boots. They complain that, while their tigers are apparently aimed to the teeth, they don't have enough boots capable of surviving the rigors of training and combat. We know that old quartermasterly quote that for want of a nail the horseshoe was lost, then the horse, then the rider, then the kingdom. But we think the Contra commanders need reminding, too, that there was never a successful general nicknamed "Alibi Ike."

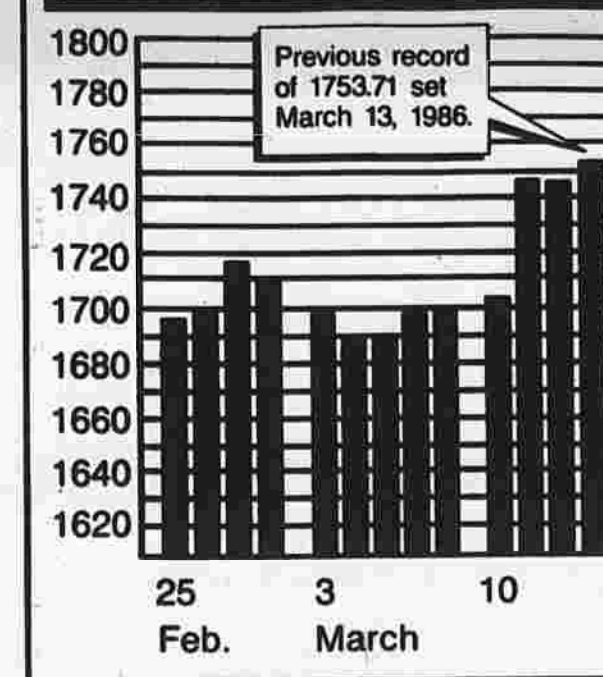
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BUSINESS

Stocks Set New Record

The Dow Jones Industrial Average rose 39.03 points to 1792.74, surpassing its previous record of 1753.71.



Commodity roundup

Treasury bond futures hit new highs Friday with the contract for delivery in March jumping 1 1/2¢ before settling at 97 1/2¢. Gasoline futures prices advanced on the New York Mercantile Exchange, but most other energy contracts were weaker. Crude oil settled 38 cents lower to 7

Wholesale price drop is steepest on record

WASHINGTON — Precipitous drops in gasoline and heating oil costs showed down wholesale prices by 1.6 percent in February, the largest monthly decline in the 39 years the government has kept the figures, the Labor Department reported Friday.

The drop in the Producer Price Index, equivalent to a 1.71 percent annual rate of decline after seasonal adjustment, followed a 0.7 percent drop in January.

GE strike keeps 3 plants idle

LYNN, Mass. (UPI) — A strike by 7,500 General Electric workers is expected to idle three eastern Massachusetts plants Friday as negotiations aimed at ending the dispute were put off once again.

Union spokeswoman Barbara Sweeney said GE representatives informed the union that they need time to consider its latest proposal and will be ready to resume negotiations at 9 a.m. EST on Monday.

The strike began Feb. 21 when members of Local 201 of the International Union of Electronic, Electrical, Technical, Salaried and Machine Workers walked off the job citing a backlog of grievance and the suspension of a shop steward at the company's Lynn plant.

The strike spread to facilities in Everett and Medford. Sweeney said the major issue in the current stalemate is "a fair and equitable settlement" of the company's treatment of shop stewards.

"We are hopeful, but not optimistic, that there will be a near-term settlement," said GE spokesman William Kennedy.

"We are at a loss to understand why 8,000 people are going without pay for the very few stewards who are abusive to their foremen," Kennedy said.

The union is demanding that the company alter its traditional code of conduct to provide special treatment for union stewards who might become abusive in discussions with foremen, he said. "The more they made their position clear the more we realized it was inappropriate."

Stock market climbs to another new high

NEW YORK (AP) — Stock prices soared again Friday, closing out a week of record-breaking gains and trading volume that carried Wall Street's bull market to new heights.

Analysts said buying was inspired partly by dramatic new evidence of the decline of inflation.

The Dow Jones average of 30 industrial stocks jumped 39.03 to 1,792.74, winding up the week with a record advance of 92.31 points.

Friday's rise by itself was the third largest ever in points for the average, surpassed only by a 43.41 gain on Nov. 3, 1982 and one of 40.10 last Tuesday.

Volume on the New York Stock Exchange came to 181.87 million shares, against 171.48 million in the previous session. Both the New York and American stock exchanges had their busiest weeks ever.

The Dow Jones industrial average built up a gain of about 18 points, slipped back to just a plus-2 reading going into the last hour, and then took off again through the close.

Analysts said the late buying spree was partly due to program trading by professional investors taking their cues from activity in stock-index options and futures and concentrating on blue-chip stocks.

That produced some striking disparities. In contrast to the outsized gain by the Dow,

the overall tally on the NYSE showed a modest 5-3 edge for advancing issues over declines.

Gainers among the blue chips included Merck, up 6 1/2% at 161 1/2; International Paper, up 5 1/2% at 64 1/2; DuPont, up 4 1/2% at 77 1/2; and Philip Morris, up 5 1/2% at 115.

Philly Morris was strong for the second straight day following an appeals court ruling that appeared to lessen the chances that the company might be severely hurt in cigarette product-liability litigation. R.J. Reynolds Industries, affected by the same news, rose 1 to 42 1/2.

Notable laggards included leading computer issues such as International Business Machines, which was down 1/4 at 150 1/4, and Digital Equipment, unchanged at 168 1/4.

The NYSE's composite index rose 1.69 to 136.17. Nationwide turnover in NYSE-listed issues, including trades in those stocks on regional exchanges and in the over-the-counter market, totaled 210.60 million shares.

Standard & Poor's index of 400 industrial stocks gained 3.62 to 260.40, and S&P's 500-stock composite index was up 3.26 at 326.55.

The NASDAQ composite index for the over-the-counter market rose 1.48 to 371.83. At the American Stock Exchange, the market value index closed at 257.81, up .68.

Wheat settled 1 1/2 cents lower to 4 1/2 cents higher with the contract for delivery in March at \$3.50 1/4 a bushel; corn was 1/4 cent lower to 3 cents higher with March at \$2.36 1/4 a bushel; oats were 1/4 cent lower to 1 1/4 cents higher with March at \$1.25 1/4 a bushel; and soybeans were 1/4 cent lower to 1/4 cent higher with March at \$5.37 1/4 a bushel.

Precious metals prices were lower on the Commodity Exchange in New York.

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We also think it's our responsibility to listen to what residents in Manchester have to say. We want to hear your views on the news — what you think is important, what should go into the paper and what shouldn't. We're especially interested in hearing any comments you may have about the service you get from the Herald. We guarantee prompt delivery and courteous, efficient service on all billing matters. If you're not satisfied, we want to know about it.

We think this makes us a better newspaper and one this community can be proud of. Please watch for our reader surveys that will soon be appearing in our paper and fill them out. If you let us know how we can improve the paper for you, our readers, then we will continue to be your voice in Manchester.

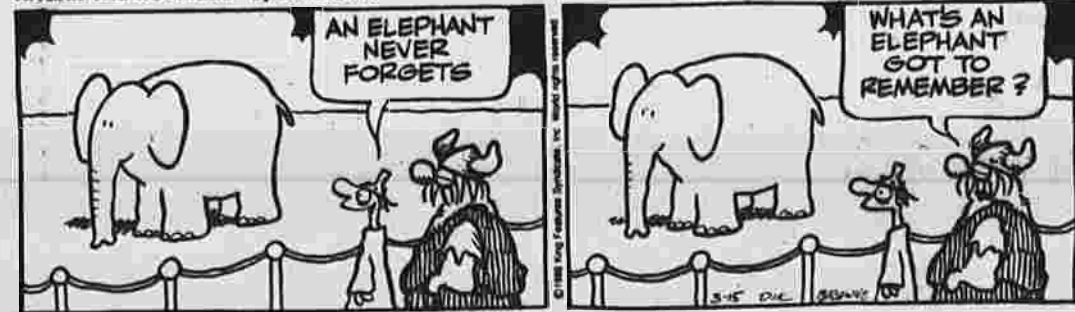
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15

HAZAR THE HORRIBLE by Dick Brown



PEANUTS by Charles M. Schulz



U.S. ACRES by Jim Davis



THE PHANTOM by Lee Falk & Sy Barry



CAPTAIN EASY by Crooks & Casale



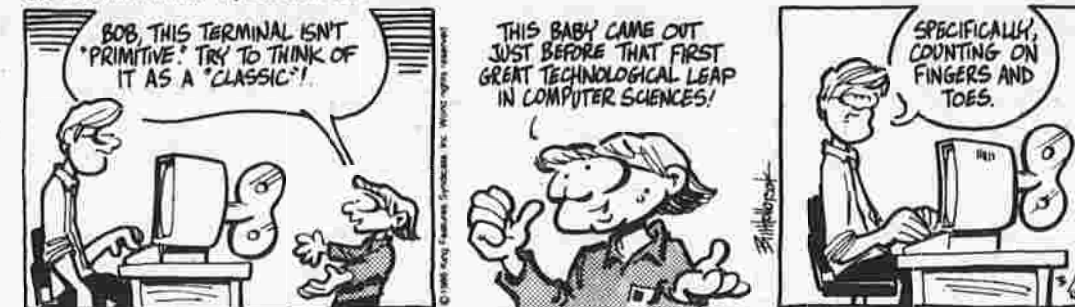
BLONDIE by Dean Young & Stan Drake



ARLO AND JANIS by Jimmy Johnson



ON THE FASTTRACK by Bill Holbrook



ALLEY OOP by Dave Graue



MR. MEN AND LITTLE MISS by Hargreaves & Sells



Puzzles

ACROSS

- 1 Chicken
5 Honshu bay
8 Actor Peter
12 Regrets
13 Energy unit (abbr.)
14 American Indian
15 State (Fr.)
16 Hockey great
17 Getto
18 Night bird
19 Jacob's father
20 River in Africa
21 Japanese currency
22 Saltpeper
24 Separate from
25 River in Africa
26 Definite article
27 Four score and ten
28 Cereal grass
31 Ripen
32 Author Fleming
33 Present time
34 Become apparent
37 Honest
40 Glanded
41 Mary
42 Moore
43 Entire
44 Bay bird
46 Labor group (abbr.)
47 Wagon
49 801, Roman
50 Russian secret police
51 One (Ger.)
52 And so on (abbr.)
53 "Who"
54 Switched
55 Royal Scottish Academy (abbr.)

DOWN

- 1 Cooling gas
2 Baffle
3 Inches
4 Landing boat (abbr.)
5 Nigerian
6 Tension
7 Old-world
8 Communica-
tions agency (abbr.)
9 Ar's landing place
10 Privately
11 City in New Hampshire
12 River in Africa
13 Mere unscany
15 Room to mova
19 Indium symbol
20 River in Africa
23 Mere unscany
25 Room to mova
29 Legends
35 City in Illinois
45 Type size
48 Recently acquired
50 Be in debt to

Answer to Previous Puzzle



Astrograph

Your Birthday

March 16, 1986

In the year ahead, you will play effective and meaningful roles in the management of the affairs of others. Your efforts will be rewarded through the sharing of their gains.

PIECES (Feb. 26-March 20) Plan all of your moves carefully today so that you do not miscalculate and deprive yourself of a goal that you should be able to achieve. Major changes are ahead for Pieces in the coming year. Send for your Astro-Graph predictions today, Mail 31 to Astro-Graph, c/o this newspaper, Box 1846, Cincinnati, OH 45201. Be sure to state your zodiac sign.

ARIES (March 21-April 19) You might be a little dull today... Take pains to verify information coming from questionable sources.
TAURUS (April 20-May 20) Your wisest course of action today is not to involve yourself in the financial affairs of others. Your resources could be tapped if you are drawn in.
GEMINI (May 21-June 20) Be extra protective today of your image or reputation. An associate might try to make you look bad in front of others.
CANCER (June 21-July 22) A responsibility that you have been postponing will get tougher the longer you put it off. Don't compound a negative situation.
LEO (July 23-Aug. 22) Guard against tendencies today to take risks with things that don't belong to you. If you run something a friend values, he will be angry.
VIRGO (Aug. 23-Sept. 22) This is one of those days when it's best not to go against the odds, especially where your career is concerned. Resist foolish gambles.
LIBRA (Sept. 23-Oct. 23) Usually you're tactful and tolerant when dealing with others, but today you might focus on their faults instead of their virtues and the things you should find.
SCORPIO (Oct. 24-Nov. 22) Manage money matters yourself today instead of placing trust in one who has a history of incompetency. His mistakes will come out of your pocket.
SAGITTARIUS (Nov. 23-Dec. 21) People who are usually supportive of your ideas or suggestions might be surprisingly resistant to them today. If you blurt something, you'll gain respect by confessing even though it may embarrass you.
AQUARIUS (Jan. 20-Feb. 18) This is a good day to analyze your expenditures to see if you can trim some non-essential outlays. Try to save, not splurge.

FRANK AND ERNEST by Bob Thaves



WINTHROP by Dick Cavalli



Bridge

Defenders are led astray
By James Jacoby
Declarer ducked the heart king and won the heart continuation with dummy's ace. At this point, prospects looked bleak. There were two additional losers in clubs and a probable diamond loser unless an opponent held the diamond Q-J doubleton. Daring a round of diamonds early would set up the suit, allowing South to throw his losing clubs on dummy's good diamonds. But where were the charitable opponents who wouldn't shift to clubs after declarer had ducked that first diamond?
When New York expert Allen Kahn was declarer, he saw a ray of hope. If his opponents were switching to clubs after winning a diamond, what would they do if he let them take a club early? Allen cashed dummy's A-K of trumps and at trick five led a low club toward his queen. East ducked, Allen's queen going to West's ace. West rightly suspected that shifting to diamonds was dangerous, but did not see that he should return a club. West therefore led a safe jack of hearts, which South ruffed.
After cashing two more trumps, South still held one trump, the K-10-5 of diamonds and the club seven. Dummy was left with the A-9-6 of diamonds and the club 10-6. East was down to the J-8-7 of diamonds and the club K-J. South played his last trump and East was finished. Since a diamond discard would set up that suit for declarer, East pitched a club. Declarer played his last club, won by East, who now had to play away from his jack of diamonds, enabling declarer to bring that suit home without a loser.

CELEBRITY CIPHER

Celebrity Cipher cryptograms are created from quotations by famous people past and present. Each letter in the cipher stands for another. Today's clue: 7 equates to 1.
by CORNIE WINNER
"R LGWK URNM KG BMM GHMW
LRBHUIP GCN INNMTRGW. RK'B RW JIL
KIBKM" - NAML IBKIRAM.
PREVIOUS SOLUTION: I just went to Borneo and they know me in the jungle so there's no place to escape. Richard Gere

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15 MARCH 15

Reagan opposes dictators

Continued from page 1

human rights in his foreign policy. told Congress it faces "important choices... whether to undercut the president at a moment when regional negotiations are underway and U.S.-Soviet diplomacy is entering a new phase; to betray those struggling against tyranny in different regions of the world, or to join in a bipartisan national endeavor to strengthen both freedom and peace."

The official, who asked not to be identified, said "the precise timing" of the policy statement "is a bit coincidental" but it "clearly relates to the campaign for aid to promote democracy."

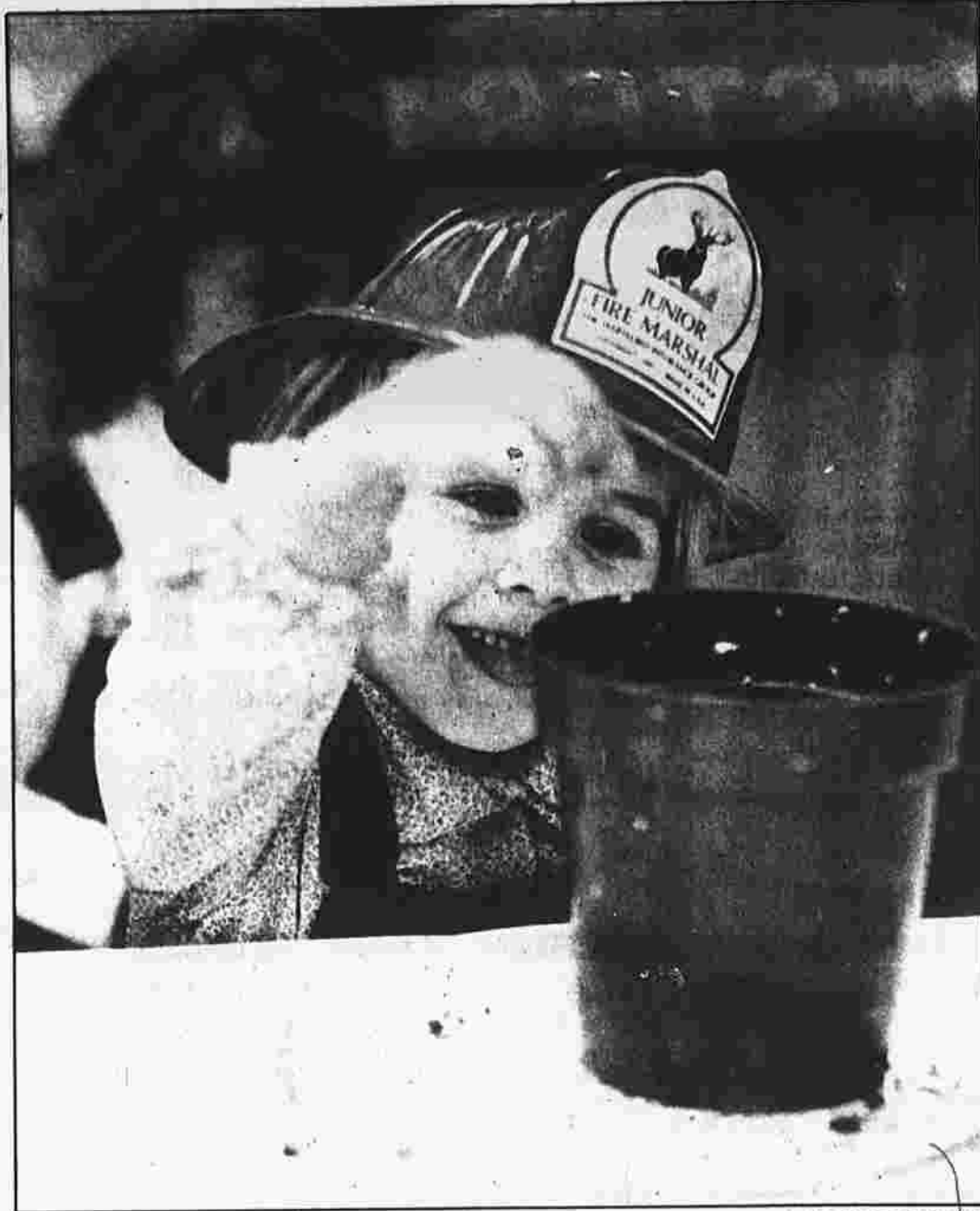
Reagan's statement further distances the administration from a policy enunciated by Jeane Kirkpatrick, former chief U.S. delegate to the United Nations, who termed "traditional authoritarian" regimes as "less repressive," more susceptible to change and better for American interests than Marxist-style despots.

Kirkpatrick, who was at the White House to help promote the military aid package, said, "to the contrary, declined to comment on the report."

Reagan's statement still calls leftist dictatorships the greater threat to world peace. But it attempts to capitalize on his recent role in helping to remove right-wing dictators in the Philippines and Haiti and to blunt charges that the administration follows a "double standard on human rights."

In recent days, the administration also introduced a resolution in the United Nations Human Rights Commission condemning human rights abuses of Gen. Augusto Pinochet's government in Chile.

The president said America "has a range of foreign policy tools" with which to work with, adding that "our involvement should always be prudent and realistic" and backed up with military power.



Watch it grow

Cheryl Fournier, 3, is busy planting corn on Friday, just like the Indians in the state did long ago. The occasion is

Connecticut Day at the Blue Shutter Play and Learn School. She wears her junior fire marshal hat.

Obituaries

Philip Audibert

Philip Audibert, 74, husband of Antonette (Barb) Audibert, of Rockville, died Thursday at Rockville General Hospital. He was the father of Rose Marie Dupre of Manchester.

Audibert was a science teacher at Rockville High School for many years, retiring six years ago. He was the owner of Audibert Driving School in Rockville.

He is survived by two sons, Henry Audibert of Fairfield and Steve Pelletier of Rockville; two daughters, Phyllis Girard of East Hampton and Diane Pelletier of Rockville; six brothers, Raymond Audibert of Avon, August Audibert of East Haverford, Joseph Audibert of St. John, New Brunswick, Canada, Arthur Audibert and Vincent Audibert, both of Bristol, and Robert Audibert of New Britain; and three sisters, Sister Cecile Audibert of Montreal, Quebec, Canada, Marie Theriault of Chesterton, Ohio, and Cynthia Savage of Deerfield, Mass.; and 11 grandchildren.

The funeral will be at 9 a.m. Monday at the White-Gibson-Small Funeral Home, 45 Elm St., Rockville, with a mass of Christian burial at 10 a.m. at St. Bernard Church. Burial will be in St. Bernard Cemetery, Rockville. Calling hours are from 2 p.m. to 4 p.m. and 7 p.m. to 9 p.m. Sunday.

Memorial services will be made to the Rockville High School Scholarship Fund, Loveland Hill, Rockville, 06066.

Frances Maloney

Frances Maloney, 83, of 12 Winter St., died Friday at Manchester Memorial Hospital. She was born in Manchester and had lived in town most of her life. She was a 1914 graduate of New Britain Normal School and taught for a short time in the Manchester

public school system. She was a communicant of St. James Church and was a member of the Women of St. James.

She is survived by a sister, Katherine J. Maloney of Manchester, and nephews and nieces.

The funeral will be at 9:15 a.m. Monday at the John F. Tierney Funeral Home, 219 W. Center St., with a mass of Christian burial at 10 a.m. at St. James Church. Burial will be in St. Bridget Cemetery. Calling hours are from 2 p.m. to 4 p.m. and 7 p.m. to 9 p.m. Sunday.

Pearl Aspinwall

A funeral for Pearl Aspinwall, who died Thursday at Hartford Hospital, will be held at 11 a.m. Monday at the Holmes Funeral Home, 400 Main St. Burial will be in the East Cemetery.

Calling hours are from 2 p.m. to 4 p.m. Sunday and from 10 a.m. to 11 a.m. Monday.

In Memoriam

In memory of my husband Henry Skoog who passed away March 10, 1977.

When I get lonely and feeling blue, I think of intimate moments with you; the love we shared. Will last my whole life through.

Muriel, children, and grandchildren.

In Memoriam

In loving memory of Elsie S. Swanson who passed away March 16th, 1975.

She will always be remembered because she was so well loved.

Your loving family.

Dignitaries assemble for Palme's funeral

By Joseph Gambardello United Press International

STOCKHOLM, Sweden — Delegation members from 12 nations began to gather Friday for slain Prime Minister Olof Palme's funeral as police launched the biggest security operation in Sweden's history to protect the dignitaries.

The funeral was scheduled for Saturday, two weeks and one day after an unguarded Palme was shot in the back and killed while on his way to work at a central Stockholm street.

Soviet Premier Nikolai Ryzhkov, among the first to arrive, was greeted by Swedish officials. The funeral was held at a church in the city center.

Other visiting leaders and officials were expected to hold informal talks. The Foreign Ministry said 125 nations were sending delegations to the secular funeral service at City Hall. It will be followed by a service at the city's main cemetery where Palme will be buried in a church ceremony attended by family members only.

Other foreign leaders attending the funeral are French President Francois Mitterrand, West German Chancellor Helmut Kohl,

Israeli Prime Minister Shimon Peres, Italian Prime Minister Bettino Craxi and President Daniel Ortega of Nicaragua.

Indian Rajiv Gandhi, whose assassinated mother, Indira, was a friend of Palme's, was expected to attend the service as was U.N. Secretary-General Javier Perez de Cuellar.

In the central square, 3,000 Swedes held a candlelit rally of music and speeches.

The meeting was opened by South Africa's civil rights leader Alan Boesak, who said that through the example of Palme, "Sweden has become a beacon of hope for many of us in the Third World."

Swedish police refused to release security details for the visiting dignitaries, but said it involved more than 1,000 men in the biggest protection operation in the country's history.

Police investigating the assassination gave no indication they were any closer to catching Palme's killer.

A man arrested Wednesday was charged with Palme's murder. The man, 32-year-old Swede, has no criminal record and denied involvement in the assassination, his lawyer Henning Sjostrom said.

Suspension over, EB gets Trident contract

WASHINGTON (AP) — The General Dynamics Corp., back in the Navy's graces after a two-month suspension, received a \$577 million contract on Friday to build a 13th Trident ballistic missile submarines.

The award had been expected, since General Dynamics' Electric Boat division in Groton, Conn., is currently the only company capable of building the huge nuclear-powered submarine.

The company had been precluded from receiving the contract, however, by a suspension imposed last December following the indictment of the company and four former or current executives in connection with alleged overcharges on an Army contract.

The Navy announced Feb. 7 it was lifting that suspension because it was satisfied General Dynamics had sufficiently improved its internal administrative controls to prevent mischarging in the future. The company also agreed to set up a \$30 million escrow account to cover potential liabilities and to accept increased Pentagon monitoring of its internal affairs.

The contract awarded Friday specifies delivery of the new submarine, which will be capable of carrying 24 Trident intercontinental ballistic missiles, in December 1991.

There are currently seven Tri-

dent, or Ohio-class, submarines on active duty and an eighth scheduled to begin sea trials in May. Four others are under construction.

The Tridenters are replacing the Navy's aging Poseidon missile submarines. Each of the Tridenters is 590 feet long, 42 feet wide and displaces 18,700 tons when submerged.

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SPORTS



Above, Coach Kevin Mackey of Cleveland State still nervously watches the final seconds of the game tick off, while his players start celebrating their 83-79 upset victory over Indiana at the Carrier Dome in Friday's East Regional match-up in Syracuse. At right, Illinois' Anthony Welch (44) skis to the hoop over Fairfield's Tony George (11) during first half action of Southeast Regional contest in Charlotte, N.C. The Stags' season ended on a sour note in a 75-51 loss.

NCAA Tournament roundup

Cleveland State stages the first big upset

By United Press International

Cleveland State provided the first major upset of the NCAA Basketball Tournament by upsetting No. 14 Indiana 83-79 in the first round of the East Regional.

Cleveland State, seeded 14th in the East, took the lead for good midway through the first half with a 19-8 surge. The Hoosiers, seeded No. 3, committed 10 turnovers before intermission, when the Vikings led 45-41.

Indiana failed to score for the first 2:46 of the second half while Cleveland State forced a 31-41 advantage. Eric Mudd, Clinton Smith and Ken McFadden all hit jumpers and the Hoosiers were never again within 4 points.

"It was a great victory for the off-Broadway guys against the prime-time guys," said Coach Kevin Mackey, who was carried off the court by his players.

"You've got to understand we got beat by a pretty good basketball team," said Indiana coach Bob Knight. "As I told a reporter yesterday, 'This is a team that could beat us.'"

NBA roundup

Celtics crack Hawks' streak

By United Press International

ATLANTA — Larry Bird scored 25 points, including 10 in the fourth quarter, and Kevin McHale added 24 points Friday night to spark the Boston Celtics to a 121-114 victory over Atlanta, snapping the Hawks' seven-game winning streak.

Atlanta led 66-61 at halftime and 90-80 entering the final quarter, but then the Celtics rattled off a 15-8 spurt to take a 104-103 with 6:41 remaining in the game. They never trailed after that.

Atlanta had drawn to a 116-111 deficit with 2:01 left in the game on a basket by Tree Rollins, but Bird hit a 3-point shot 59 seconds later to seal the victory.

Boston, 32-13, got 18 points from Robert Parish, and Danny Ainge contributed 16. Bill Walton came off the bench to score 17 points (10 on 4-of-10 shooting).

Atlanta, 41-26, was paced by Dominique Wilkins with 42 points while Rollins finished with 14 points and a team-high 10 rebounds. Randy Wittman and John Battle each scored 11 points.

The Hawks also suffered their first loss after 13 home straight victories.

76ers 109, Cavs 100
At Philadelphia, Moses Malone scored 20 points and Julius Erving

East (Syracuse, N.Y.)

Maurice Martin scored 21 points, including 3 free throws in the final 14 seconds, to lead St. Joseph's into Sunday's second round against Cleveland State. The Hawks, 26-5, trailed 46-45 with 4:13 left. Johnny Newman of Richmond had 25 points.

Cleveland State 83-79
Clinton Ransney, the younger brother of Kevin Ransney of the New Jersey Nets, scored 27 points and Cleveland State used non-stop pressure defense to upset Indiana.

The Vikings, 28-3, playing in their first NCAA Tournament, won their 13th straight game. Eric Mudd added 16 points for the Vikings while Indiana was led by Steve Alford with 24 points.

Navy 87-68
David Robinson scored 30 points and Vernon Butler added 25 Friday night to lead Navy to an 87-68 victory over Tulsa in the first round of the NCAA East Regional.

The Midshipmen won their 14th

West (Charlotte, N.C.)

Anthony Welch hit for 22 points and Illinois, 22-3, broke open a close game in the second half to advance to the next round against Alabama. The Stags, who were their first road loss this season, were led by Jeff Gromos with 16 points.

Alabama 97-80
Buck Johnson scored 18 of his 22 points in the second half and Jim Farmer added 24 points to carry Alabama, 23-8, The Tide, ahead by

straight contest and improved their record to 23-4. They will play Sunday against the winner of the game between No. 9 Syracuse and Brown.

Tulsa, one of the nation's top defensive teams, had allowed an average of only 37 points per game entering the tournament. Navy's offensive output of 67 points was the most Tulsa allowed this season.

At night, it was: Navy vs. Tulsa, No. 9 Syracuse vs. Brown.

Western Kentucky 67-59
Jeff Swigger scored 16 points to lead a balanced attack and Western Kentucky survived a late rally by a smaller Nebraska team, 67-59, Friday in a first round NCAA Southeast Regional game.

Western Kentucky, of the Sunbelt Conference, improved to 23-7 and faces the winner of Friday night's Kentucky-Davidson matchup in the second round Sunday. Nebraska, of the Big Eight, finished at 19-11 after its first-ever berth in the NCAA Tournament.

At night, it was: No. 4 Kentucky vs. Davidson.

Midwest (Minneapolis) Michigan 70-64
Roy Tarpley, benched at the start for disciplinary reasons, made a 3-point play and a key block in the final eight minutes, leading No. 5 Michigan, 28-4, The 6-foot-10

center sat out the first 5:25 and then the first 3:01 of the second half for what Coach Bill Frieder termed a "minor infraction." Akron, 22-8, was making its first NCAA Tournament appearance.

Iowa State 81-79 (OT)
Jeff Hornacek's 23-foot whirling jumper at the overtime buzzer sent Iowa State, 21-10, against Michigan in Sunday's second round. A go-ahead call gave Miami's Ron Hunter a basket that tied it 79-79. Hunter had 17 for the Redcats, 24-7, while Eric Newsome had 16. Miami has been eliminated from the tournament in the first round for three straight seasons.

At night it was: North Carolina State vs. Iowa and Notre Dame vs. Arkansas-Little Rock.

The Waves, 25-5, had a nine-game winning streak snapped and were eliminated from the NCAA Tournament by an Atlantic Coast Conference team for the third straight time.

At night, it was: No. 3 St. John's vs. Seton Hall and Auburn vs. Arizona.

West (Long Beach, Calif.)
Anthony Jones and Armon Gilliam keyed a first-half burst to send No. 10 Nevada-Las Vegas into

Sunday's second-round game against Maryland. The Rebels, the champions of the Pacific Coast Athletic Association, improved to 32-4. The Indians continued to struggle on the road, falling to 6-9 away from Montreal, La. State, 19 overall. Bobby Jenkins, the Southland Conference Player of the Year, points for the Indians with 13 points and Elgin James added 12.

Maryland 69, Pepperdine 64
All-America Len Bias scored 26 points and Keith Gatlin canned 2 foul shots with 18 seconds left to alone for an earlier miss, allowing Maryland to prevail. The Terrapins, 19-13, lost 64-63 in overtime to UNLV during the regular season. The Waves, 25-5, had a nine-game winning streak snapped and were eliminated from the NCAA Tournament by an Atlantic Coast Conference team for the third straight time.

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Shultz to meet Soviet premier in Sweden

By Barry Schwelb The Associated Press

WASHINGTON — Secretary of State George P. Shultz said Friday he would meet in Stockholm with the Soviet premier, Mikhail Gorbachev, "to compare notes" on the nuclear arms competition and "superpower" relations.

Shultz said he was prepared to dampen any expectations of a breakthrough.

It will be the first high-level U.S.-Soviet meeting since the "frenetic" summit held by President Reagan and Soviet leader Mikhail Gorbachev in Geneva last November.

But Shultz said his talks with Ryzhkov on Saturday, while they are in the Swedish capital for the assassination of Prime Minister Olof Palme, "is not set up as a negotiating session" but more as a get-acquainted meeting with the Soviet official who was named premier last September.

"We'll probably cover the traditional wide range of subjects,"

Shultz told reporters at the State Department as he introduced Ronald F. Lehman, a newly appointed U.S. arms control negotiator, and announced the meeting with Ryzhkov.

The Soviet premier, who like Shultz is an economist by profession, is a protégé of General Secretary Gorbachev. He was appointed to the Politburo, the policy-making body of the Communist Party, last April and then succeeded Nikolai A. Tikhonov as premier five months later.

Shultz said he was prepared to discuss with Ryzhkov setting a date for this year's summit meeting between Reagan and Gorbachev. "Whether Mr. Ryzhkov will have any information, I don't know," Shultz said. "But I'd be glad to listen to anything he has to say."

Reagan and Gorbachev decided last November in Geneva to hold a second summit meeting here this year and another in Moscow in 1987. But preparations have been

snagged for months. The U.S. side prefers holding the Washington meeting in late June or late July, while the Soviets have indicated a preference for September.

Additionally, Gorbachev suggested recently on curbing to the nuclear arms race before he saw Reagan again. The United States, for its part, has ruled out any such pre-condition for the second summit meeting.

Reagan, meanwhile, in an interview this week with the Baltimore Sun, said he would be willing to consider holding his meeting with Gorbachev after the U.S. congressional elections in November.

The arms control talks recessed last week without any sign of progress in limiting U.S. and Soviet nuclear-carrying bombers, missiles and submarines, or in resolving differences over space-based defense systems.

Shultz sought to stem any expectations that he and Ryzhkov could reach an accommodation on major issues in Stockholm. "He's

there and I'm there primarily to pay our respects" to Palme, who was assassinated Feb. 28, Shultz said.

"We'll take the occasion, since we are there, to meet and compare notes," he said.

Shultz and Eduard A. Shevardnadze, the Soviet foreign minister, have not met since November despite an agreement at the last summit that they confer more frequently than in the past.

Shultz is flying to Stockholm tonight and plans to spend less than a day there. His meeting with Ryzhkov could accelerate preparations for this year's summit.

Another likely topic is the slow pace of negotiations to curb the nuclear arms race. The last round ended in Geneva without any sign of progress.

Ryzhkov, 56, is known as a technocrat with strong ties to Gorbachev. He was named a full member of the Politburo six weeks after Gorbachev became party leader.

Other foreign leaders attending the funeral are French President Francois Mitterrand, West German Chancellor Helmut Kohl,

Israeli Prime Minister Shimon Peres, Italian Prime Minister Bettino Craxi and President Daniel Ortega of Nicaragua.

Indian Rajiv Gandhi, whose assassinated mother, Indira, was a friend of Palme's, was expected to attend the service as was U.N. Secretary-General Javier Perez de Cuellar.

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The meeting was opened by South Africa's civil rights leader Alan Boesak, who said that through the example of Palme, "Sweden has become a beacon of hope for many of us in the Third World."

Swedish police refused to release security details for the visiting dignitaries, but said it involved more than 1,000 men in the biggest protection operation in the country's history.

Police investigating the assassination gave no indication they were any closer to catching Palme's killer.

A man arrested Wednesday was charged with Palme's murder. The man, 32-year-old Swede, has no criminal record and denied involvement in the assassination, his lawyer Henning Sjostrom said.

Death of N.Y. official won't halt investigation

By Judie Glave The Associated Press

NEW YORK — The suicide of former Queens borough president Donald Manes, who plunged a knife into his heart while talking to his psychiatrist on the telephone, will not stop a sweeping investigation into city corruption, a federal prosecutor said Friday.

Manes had attempted to kill himself in January just before allegations of widespread kickbacks broke open. On Thursday he succeeded, ending a tumultuous string of events that had already cost him his \$80,000-a-year job and political reputation.

At least six prosecutors, four commissions and several city and state agencies are investigating city contracts and procedures in an exhaustive examination that officials have said was prompted in large part by Manes' first suicide attempt.

U.S. Attorney Rudolph Giuliani, who was conducting the main investigation into the municipal scandal, said Manes' death would not affect other aspects of his probe.

Manes' death came three days after his associate and friend, former Parking Violations Bureau Director Geoffrey Lindenauer, struck a deal with federal prosecutors and pleaded guilty to racketeering and mail fraud charges.

Lindenauer, who admitted receiving \$100,000 in payoffs from three private collection agencies used by the PVB to collect unpaid fines, was said to be cooperating with federal officials seeking to uncover Manes' role in the scandal.

Manes also served as Queens Democratic County leader, a combination of jobs that made him one of the city's most powerful politicians before the corruption disclosures ruined his career.

No charges were brought against him in the various federal and local probes that grew out of the PVB disclosures.

Manes, 52, was talking to his psychiatrist on the telephone from his Jamaica Estates home when he took a kitchen knife with an 8-inch blade and thrust it into his heart. Police Commissioner Benjamin Ward said.

A kitchen knife was also used in the earlier attempt in which Manes slashed his wrist and ankle but survived.

Manes' wife, Marlene, found her husband lying on the kitchen floor after being alerted by the couple's 25-year-old daughter, Lauren, Ward said.

Manes' attorney, Michael Armstrong, had met with his client hours before his death on Thursday to discuss the allegations, which included charges that Manes had ordered subordinates to extort and collect bribes from private collection agencies.

Mayor Edward I. Koch, who offered Manes sympathy after his first suicide attempt only to call him "a crook" several days later, said he would not order city flags flown at half staff.

Despite the fact that Manes had been a city councilman and then served as Queens borough president for nearly 15 years, Koch said, "I think it would be inappropriate."



Speaking at City Hall Friday on the death of his long-time friend Donald Manes, New York Mayor Ed Koch says he returns the task of judgment to "the hands of merciful God." The mayor called Manes, the former borough president in Queens, "a crook" when allegations first surfaced about his involvement in corruption at the city's Parking Violations Bureau. Manes committed suicide Thursday night.

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Chronic losers find turnaround is very difficult

By Randy Minkoff
United Press International

PHOENIX — The ride from baseball's poorest to its penthouse usually requires the necessary mortgage money to pay for the trip.

Ask the fans in Cleveland, Or. Texas, or San Francisco. Or even the Chicago Cubs.

While repeating as a division champion is as rare as a hot dog without mustard, there have been some trends of mediocrity in the major leagues over the past decade.

Discounting the two expansion franchises in the American League — Seattle and Toronto — the words "long suffering" have been nearly the exclusive domain of the Indians, Rangers, Giants and until 1986, the Cubs. All four clubs have had three or fewer above .500 campaigns during the decade — the usual mark for a club's success.

GIVE THE MARINERS TWO

more years and they will qualify for the 16-year mediocre club. The Mariners haven't been above .500 yet but they have expansion as an alibi. The Blue Jays are defending American League titlists and have posted three straight above .500 years.

The usual theories given for mediocrity include: unwillingness to spend money; poor trades; inadequate farm system, or a combination of all three.

In the past decade, the Indians have finished over .500 three times. Twice they were one game over and their "bummer" campaign was the 81-78 finish in 1976. Cleveland was 66-102 last year.

The Rangers have also posted the exclusive domain of the Indians, Rangers, Giants and until 1986, the Cubs. All four clubs have had three or fewer above .500 campaigns during the decade — the usual mark for a club's success.

WHY THE CONTINUING
mediocrity?

Lou Boudreau, the former Indians shortstop-manager Hall of Famer, points toward financial and trade blunders.

"They haven't had the patience with some of their players like we had back in the 1940s," Boudreau says. "It can be turned around there but you have to keep your players by paying them instead of trading them."

Point toward a rotation of Bert Blyleven, Rick Sutcliffe, John Denny and Dennis Eckersley and you would have one of the best if not the best starting staff in baseball. Instead, the four are toiling elsewhere.

Cleveland has had to compete in a strong division, something the Rangers haven't had to contend with in the decade.

The Rangers flourished under Billy Martin and then he left and so did the team's competitiveness. The young players of promise that were supposed to turn the team around — beginning with Bump

THE GIANTS, ONCE THE dominant force in the National League, have just three plus .500 finishes in the decade — 1978, 1981 and 1982. Last year, the club lost 100 games, four more than in 1984.

"I couldn't wait to get out of there. It was like a new lease on life," said Jack Clark, who rode the elevator up from the bottom with the Giants to the top with the NL champion St. Louis Cardinals last year.

The Giants have had a history, like Cleveland, of making poor deals. Letting Clark go for four players — none of whom had good seasons — was typical of the frustrating deals San Francisco had made.

How would a lineup of Clark, George Foster, Darrel Evans, Larry Herndon, Dave Kingman and Dusty Baker sound for starters? Quite a wallop. They all claim one thing in common besides

power: they are all ex-Giants.

The Cubs are lumped into the quarter of mediocrity for two reasons: before the 1984 NL East Division flag, Chicago hadn't been above .500 since 1972. Over the decade, the Cubs still have that one over .500 campaign in 1984. Three times the Cubs lost 90 or more games and in the strike-torn 1981 campaign, Chicago lost 37 of its first 52 before the walkout mercifully cut into the team's campaign.

BUT THE CUBS, VICTIMS of poor trades, unwillingness to spend money and an inadequate farm system, showed it could be turned around.

"When I got here, all people were content with what was showing up, maybe playing .500 and sitting in the afternoon sun," said Cubs President-General Manager Dallas Green. "We knew it would take a couple of years but we proved it could be done."

Flushed with fresh funding from the new owners, the Chicago Tribune Co., Green got just enough free agents to start the team on the

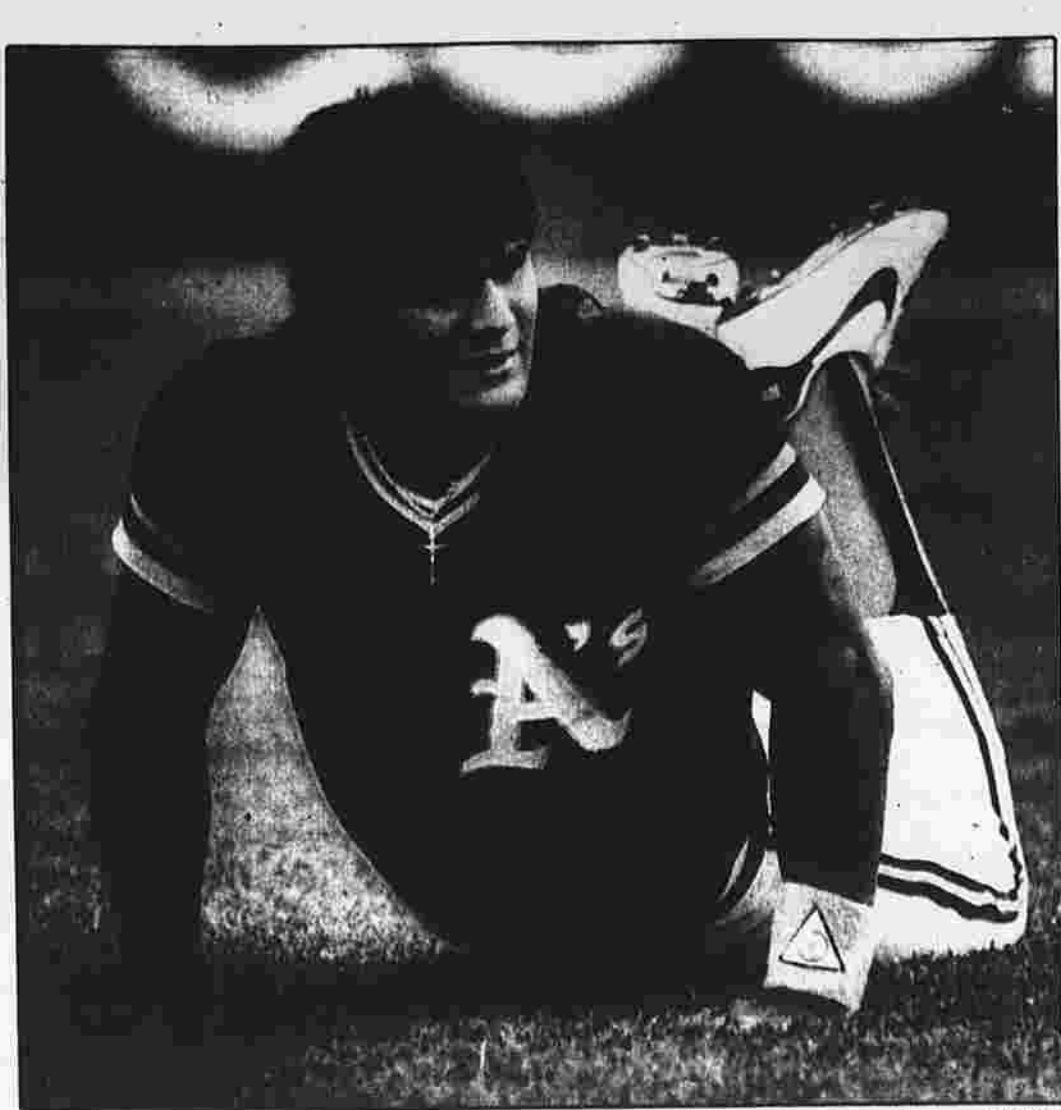
road to winning. He also made great trades — acquiring Sutcliffe from Cleveland, Ryne Sandberg and Keith Hernandez from Philadelphia, Eckersley from Boston and Steve Trout from the White Sox.

He also spent money developing the farm system and was able to give up promising players like Joe Carter and Mel Hall to the Tribe to land Sutcliffe.

"I know the Cubs had a history of losing when I got here," Green said. "I want to build a winning tradition in Philadelphia. We have it here, now."

But even the right ingredients don't always spell success. Riddled with injuries, the Cubs slumped to 77-84 last year.

Ten years from now, another survey could be made and the teams could be different. Pittsburgh has fallen from the top after winning a division four years ago.



Oakland rookie Jose Canseco stretches out during spring training workouts. The A's are counting on big things from the brawny left fielder.

Rookie slugger Canseco could explode for A's

By United Press International

PHOENIX — Oakland outfielder Jose Canseco, rated by many as the best bet for stardom among this year's rookie crop, is getting a buildup rivaling that of established stars.

People talk of the homer he hit onto the roof of Comiskey Park last season, only the 40th such shot in history, and other such mammoth blasts. Plicher Eric Plunk, a teammate of Canseco's at Huntsville of the Double-A Southern League last year, tells a Hollywood-type tale of a Canseco blast.

Huntsville, vying for the first-half title, had two runners on base trailing by two runs when Canseco came up. He drilled a shot well compared to swing of Harmon Killebrew.

"It was just like you would draw it in the books," Plunk said.

On the movies, the event bears a striking resemblance to the final scene in "The Natural." Although he hasn't named his bat, Canseco is drawing several comparisons to the fictional character Roy Hobbs.

The cover of the 1986 Oakland media guide, designed to resemble a movie playbill, lists "stars" such as Joaquin Andujar and Dave Kingman. Down near the bottom, it reads: "and introducing Jose Canseco as 'The Natural.'"

At a Pacific Coast League game

in Vancouver last season, Canseco was actually introduced as "Roy Hobbs."

"He is a natural," teammate Mike Davy said. "There's no doubt in anybody's mind he has ability. If he has less than 30 home runs, it'll be an off-year." Canseco's trademark is power. He gets applause after taking his cuts in the batting cage.

Following a recent batting session during which several balls left the park, infielder Donnie Hill ran up to Canseco and asked, "What are we supposed to play catch with?"

"That kind of power doesn't come along but once in a decade," said Oakland talent evaluator Bill Rigney, who noted that Canseco is the most powerful slugger he has compared to swing of Harmon Killebrew.

"It's just like the way Harmon hit during which several balls left the field," Rigney said. "It gains speed right away."

Canseco, 21, is also being mentioned in the Oakland media guide as "The Natural."

Rigney places Canseco "somewhere between Mays and McCovey" — the same point in his careers.

"(Mays) was just natural in everything," Rigney said. "It was tougher for McCovey. He just took a little longer."

But for all the buildup he's getting, Canseco is doing his best to

keep things low-key.

"I'm a young ballplayer. If this year doesn't work out, I'll have other years as a major leaguer," he said.

Canseco says his power "just comes naturally," but certainly was enhanced by an off-season weight-training program. He works with free weights six days a week, and can bench press 300 pounds.

"It gives me confidence to know that I have that extra strength," he said.

Oakland manager Jackie Moore, who has already given Canseco the left field job this spring, was most impressed not with one of Canseco's mammoth shots, but of one that hurtled over the fence.

"The homer that impressed me the most was a ball that he muscled over the right field fence in Oakland," he said. "He had to adjust to that ball and go the other way with it. With that, he showed me he can make adjustments."

Moore cautions about expecting too much from Canseco.

"I hope people will give the chance to just let him be Jose Canseco," Moore said. "I don't know how good the kid might be, but he will be given every opportunity."

He also is asking that people not expect tape-measure home runs every time Canseco steps to the plate.

"I hope the fans and media will just be appreciative of a 350-foot homer," he said.

SCOREBOARD

Basketball

NBA standings

(Friday's games not included)

Eastern Conference

Team	W	L	Pct.	GB
Boston	41	24	.629	
Philadelphia	37	28	.569	4 1/2
New York	32	33	.493	9 1/2
New Jersey	29	36	.447	12 1/2
Washington	28	37	.432	13 1/2
Chicago	24	41	.364	17 1/2
Indiana	23	42	.353	18 1/2

Central Division

Team	W	L	Pct.	GB
San Antonio	40	25	.615	
Portland	37	28	.569	3 1/2
Detroit	30	35	.462	10 1/2
Cleveland	27	38	.415	13 1/2
Chicago	24	41	.364	16 1/2
Indiana	23	42	.353	17 1/2

Western Conference

Team	W	L	Pct.	GB
Los Angeles	42	23	.646	
Phoenix	39	26	.597	3 1/2
San Antonio	36	29	.554	6 1/2
Utah	34	31	.523	8 1/2
San Francisco	30	35	.462	12 1/2
Portland	29	36	.447	13 1/2
Los Angeles	28	37	.432	14 1/2
Phoenix	27	38	.415	15 1/2
San Antonio	26	39	.400	16 1/2
Utah	25	40	.385	17 1/2
San Francisco	24	41	.364	18 1/2
Portland	23	42	.353	19 1/2

MLB Standings

(Friday's games not included)

American League

Team	W	L	Pct.	GB
Los Angeles	27	17	.614	
California	26	18	.593	1 1/2
Seattle	25	19	.568	2 1/2
Oakland	24	20	.545	3 1/2
Minnesota	23	21	.521	4 1/2
Chicago	22	22	.500	5 1/2
Detroit	21	23	.479	6 1/2
Philadelphia	20	24	.455	7 1/2
San Francisco	19	25	.432	8 1/2
Atlanta	18	26	.408	9 1/2
St. Louis	17	27	.385	10 1/2
Washington	16	28	.362	11 1/2
Los Angeles	15	29	.339	12 1/2
San Diego	14	30	.316	13 1/2
Chicago	13	31	.293	14 1/2
Philadelphia	12	32	.270	15 1/2
San Francisco	11	33	.247	16 1/2
Atlanta	10	34	.224	17 1/2
St. Louis	9	35	.201	18 1/2
Washington	8	36	.178	19 1/2
Los Angeles	7	37	.155	20 1/2
San Diego	6	38	.132	21 1/2
Chicago	5	39	.109	22 1/2
Philadelphia	4	40	.086	23 1/2
San Francisco	3	41	.063	24 1/2
Atlanta	2	42	.040	25 1/2
St. Louis	1	43	.017	26 1/2
Washington	0	44	.000	27 1/2



The St. James' sixth-grade boys' basketball team won the 1986 Archdiocese of Hartford Tournament championship with a perfect 8-0 record. St. James defeated St. Joseph's of Waterbury, 32-29, for the title on March 9. The win qualified the team for the 1986 CVO New England Basketball Tournament to be held in Rutland, Vt., on April 4-6. The team members are (from left) Front row: John Papa, James Reynolds, Robert Herdlin, Steven White, Michael Laferty. Back row: Daniel Cook, Peter Borofsky, Thomas Strano, Michael Klopfer, Patrick Purcell and Michael Marsh. The team's coaches are Bruce Marsh and Joel Feehan.

St. James' championship team

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Rec basketball

Junior

Canis 59 (Kevin Wilson 18, Lee Magowan 18, Anthony Wright 14), Lakeland 57 (John P. Kelly 17), Canis 57 (Kevin Wilson 18, Lee Magowan 18, Anthony Wright 14), Lakeland 57 (John P. Kelly 17).

Senior

Canis 59 (Kevin Wilson 18, Lee Magowan 18, Anthony Wright 14), Lakeland 57 (John P. Kelly 17), Canis 57 (Kevin Wilson 18, Lee Magowan 18, Anthony Wright 14), Lakeland 57 (John P. Kelly 17).

Bowling

G.P. women

Celli Roy 181-464, Kay Moroz 180-454, John Yulier 180-417, Gerry Cratt 404.

Holiday Caterers

Bunny Pattino 145-36, Eddie Cavone 141, Julie Corlew 127, Maria Negroni 127, Jan Foltz 122, Rose Verape 128, Muffy Tabori 126, Dot Kelley 125-139-137, Audrey Cady 122-28, Pauline Gelsel 129-34.

Baseball

Exhibition standings

Team	W	L	Pct.
San Francisco	7	0	1.000
Los Angeles	5	2	.714
San Diego	4	3	.571
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San Francisco	2	5	.286
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Sports In Brief

KoC to honor Tall Cedars group

The 33rd Knights of Columbus Irish Sports Night, scheduled for Monday, March 17, at the KoC Home at 7 p.m., will honor a group rather than an individual or individuals this year. Honored guests this year will be the Tall Cedars of Lebanon for their many years of service in running the Manchester Road Race on Thanksgiving Day.

The traditional corned beef and cabbage dinner will be served. Amby Burford, nine-time winner of the Manchester Road Race and presently East Coast editor of Runner's World, will be guest speaker.

Tickets for the event are \$7 apiece and may be obtained by calling the KoC Home at 646-9944.

Little League tryouts this weekend

The three Manchester Little League divisions — American, National and International — will conduct tryout sessions this Saturday and Sunday at three sites.

The schedule is:

American League at Waddell School — Saturday and Sunday — ages 11-12 9-11 a.m.; ages 9-10 1-3 p.m.

National League at Buckley School — Saturday and Sunday — age 12 9-10 a.m.; age 11 10:15-11:30 a.m.; age 10 1:2-1:50 p.m.; Saturday — age 9 2:30-3:45 p.m. Practice for 9-year olds will only be Saturday unless it rains.

International League at Verplanck Field — Saturday — ages 11-12 10 a.m.-noon; age 10 noon-2 p.m.; Sunday — age 9 1-4 p.m.

Further signups will be accepted at the three fields. A birth certificate is required at the time of registration and either a parent or guardian must accompany each youngster. There is a registration fee of either \$10 per person or \$15 per family.

Trout Derby at Coon and Fox

The Manchester Coon and Fox Club will hold its annual Trout Derby on April 6 at North River Club in Coventry (off route 44A). Largest trout caught lands a \$50 cash prize, while trophies will be awarded for the biggest fish to fisherman in each age group.

Fees are \$4 for children under 16, and \$7 for 16 and over. There is no limit and no license required.

Refreshments will be sold at the clubhouse.

Ewing surgery is successful

NEW YORK — New York Knicks center Patrick Ewing, who is sidelined for the rest of the season, underwent "successful" knee surgery Friday, the team said.

Team physician Dr. Norman Scott performed the 30-minute arthroscopic procedure at Lenox Hill Hospital in New York, removing a piece of lining under the surface of the right kneecap.

Rockets waive John Lucas

NEW YORK — Guard John Lucas has suffered a drug relapse and Friday was waived by the Houston Rockets, the National Basketball Association announced.

Lucas' relapse is his second drug-related incident since the implementation of the anti-drug agreement between the NBA and the players' association.

Habs add muscle to front line

MONTREAL — The Montreal Canadiens added muscle to their lineup Friday with the arrival of University of Wisconsin forward David Maley.

Canadiens' general manager Serge Savard said Maley could be in uniform for the game against the Quebec Nordiques on Monday afternoon.

Maley, 6-foot, 3-inches, and 210 pounds, is described by his college coach, Jeffery Sauer, as "one intimidating individual."

Mandlikova advances in Slims

DALLAS — Hana Mandlikova, seeded No. 4, Friday dismissed unseeded Robin White 6-0, 4-6, 6-4 in the \$250,000 Virginia Slims of Dallas.

In later matches, top-seeded Martina Navratilova played Helena Sukova, seeded sixth, and No. 2 seed Chris Evert Lloyd faced Zina Garrison, the eighth seed.

Kathy Rinaldi, the No. 10 seed from Martin Downs, Fla., won by default over Stephanie Rehe from Highland, Calif. Rehe was leading 4-1 in first set when she stretched for a backhand shot and injured her back.

In doubles play, the No. 4 team of Elise Burgin and Rosalyn Fairbank eliminated Jo Durie and Eva Pfaff, seeded eighth, 6-4, 6-3.

Mandlikova and Wendy Turnbull, No. 2, ousted Bettina Bunge and Gabriela Sabatini 6-2, 6-4, 7-5.

Skiing

WOODSTOCK, Vt. (UPI) — New England's annual Cannonball ski race was held on Saturday, with a record number of snow conditions on New England ski areas as of noon, March 11.

Conditions were good or excellent at Cannonball, and other areas of the state.

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'Oil Can' is back with the Red Sox

WINTER HAVEN, Fla. — Dennis "Oil Can" Boyd returned to the Boston Red Sox camp Friday, announcing, "I feel good now, feel strong and everything worked out fine."

Boyd, who has a non-contagious form of hepatitis, met the press early Friday morning, then went out and threw 16-15 minutes into a batting cage because of a rainstorm.

The plan is for Boyd, Boston's biggest winner in 1985, to throw batting practice twice, and then to start next Thursday's game against the Detroit Tigers here.

Boyd said he had gained back seven pounds on a diet that calls for eating some six meals a day and drinking shakes loaded with a protein supplement.

"I felt nice and fluid today," he said after throwing. "I threw from the stretch the whole time. Hey, I might have thrown one ball 90 miles an hour — a cross-seamer. I wasn't trying to play Superman or nothing like that, but I wanted to get a good workout. I'm not as far back as they think I am."

Earlier, Boyd said, "I'm ready to hit the ball. I feel 85 percent

Lendl saunters into semifinals

MILAN, Italy — World No. 1 Ivan Lendl of Czechoslovakia moved effortlessly into the semifinals of a men's \$500,000 Grand Prix tennis tournament Friday with a convincing 6-3, 6-4 victory over Switzerland's Jakob Hlasek in the semifinals Saturday while Sweden's Mats Wilander, who swept the next two he had to struggle for his points.

"If I could have held service at 2-1 in the second, I think it would have been straight sets," the Swede said. "He started suddenly playing better."

"In the first he was missing lots of easy balls, putting a lot into the net."

Nyström lost service three times in the difficult second set but broke the American twice. Green's service was a little shaky in the final set, as he fell behind 6-3 in Nyström's steady, controlled play.

Green was broken in the eighth game to lose the match with a passing shot he put long.

Jarryd put Mansdorf, ranked 104, away for good with a second set power game that took four tries to old Israeli couldn't handle.

"I now know I can fight for my points once again," said Jarryd, the world No. 8. "We played a good match out there."

"Mansdorf has a good passing game. He knows how to come in to the net."

Rain postpones Bay Hill tourney

ORLANDO, Fla. — Rain, lightning and a tornado waded Friday forcing the postponement of the second round of the PGA \$500,000 Hertz Bay Hill Classic.

PGA Tour officials said the second round would be played Saturday at the Bay Hill Club, with the possibility of 36 holes being played Sunday to complete the tournament.

Called for mostly cloudy skies with a 50 percent chance of showers and thunderstorms.

Play was suspended at 8:35 a.m. EST Friday, with the lead group completing four holes.

The decision to cancel Friday's play was announced four hours later. After heavy showers fell Saturday morning, the rain subsided and the dark clouds lifted. However, while the rain had stopped, there were frequent lightning flashes.

The first round leader was Bob Tway, who fired a 5-under-par 66 Thursday to take a two-stroke lead over four golfers.

Tway is making an impact on the PGA Tour in his second season. After winning \$164,000 in 1985, his first year on the tour, Tway notched his first victory earlier this year in San Diego and has won more than \$111,000 in 1986.

Tway's success on the tour has dulled the pain of the struggle he

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Earlier, Boyd said, "I'm ready to hit the ball. I feel 85 percent

Lendl saunters into semifinals

MILAN, Italy — World No. 1 Ivan Lendl of Czechoslovakia moved effortlessly into the semifinals of a men's \$500,000 Grand Prix tennis tournament Friday with a convincing 6-3, 6-4 victory over Switzerland's Jakob Hlasek in the semifinals Saturday while Sweden's Mats Wilander, who swept the next two

FOCUS

News for Senior Citizens

Officials plan seminar on Medicare regulations

Editor's note: This column is prepared by the staff of the Manchester Senior Citizen Center.

By Joe Diminico
Activities Director

Seniors are invited to attend the "Medicare Update" program next Thursday beginning at 1 p.m. Jerry Martin from Congressman Barbara Kennelly's office along with two representatives from the Connecticut Peer Review Group, Inc. will be at the center to discuss Medicare and the drug system. The review group is directly responsible for setting the length of stay and fees that Medicare will pay. I strongly urge all seniors to attend this most informative program.

Men golfers are reminded that there will be an important organizational meeting this Tuesday evening at 8:30 p.m. Registration, green fees, selection of officers, and special events are items on the agenda. Individuals not able to attend should contact the center to make sure that their names will be on the roster.

Please make note of the following Thursday programs:
March 20 - Medicare update
March 27 - Middle East slide presentation by Doris Fogarty
April 3 - Senior Rockettes
April 10 - Play "A Choice to Make"
April 17 - Sunshiners and party for Ruth Jacobs

THE SENIOR CENTER, in conjunction with the AARP, will be conducting another driver's education course on April 14 and 15 from 9:30-10:30 a.m. Individuals completing the course will receive 5 percent off their insurance premiums as mandated by state law. Interested parties should stop by the center and fill out a short registration form accompanied with a \$7 check made out to the AARP.

Due to the large response, the line dancing class scheduled for April 9 will be divided into two separate classes. Class I will be from 9:30-10:30 a.m. and class II from 10:30-11:30 a.m. Please contact the center to determine your class. This year's instructor will be Esther Lamonde.

Please make note of the following trips:
Boston Red Sox vs. California Angels - May 6 - \$19 - includes transportation and admission - registration is March 24 at 9:30 a.m.
St. Patrick's Day party - Aqua

Turf Restaurant - March 17 - openings available - \$26 - if interested, please contact Creative at 243-2389.

Montreal-Quebec Trip - \$329 - 5 days 4 nights - flyers available at center - registration is April 4 at 9:30 a.m.

Wildwood - June 2-6 - \$199 - flyers available at center - registration is April 9 at 9:30 a.m.

The center is contemplating developing a stress management seminar for seniors in the month of April. Individuals desiring to attend such a class should contact the center. If registration is sufficient, dates and times will be announced at a later date.

Seniors are reminded that the assessing class conducted by Esther Rubin will begin on April 30. Please stay tuned with this column for more details.

A REMINDER - St. Patrick Day party trip to Aqua-Turf Club Day party trip to Aqua-Turf Club on Monday, March 17 at 10:30 a.m. from the Community Baptist Church.

Lastly, Best Wishes to Basil Baker who is in Windham Memorial Hospital.

Schedule for the Week:
Monday: 9:30 a.m. ceramics class; 9:30 a.m. advanced basket-weaving class; 10 a.m. bingo; 11:45 lunch; 12:30 p.m. pinocle games; 12:30 p.m. beginners basket-weaving class; 1:30 p.m. exercise with Rose. Bus pickup at 8 a.m. - return trips at 12:30 p.m. and 3:15 p.m.

Tuesday: 9 a.m. shopping bus; 9:30 a.m. non-grocery shopping bus; 9:30 a.m. oil painting; 10 a.m. square dancing; 10:11:15 a.m. financial planning; 11:45 a.m. lunch; 1 p.m. bowling at Parkside Lanes; 1:30 p.m. exercise with Cleo. Bus returns from shopping at 12:30 p.m.

Wednesday: 9:30 a.m. pinocle games; 9:30 a.m. crawl; 9:30 a.m. dancing; 10 a.m. Friendship Circle; 11:45 lunch; 12:30 p.m. bridge games; 12:30 p.m. arts & crafts; 1:30 p.m. exercise with Rose. Bus pickup at 8 a.m. - return trips at 12:30 and 3:15 p.m.

Thursday: 9 a.m. orchestra rehearsal; 11:45 lunch; 12:45 p.m. Thursday program - Medicare program bus pickup at 10 a.m. - bus returns after program.

Friday: 9 a.m. cribbage; 10 a.m. bingo; 11 a.m. exercise with Cleo; 11:45 lunch; 12:30 p.m. setback

games; 1:30 p.m. exercise with Rose. Bus pickup at 8 a.m. - return trips at 12:30 and 3:15 p.m.

Health clinic: Wednesday, March 19 at 9 a.m. - 11 a.m. (L-2)

INCOME TAX ASSISTANCE: Monday, Tuesday, Wednesday, Friday at 1 p.m. - 3:30 p.m.

Menu for the week:
Monday: Corned beef and cabbage - potato - roll, dessert and beverage
Tuesday: Swedish meatballs on noodles, dessert and beverage
Wednesday: Tuna-cheese melts - soup, dessert and beverage
Thursday: Lasagna - garlic bread - vegetable, dessert and beverage
Friday: Egg salad sandwich - soup - dessert and beverage

Scores:
March 7 - Setback scores: Mary Lou Mott, 129; Adolph Yenko, 126; Joe Peretto, 129; Pat Falas, 129; Bernice Martin, 123; Ed Scott, 122; Anna Welkopp, 117.

March 10 - Pinocle scores: Ethel Scott, 736; Ernest Grasso, 720; Carl Popple, 677; Marge Reed, 673; Mabel Loomis, 669; Peter Casella, 667; Mina Reuther, 662; Amelia Anastasio, 660; Helena Gavello, 659; Martin Bakston, 654.

March 11 - Bowling scores: Bruno Giordano, 529; Ed Yourkas, 224, 224, 603; Frank Wotruba, 512; Mike Pierno, 200; Ginger Yourkas, 181, 483; Pat Olcavage, 176; Elfrida Hofmann, 191; Mary Chavez, 179.

March 12 - Pinocle scores: Nadine Malcom, 582; Rene Maire, 581; Dom Anastasio, 575; Amelia Anastasio, 562; Lucille Goldman, 560.

March 12 - Bridge scores: Helen Silver 6,240; Sol Cohen 4,440; Nadine Malcom 3,290; Carl Lombardo 3,180; Catherine Byrnes 3,020.

Caterpillar Club
DAYTON, Ohio (AP) - Lt. Harold Harris bailed out of a crippled plane which he was crashing here at McCook Field on Oct. 20, 1922.

Harris later became the first man in the Caterpillar Club - an association of those whose lives were saved by parachutes.

Now you know
Animals sheltered in the United States destroy 30,000 unwanted cats and dogs every day.



All ready to celebrate

Antoinette Goodwin may not have an Irish-sounding name, but she gets into the spirit of St. Patrick's Day by dressing up her plastic roosters in green at the entrance to the family's Glenmoor Farm in Wakefield, R.I. Few people will care about the weather because the day is more often than not celebrated inside.

Engagements



Angela Gervase

Gervase-Corentin

Dr. and Mrs. Charles J. Gervase of New Britain announce the engagement of their daughter, Angela Jo Christine Gervase, to Richard Renaud Corentin, son of Mr. and Mrs. Renaud Corentin, of Willimantic.

The bride-elect is a former Manchester resident. She graduated from Palaski Senior High School in New Britain and received bachelor's and master's degrees from Central Connecticut State University. She teaches mathematics at Howell Cheney Regional Technical High School.

The prospective bridegroom graduated from Windham Technical School, Thames Valley Technical Institute and Central Connecticut State University. He is a manager for educational development and a personnel manager for Purdy Corp. in Manchester.

A July wedding at St. Ann Church in New Britain is planned.

Cinema

HARTFORD - Brazil (R) Sat and Sun 1:30, 4:15, 7:00, 9:30. Dream Child (PG) Sat and Sun 2:30, 5:00, 7:30, 9:30. Kiss of the Spider Woman (R) Sat and Sun 1:30, 4:15, 7:00, 9:30. The Trip to Italy (PG) Sat and Sun 2:30, 5:00, 7:30, 9:30. Out of Africa (PG) Sat 1:10, 4:10, 7:10, 10:10; Sun 1:10, 4:10, 7:10.

EAST HARTFORD - Eastwood Pub & Cinema - Murder in the Heart of Darkness (R) Sat 7:30, Sun 7:30. Murphy's Romance (PG-13) Sat 7:30, Sun 7:30. Showtime Cinema 1-9 - The Color Purple (R) Sat 1:10, 4:10, 7:10, 10:10; Sun 1:10, 4:10, 7:10, 10:10. House (R) Sat 1:30, 3:25, 5:15, 7:05, 8:55, 10:45. Down and Out in Beverly Hills (R) Sat 1:30, 3:25, 5:15, 7:05, 8:55, 10:45. Highlander (R) Sat 1:10, 4:10, 7:10, 10:10. Crossroads (R) Sat 1:10, 4:10, 7:10, 10:10. The Journey of Natty Fann (PG) Sat 12:45, 2:35, 5:05, 7:35, 9:45, 11:55; Sun 12:45, 2:35, 5:05, 7:35, 9:45, 11:55; Sun 12:45, 2:35, 5:05, 7:35, 9:45, 11:55. Gung Ho (PG-13) Sat 12:30, 2:40, 5:10, 7:20, 9:35.

MANCHESTER - UA Theaters East - FX (R) Sat and Sun 1:10, 4:10, 7:10, 10:10. Romance (PG-13) Sat and Sun 2:15, 5:15, 8:15, 11:15. The Journey of Natty Fann (PG) Sat and Sun 1:10, 4:10, 7:10, 10:10. The Color Purple (R) Sat 1:10, 4:10, 7:10, 10:10. Pink Flloyd: The Wall (R) Sat midnight.

VERNON - Cine 1 & 2 - Murphy's Romance (PG-13) Sat 7:30, Sun 7:30. Kiss of the Spider Woman (R) Sat and Sun 1:30, 4:30, 7:30, 10:30, 1:30, 4:30, 7:30, 10:30.

Advice

Mom sends fervent wishes to daughter she never knew



Dear Abby

DEAR ABBY: My daughter, just turned 10. On her birthday I shed a few tears. I wish I could have held her and told her all the things a mother should tell her daughter when she turns 10. I wish I could have dressed her up and put ribbons in her hair, and ridden the merry-go-round with her until we both got sick, then laughed ourselves silly rolling down hills in the park! I also said a little prayer of thanks for having made the decision 10 years ago to give her up for adoption. I was barely 16 and wanted my daughter to have a better life than I could provide for her.

I feel confident that the parents who were blessed with her can give her what I could not and will love her as much as I did. I pray my daughter realizes that it was not for lack of love that I gave her up, but because my love was brave and fierce and mature enough to let her go when I was but a child myself.

I pray that when she is 18 she will decide to look me up through an adoption search group, and we will meet again. The last time I held her tiny hand she was only 10 days old!

Until then, my thoughts and prayers are for her and her parents, and her birthdays will care about the weather because the day is more often than not celebrated inside.

HOPEFUL IN L.A.

DEAR HOPEFUL: Are you aware that biological parents can register with International Soudex Reunion Registry, P.O. Box

DEAR DR. GOTT: I am 77 and in fairly good health, but was found to have borderline diabetes. My legs from the knees down feel like they are numb and my i n s t e p hurts. Are these symptoms caused by my diabetes?

DEAR READER: You may be experiencing a complication of diabetes called neuropathy. This may be helped by better control of your blood sugar through diet and weight loss. Other conditions can cause this problem, so I think you need a thorough medical evaluation. Your doctor will be able to offer you advice about how best to handle this troublesome condition.

DEAR DR. GOTTS: In the treatment of arteriosclerosis, what is being done to actually clean the arteries?

DEAR READER: Unfortunately, once arteries become plugged from arteriosclerosis, there is little that can be done to unplug them. Surgery, in the form of a coring procedure, can sometimes re-establish sluggish blood-flow in a large artery. However, the best treatment for arteriosclerosis consists of prudent diet (to reduce blood fats) and moderate exercise (to improve circulation through collateral channels.) Evidently, many Americans endorse this approach, because we are eating less saturated fat, attempting to maintain ideal body weight, exercising more regularly, stopping smoking, con-

Ode to St. Patrick Day's

The Wit and Wisdom Writer's Club has announced the March winner of its Poet of the Month contest. Shamrock Soup by Sharon Krause of Manchester was voted the winner. It and other winners of monthly contests will be published in an illustrated anthology. Here is the poem.

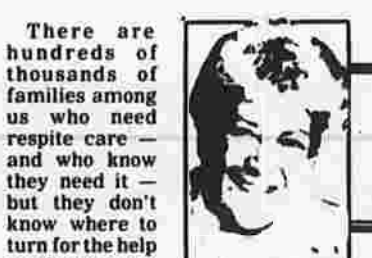
Shamrock Soup
Early one St. Patrick's Day morning,
I set out for a walk in the glen.
The birds were singing, the air was crisp;
All was peaceful and quiet...and then...
I stumbled upon a leprechaun.
And was promptly thrown for a loop.
For there in the glade he was cooking.
He said it was shamrock soup!
I asked him how he makes it.
He smiled and gave me a wink.
He said it is so very easy.
Then from his jug he took a drink.
"I put in some shamrocks so tender,
And I mix them with broth - quite a lot.
I throw in some pipes and some pepper,
by Sharon Krause



Play us a song

Paul Stookey of the folk group Peter, Paul and Mary shows a group of youths his guitar during a recent performance for homeless children at Hotel Martini in New York. The group has been celebrating their 25th year together with a variety of specials and programs.

People needing respite care have a variety of services



Sylvia Porter

There are hundreds of thousands of families among us who need respite care, and who know they need it - but they don't know where to turn for the help or whom to go to for guidance.

Yet the number of programs for this special service continues to grow. And so does the number of problems that respite care is designed to ease.

Essentially, respite care offers a much needed breather for the parent or other family member who otherwise carries full time for a disabled or chronically ill person at home.

Typically, care is provided at home by a volunteer or a paid individual - depending on the program and the nature of the health problem. But it can cover programs at local hospitals or community facilities designed with the same function - to provide a break for the caregiver.

Historically, families with long-term disabled members were the first to use respite care programs, usually funded through state social service departments.

Today, a variety of agencies provide this valuable assistance to families in a number of circumstances, reports Shirley Cohen, executive director of Hunter College and co-author of a book on respite care.

Families who care for Alzheimer's Disease patients and, in some areas, families with children at risk of child abuse are among the groups for whom some respite care services can now be found.

State social service departments and hospitals can also assist. But when you have found a program, payment can become an issue.

You'll find some free programs and attend sessions that offer a range of activities, while simultaneously giving those who care for them up to four hours of freedom each week.

Recently, respite care programs have been developed for AIDS patients and those who live with and care for them.

And with so many pressures to keep or return family members home, the need to soften the stress on those who take care of them all day, every day, will only intensify.

Wide variation in the availability of programs exists across the nation. Some states provide ample funds for respite care services, channeled through various agencies. Efforts in other states are clearly inadequate, even shameful.

Volunteer programs are increasing. For example, some services developed in Canada and imported to the United States have attracted attention. In these programs, a volunteer family agrees to take care of a disabled or ill patient for a spell of time - a weekend, an afternoon - freeing the patient's own family to get out on its own.

If you think such services could ease your life, contact your local organizations might know of appropriate programs for you. Groups to contact include the Association of Retarded Citizens, United Cerebral Palsy Association, the Alzheimer's Disease and Related Disorders Association and AIDS health services.

State social service departments and hospitals can also assist. But when you have found a program, payment can become an issue. You'll find some free programs and attend sessions that offer a range of activities, while simultaneously giving those who care for them up to four hours of freedom each week.

person requires medical supervision, the respite care worker will be a student or volunteer.

But respite care programs have become increasingly essential as funding for institutions dries up. You may be among those needing the care, discovering it is invaluable for you - as a patient or as the person who cares. The hours you get or give under one of these programs can be more precious than your own now.

"Sylvia Porter's Tax Guide for 1986," her comprehensive guide to income taxes, is now available through her column. Send \$5.95 plus \$1 for mailing and handling to "Sylvia Porter's Tax Guide for 1986," in care of the Manchester Herald, 4400 Johnson Drive, Fairway, Kan. 66205. Please make checks payable to Universal Press Syndicate.

Berle back
HOLLYWOOD (UPI) - Milton Berle will be one of the stars of NBC-TV's three-hour special celebrating the network's 60th anniversary to be broadcast in May.

Alexander H. Cohen, executive producer of the extravaganza, promises viewers more than 100 stars, past and present, in the show from the network's New York headquarters in Rockefeller Center.

Berle was NBC's first major star when he hit the air June 8, 1948, with his hour-long comedy-variety show "Texaco Star Theater" and immediately became "Mr. Television" and, later, "Uncle Miltty."

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658-8870 INTERSTATE 84 EXIT 64
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COURT HOUSE BLDG. 1ST FLOOR - 1ST & 2ND STS.
CROSSROADS
1:10-1:15-5:10-7:30-8-11:50 (R)
HOUSE
1:30-2:25-4:15-7:45-8:50-11:45 (R)
GUNG HO
12:30-2-4:30-6:30-7:30-8:30-11:45 (PG-13)
HIGHLANDER
12:30-3:30-5:15-7:30-8:50-12:30 (R)
PRETTY IN PINK
1:30-3:30-5:15-7:45-8:50-12:30 (R)
MANNING & HER SISTERS
12:45-2:35-5:35-7:35-8-11:55 (PG-13)
WILDCATS
12:30-2:45-4:55-7:15-8-11:50 (R)
DOWN & OUT IN BEVERLY HILLS
1:30-3:25-5:25-7:40-8:50-12:30 (R)
THE COLOR PURPLE (PG-13)
1:30-4:30-7:10-10:10
FOR MORE SHOW INFORMATION CALL 658-8870

Weddings

Lindsay-Leonard

Nancy A. Leonard, daughter of the late Mr. and Mrs. Maurice S. Leonard, married David John Lindsay, son of 319 E. Center St. and the late Robert Lindsay on March 1 at the home of the bride's son, John Chapdelaine, in Coventry. Justice of the peace Christina Woods officiated at the family ceremony.

About Town

Author speaks to sisterhood

The Sisterhood of Temple Beth Shalom of Manchester will hold a Torah study weekend Friday and March 22. Dr. Barry W. Holtz will speak on "The Midrash - How It Speaks to Us Today" Friday at 8:15 p.m. The March 22 service will begin at 9:45 a.m. Everyone is invited to bring a dairy lunch. Dessert will be provided. After lunch a study session will be led by Dr. Holtz.

Dr. Holtz is co-director of the Melton Research Center for Jewish Education at the Jewish Theological Seminary of America. She is a professor in the seminary's Department of Jewish Education. He is editor of Back to the Sources: Reading the Classic Jewish Texts and the author of "Your Word is Fire: The Hasidic Masters on Contemplative Prayer." His essays and poetry have appeared in several journals. He is a regular lecturer at the 82nd Street Y in New York City.

Sunset Club goes to Coachlight

The Sunset Club will go to Coachlight Dinner Theater on April 16. Anyone interested in going may call Mary Hill at 646-2659. Non-members will pay \$15. Payment is due by Tuesday.

The regular meeting to the club will be Tuesday at 1 p.m. at the Manchester Senior Citizens' Center.

Rolef speaks on Israel Sunday

Susan Hattis Rolef of Haifa, Israel, will speak at a free brunch for teenagers at 11 a.m. Sunday at Federation East, 434 Oakland St. The session is open to all teenagers.



Dr. Barry W. Holtz

a variety of topics dealing with the Israeli-Arab conflict, the misuse of the holocaust and perception of Israel.

The brunch will be sponsored by the Greater Hartford Jewish Community Center, which is supported by the United Way and the Greater Hartford Jewish Federation.

Symphony selects soloists
Soloists have been selected to perform at the

Manchester Symphony Choral concert tonight at St. Mary's Episcopal Church on Park Street. They include: Anne Clair and Sharon Derby, sopranos; Karen Dieterle, alto; Scott Cleland, tenor; and Kevin Andersen and Charles Sack, bass. They will be featured in "Ave Maria," excerpts from Haydn's "The Creation," and Monty's "Coronation" mass.

Derby and Nancy Johnson will play a piano duet of Scottish folk songs.

Tickets are \$5.50 general admission and \$3.50 for students and senior citizens. For reservations and information, call 633-2419.

Learn to bake white bread

Dorothy Alderman will show how to make white bread and its variations at the Manchester Chapter Hadassah meeting Tuesday at 8 p.m. at Temple Beth Shalom. Alderman, a chapter member, is a home economist who has conducted bread-making classes for several years. She will teach all stages of the process. The bread baked will be raffled. The public is invited.

Refreshments will be served.

Gemcrafters meet Monday

The Nutmeg Gemcrafters will meet Monday at 7:30 p.m. at First Federal Savings, 344 W. Middle Turnpike.

Health services give clinic
The Community Health Care Services will hold a senior citizens' clinic Monday from 1 to 2 p.m. at Hop River Homes in Andover for blood pressure checks and health guidance. For more information, call the services at 228-9423.

Essack speaks on hypnosis
Dr. J. Yusuf Essack, a psychiatrist, will present a free program on hypnosis Thursday at 7:30 p.m. in the

University in 1976. She is assistant to the town manager in Windsor.

The prospective bridegroom also attended Manchester schools. He studied at the University of Hartford and served in the U.S. Army Reserves from 1964 to 1969.

He is employed by the Combined Health Appeal for Business and Industry Inc. of Hartford.

A May wedding in Windsor is planned.

Wells-Forbes

Mr. and Mrs. Donald D. Wells of 82 Plymouth Lane, announce the engagement of their daughter, Mary E. Wells, to William C. Forbes, son of Mr. and Mrs. William Forbes of 231 McKee St.

The bride-elect attended Manchester schools and graduated from Central Connecticut State

University in 1976. She is assistant to the town manager in Windsor.

The prospective bridegroom also attended Manchester schools. He studied at the University of Hartford and served in the U.S. Army Reserves from 1964 to 1969.

He is employed by the Combined Health Appeal for Business and Industry Inc. of Hartford.

A May wedding in Windsor is planned.

Volleyball game planned

The RHAM High School's National Honor Society will sponsor a volleyball game today from 1 to 3 p.m. at the RHAM High School gymnasium to raise money for the Andover, Hebron, Marlborough Youth Services. The society will play the services. The admission will be \$1 for students and \$2 for others.

Heart attack session set

How to prevent a heart attack will be the topic of the second in a series on cardiac rehabilitation Tuesday at 6 p.m. in the H. Louise Ruddell Auditorium of Manchester Memorial Hospital. The series is sponsored by the Cardiac Rehabilitation Program of the hospital. Dr. B. Abraham Kurien will speak about modifying lifestyles to diminish the risk factors associated with heart disease. Donations of \$5 per person or \$7 a couple are suggested. Sessions in the series are held on the third Tuesday of each month.

Silk art show at MCC

Builders of Communities and Dreams; Manchester Women and the Cheney Silk Mills, an art exhibit, is displayed at WomanSpace Art Gallery in the Women's Center of Manchester Community College. The show will be on view until March 31. Gallery hours are weekdays from 9 a.m. to 5 p.m.

The exhibit was prepared by Sylvia Olara, an associate professor of photography, and John Sutherland, professor of history and director of the Institute of Local History at the college. It is free and open to the public.



FREE! TAG SALE SIGN

Are things piling up? Then why not have a TAG SALE? The best way to announce it is with a Herald Tag Sale Classified Ad. When you place your ad, you'll receive ONE TAG SALE SIGN FREE, compliments of The Herald.

STOP IN AT OUR OFFICE, 1 HERALD SQ., MANCHESTER

- 21 HELP WANTED
- 21 HELP WANTED
- 21 HELP WANTED
- 21 HELP WANTED
- 21 HELP WANTED
- 21 HELP WANTED
- 22 BUSINESS OPPORTUNITIES
- 31 HOMES FOR SALE

Library Services Coordinator - Mansfield Public Schools. One year position from September, 1986 to June 1987. Experienced as a school librarian and CT state certification required. Closing date, April 14th, 1986. Applications available at the Superintendent of Schools office, 4 South Eagleville Road, Storrs, CT 06268. 429-3249. EOE.

Part Time Inserters wanted. Call 647-9946, ask for Bob.
 ★ **Post-press artist**, part time, 20 hours, Monday, Tuesday, Thursday afternoons and Friday nights. Newspaper experience helpful. Please send work history and salary requirements to: The Manchester Herald, Box 5 C/O Manchester Herald.

Bank Tellers - Part Time openings, strong figure aptitude and flare for public contact essential. Qualified applicants please call Mrs. Tarrigio, 646-4094. EOE.

Government Jobs, \$16,040-\$59,230/year. Now hiring. Call 1-805-687-6000 Ext. 8-9945 for current federal list.
 ★ **Dependable Babysitter** for 3 year old. Must be available for school sick days, vacations & some Saturdays. Forest Hills area. 645-5193 offer 5pm.

NEWSPAPER CARRIERS NEEDED IN MANCHESTER AREA

Alexander St. 13-141
 Center St. 420-480
 West Middle Tpke. 420-480
 Marble St. 357-421
 Stack Place 1-140
 Willard St. 1-150
 Waterfall St. 1-140
 McCann St. 5-97
 Koonsey St. 16-230
 North Elm St. 1-194
 Woodbridge St. 1-194
 Main St. 1-194
 Grove St. 1-194
 Pine Hill St. 1-194

MANCHESTER HERALD
 Call NOW 647-9946

NEWSPAPER CARRIERS NEEDED IN BOLTON AREA

Lake St. Bolton
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 E. Middle Tpke. Manc.-Bolton
 Linley St. Manchester
 Carpenter Rd. Manchester
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MANCHESTER HERALD
 Call NOW 647-9946

DARI-FARMS ICE CREAM INC.

has immediate openings for 2nd shift freezer selector. We are now accepting applications, Monday thru Friday. Apply in person between 8:30-5:30 at

Dari-Farms Ice Cream Inc.
 40 Tolland Stage Road
 Tolland, CT 06084

Real Estate

31 HOMES FOR SALE

Great Buy - Manchester. \$82,900. You won't find more house for the money. 15 x 10 fireplace living room, 2 bedrooms plus full finished 18 x 20 attic. Modern kitchen, newer roof, wiring and carpet. One car detached garage. D.W. Fish Realty, 643-1591 or 871-1400.

★ **6-4 Duplex** - Cheney Historical district, great investment. Excellent condition. N.I.C. neighborhood. 2 car garage, private yard. \$164,900. Call owner after 5pm and all day Saturday & Sunday. 646-6517.

31 HOMES FOR SALE

Another New Listing! 100' on the beach, \$109,900. With warm weather arriving soon, you'll really appreciate this bright, round 4 bedroom waterfront home in Coventry Lake. You can swim, water ski, or ice skate to your heart's content! This will not last long so call today! Albrizio Realty, Inc. 647-9977.

31 HOMES FOR SALE

Rare Find - Extra Large 67 Duplex detached car garage, living room, kitchen, dining room, each with 2 bedrooms on side. 4 bedrooms other, no looses. Good for investor or live in owner. Priced to sell - \$131,900. Century 21 Jackson-Showcase, 646-1316.

32 CONDOMINIUMS FOR SALE

Condo Living - Newly Built 4 1/2 room Condo with 1 1/2 baths, fully appointed kitchen, one car garage, well to well carpeting, sliding door to deck, and cable. Very low monthly fee. Won't Last! \$77,500. Century 21 Jackson-Showcase, 646-1316.

32 CONDOMINIUMS FOR SALE

Looking For Affordable Housing? We have a single bedroom condo that comes with a garage and a pool for only \$44,900! Albrizio Realty, Inc. 647-9977.

35 BUSINESS PROPERTY

★ **Manchester** - Restaurant. Prime location. Extremely nice. Seats 100 plus. Recently remodeled. Asking \$120,000. Owner anxious, make offer. Financing available. Call Strano Real Estate, 647-7653.

31 HOMES FOR SALE

Unbelievable \$89's. 3 bedroom home in the 8th district. Modern bath, 2 car garage and nice lot. Hurry! Blanchard & Rossetto Real Estate, 646-2482.

31 HOMES FOR SALE

Manchester. New construction, 2300 sq. ft. Quality throughout. Four bedroom colonial on cul-de-sac in executive Blue Trail Estates. Ready for occupancy. \$225,900. Merrill Lynch, Voie Fevre, 433-3774 and 433-7332.

31 HOMES FOR SALE

Highland Park - 10 1/2 room Colonial on 3 1/2 acres. Perhaps one of the most extraordinary private homes in the area. Blanchard & Rossetto Real Estate, 646-2482.

31 HOMES FOR SALE

Coventry - By owner. Immaculate 3 bedroom, finished basement, planned eat-in kitchen, fireplace living room, gas deck, large corner lot. \$89,900. 742-2092 or 3568.

31 HOMES FOR SALE

Manchester. An executive home in a very quiet neighborhood is offering of the week! This unique 9 1/2 room brick ranch with an 18x25 fireplace living room with cathedral ceiling, four bedrooms, den, and family room is exactly the home you've always wanted to own. The 2 car garage is spacious, and there's a secluded inground pool for your summer enjoyment. Situated on over three quarters of an acre, on a lightly wooded lot adds to the beauty of this home. For \$179,900 this home can be yours to enjoy for years to come! Ample notice please!

Jack J. Lappen Realty
 (Formerly Active 'N' Able Realty)
 164 East Center Street
 Manchester, CT 06040
 643-4263



LUCK O' THE IRISH!

St. Patrick's Day Savings & Values!

Superior FORD, INC.

Route 6, Columbia
 228-9431 423-8666 647-9375

CONNECTICUT'S FORD TRUCK HEADQUARTERS!

In stock for immediate delivery...

F-350 4X2s and 4X4s
 Gas and Diesel
 •Cab & Chassis with any type body available
 •Stake Body •Dump Body •Cutaways
 •Swing-out Roll-up Car Carriers
 - MANY READY TO GO!

F-250s - all models
 Including Super Cabs and Crew Cabs...
 Gas and Diesel in stock.

ALSO IN STOCK -
F-150s, Rangers, Aerostars, Broncos, Bronco IIs, Vans, Conversion Vans, Cube Vans, and Aerostar Conversion Vans

"WE'RE INTO TRUCKS"

A DEALER YOU CAN DEAL WITH

SCRANTON'S MID-WINTER SALES
 BIG SAVINGS - BIG SELECTION

PONTIAC FIERO
 The perfect running mate!

Each and every 1986 Pontiac Fiero has a long list of standard features that includes fully independent suspension, rack and pinion steering, and more! It's a fun, affordable way to run for office and home agent!

Stock #28183 is a brand new 1986 Pontiac Fiero. This gold coupe is equipped with 4 cyl engine, 5 speed trans, tinted windows, mats, pulse wipers, rear defogger, tilt wheel, AM/FM stereo and more.

Now Just \$9850.00

9.9% APR GMAC FINANCING

PONTIAC 6000
 A serious car for the serious driver.

With such standard features as power-assisted rack and pinion steering, a fuel-injected four-cylinder engine and a road-hugging suspension, the 1986 Pontiac 6000 was built for the serious driver. But its low price was designed for the serious buyer!

Stock #28188 is a new 1986 Pontiac 6000 2-Dr Coupe equipped as follows: 55/45 seat, tinted windows, mats, pulse wipers, rear defogger, air cond., sport mirrors, accent stripe, wire trim, lamp group, AM/FM and more.

Was \$11,627.00
 Discount \$1,260.00
Now \$10,627.00

THINKING OF LEASING... THINK SCRANTON'S MOTORS THE LEASING EXPERTS

Scranton MOTORS, INC.
 ROUTE 83
 VERMON, CONN.
 872-9145

CADILLAC • OLDSMOBILE • PONTIAC • GMC TRUCKS

THIS IS YOUR PRICE: \$12,299*

THIS IS YOUR EQUIPMENT:

- Front wheel drive
- Dual electric remote control mirrors
- Rear window defroster
- Four-wheel independent suspension
- Electronic AM/FM stereo
- Interval wipers
- Front and rear stabilizer bars
- Electronic digital clock
- Speed control
- 3.0L electronic fuel injected V-6
- Split bench front seat with fold-down center armrest and dual recliners
- Tilt steering column
- Automatic Overdrive transaxle
- 6-way power driver's seat
- Lock group
- Power rack and pinion steering
- Electronic power windows
- Light Group
- Power front disc/rear drum brakes
- Exterior Accent Group
- Rocker panel moldings
- Air conditioning
- Cargo tie-down net
- Paint stripe
- Dual visors for front and side protection (driver's side)
- P205/70R14 all-season radials

THIS IS YOUR CAR: VALIANT

WE'LL MATCH OR BEAT ANY LEGITIMATE DEAL ON ANY NEW FORD, SO GET YOUR BEST DEAL AND THEN SEE US!

ORDER IN YOUR CHOICE OF COLOR. ONLY TITLE AND TAXES ARE EXTRA.

DILLON
 SINCE 1933
 319 Main Street (Across from Armory)
 MANCHESTER 643-2145

HAVE YOU DRIVEN A FORD...LATELY?

No blarney - just big savings!

Savin' O' the Green at WILE MOTORS!

Where you always get True Savings!

1985 Buick LeSabre Estate Wagon
 M.S.R.P. \$15,091
 True Savings \$3,088
Wile Motors \$11,995
 Sale Price

1986 Pontiac Fiero
 M.S.R.P. \$10,457
 True Savings \$882
Wile Motors \$9,895
 Sale Price

1986 PONTIAC PARIENNE
 4 dr. 4 cyl. fuel injected engine, PS, PB, AC, alloy wheels, cruise control, rear defogger, AM/FM stereo, power windows, power door locks, seat belts, 100,000 mile warranty. Stock No. 8714.
 M.S.R.P. \$14,100
 True Savings \$1,114
Wile Motors \$11,995
 Sale Price

1986 OLDSMOBILE CALAIS
 2 dr. 4 cyl. fuel injected engine, PS, PB, AC, alloy wheels, cruise control, rear defogger, AM/FM stereo, power windows, power door locks, seat belts, 100,000 mile warranty. Stock No. 8715.
 M.S.R.P. \$11,251
 True Savings \$792
Wile Motors \$10,495
 Sale Price

1986 BUICK SKYHAWK
 4 dr. coupe, 4 cyl. fuel injected engine, PS, PB, AC, alloy wheels, cruise control, rear defogger, AM/FM stereo, power windows, power door locks, seat belts, 100,000 mile warranty. Stock No. 8716.
 M.S.R.P. \$10,493
 True Savings \$792
Wile Motors \$9,695
 Sale Price

1986 PONTIAC 6000
 4 dr. 4 cyl. fuel injected engine, PS, PB, AC, alloy wheels, cruise control, rear defogger, AM/FM stereo, power windows, power door locks, seat belts, 100,000 mile warranty. Stock No. 8717.
 M.S.R.P. \$11,251
 True Savings \$792
Wile Motors \$10,395
 Sale Price

PLANNING TO KEEP YOUR CAR?

We'll make it look NEW in our modern body shop. Our experienced body men will get rid of those nicks, scrapes and dents that you don't want... we do it right, the first time.

Wile Motors
 FEATURING SERVICE BEYOND EXPECTATION
 ALL PRICES PLUS TAX AND REGISTRATION

NISSAN

HARDBODY HEAVEN IS 7.7% APR

*QUALIFIED NEW NISSAN TRUCK BUYERS UP TO 48 MONTHS.

When you look for a superior compact truck, look at our Nissan SE Regular Bed 4x4. It sports the largest V-6 fuel-injected engine in its class and tough four-wheel drive. The roomy cab is fully appointed for your enjoyment. The SE Regular Bed 4x4. It's what you've been looking for.

DECORMIER
 285 BROAD ST., MANCHESTER
 NISSAN

SAVE LOTS OF "GREEN" WITH AN OK USED CAR OR TRUCK AT CARTERS DURING THEIR ST. PAT'S CELEBRATION

USED CARS

83 CHEVETTE
 4 Dr., 4 Cyl., Auto, PS, R \$2,995

81 PLYMOUTH CHAMP
 2 Dr. Hatchback, 4 Cyl., Auto, PS, Stereo Cass., Sunroof \$3595

83 CHEV. CAVALIER
 2 Dr. Hatchback, 4 Cyl., Auto, AC, Stereo Cass., PS, R Defogger \$5995

82 FORD LTD
 4 Dr., V-8, Auto, AC, PS, PB, Tilt wheel, Cruise \$5795

84 CHEV. CHEVETTE
 2 Dr. Hatchback, 4 Cyl., 4 Spd., R. Rear Defogger \$4495

82 PONT. BONNEVILLE 'G'
 Brougham 4 Dr., V-8, Auto, AC, PS, PB, Windows and Seats, Vinyl roof \$6695

83 MERC. LYNX
 Cpe., 4 Cyl., Auto, Radio, Rear Defog \$5 SPECTRUM 4 Dr., 4 Cyl., 5 Spd., AC, Stereo, Rear Defog, Rust Proofed \$7795

84 CHEV. CAVALIER T-1000
 Coupe, 4 Cyl., Auto, AC, PS, Stereo \$3,995

81 MERC. CAPRI
 4 Cyl., Auto, AC, Stereo \$4,995

83 PONT. T-1000
 2 Dr., 4 Cyl., 5 Spd., Radio, Low mileage \$4,995

84 DODGE ARIES
 4 Door, 4 Cyl., Auto, AC, PS, R \$5,995

83 CHEV. CITATION
 4 Dr., 4 Cyl., Auto, PS, PB, Rear Defog Was \$5295 **NOW \$3895**

USED TRUCKS

79 DODGE RAM CHARGER
 Utility Van, V-8, Auto, PS, PB, Stereo Cass., 4 WD \$4,995

83 PLY. SCAMP PICKUP
 4 Cyl., 5 Spd., R. Side Rails \$4995

83 CHEV. EL CAMINO
 Super Sport V-8, Auto, AC, PS, PB, P Windows & Dr. Locks, Stereo Cass, Cruise, Loaded \$7795

CARTER CHEVROLET CO., INC.
 "A Good Place to Buy a Car"
 "Over 49 Years of Selling & Servicing Chevrolets"
 1229 MAIN ST. - OPEN EVENINGS 'TIL 8 - FRIDAY 'TIL 6 - MANCHESTER

MOBILITY BROTHERS

DEMO CLEARANCE

- Marquis Broughams
- Cougars
- Lynx
- Topaz

AT INVOICE
 ask your salesman for details

Plus: FREE Orlando Vacation!
 with any car purchased from now 'til March 25th includes hotel and tickets to Disney World

OVER 50 MAZDA
 Cars & Trucks to choose from!
 Plus: FREE Orlando Vacation!
 with any Mazda purchased now 'til March 25th includes hotel and tickets to Disney World

USED CAR SAVINGS!

- '83 Lincoln Continental fully loaded, leather interior, 17,000 mi. \$17,495
- '84 Buick Wildcat fully loaded, 28,000 mi. \$13,759
- '83 Chrysler LeBaron convertible \$8,395
- '83 Mazda 616 5 spd., air, am-fm, stereo, 30,000 mi. \$4,895
- '82 Toyota Tercel 5 spd., air, am-fm, low miles \$4,295
- '82 Llynx Wagon auto, am-fm, stereo, roof rack, 50,000 mi. \$3,295
- '84 Mercury Marquis 6 cyl., auto, air, am-fm, stereo, 100,000 mi. \$5,995
- '85 Llynx auto, ps, pb, am-fm, air, 45,995
- '84 Cougar auto, air, ps, pb, am-fm, 46,995
- '81 Buick LeSabre am-fm, rear defog, ps, pb, air, 44,995
- '81 Buick Regal am-fm, air, ps, pb 44,995
- '81 Mercury Lynx 5 spd., am-fm, nico car \$2,995
- '81 Buick Wildcat am-fm, air, ps, pb, 44,995
- '79 Lincoln Mark V DII Diesel Special Edition, leather, only \$4,995
- '79 Cougar 327 air, am-fm, radio, ps, pb, 44,995
- '83 Chevy Camaro 5 spd., 100,000 mi. \$11,995
- '83 Chev. Cavalier Wp., am-fm, roof rack, ps 44,995

CLASSIFIED ADVERTISING 643-2711

Rentals

41 ROOMS FOR RENT

Ladies Only - Nice, quiet room for senior citizen or working girl. References and security. Call after 5:30pm, 644-0383.

Gentlemen Only - Central location, kitchen privileges, parking available. Security and references required. 649-9227 or 569-3528.

Manchester. Completely furnished including stove, refrigerator & linens. \$50 weekly plus 2 weeks security. Call between 5-9pm, 646-9832.

42 APARTMENTS FOR RENT

Manchester - 5 room, 2 bedroom apartment, heat and hot water included. \$625 a month. Available April 1st. Call 647-7602.

Manchester - One bedroom Condo, desirable area, second floor. \$450 monthly. 528-0776.

One Bedroom Apartment For Rent - \$330 per month. Heat, hot water, appliances, no pets, security and references required. Call after 6pm, 644-8429.

Manchester - 5 Room duplex, 3 bedrooms, garage, central location. Appliances, carpeting, no pets. Available April 1st. \$600 a month plus security and references. 643-4067.

Manchester - Beautiful 5 room, 2 bedroom apartment in mint condition, great location, extra large rooms. Available April 1st. \$600 includes heat, hot water & garage. Singles welcome! Call Rose, 647-8400 or 646-8646.

Manchester - 5 room, 3 bedroom apartment. Available April 7th, \$415 per month plus utilities. Call 742-8628 evenings.

NOTICE TO CREDITORS
ESTATE OF
ALEXANDER KOCHIN, late of Manchester, deceased.
The Hon. Donald F. Auchter, Acting Judge, of the Court of Probate, District of Manchester at a hearing held on March 11, 1986 ordered that all claims must be presented to the fiduciary on or before June 14, 1986 or be barred as by law provided.
Mary Lou Taylor, Clerk

The fiduciary is:
Mary Mayvon Kochin, a/k/a Mayvon Kochin
215 Autumn St.
Manchester, CT 06040
030-03

INVITATION TO BID
Notice is hereby given that the Eighth Utilities District will receive sealed bids in the office of the Eighth Utilities District, 32 Main Street, Manchester, Connecticut, until 7:00 P.M. on May 12, 1986, for Package Insurance Coverage for 1986-87 at which time bids will be publicly opened, read and recorded.

Specifications and bid forms may be secured at the Dispatchers office, Fire Department, 32 Main Street, Manchester, Connecticut. The right is reserved to reject and all bids.

THOMAS E. LANDERS, JR.
INSURANCE COMMISSIONER
EIGHTH UTILITIES DISTRICT
017-03

BOLTON PUBLIC NOTICE

On Tuesday, March 25, 1986 at 7:00 p.m., the Bolton Zoning Board of Appeals will hold a Public Hearing at the Town Hall and hear the following appeals:

Appeal of Jacqueline Henault, 11 Southwood Ln., E. Granby, Ct. for an area variance to sections 78 and 7F in order to construct a 2-family dwelling on a lot at 145 Hebron Rd.

Request of Alex T. Urbanelli of 131 Hartford Rd., Manchester, Ct. and Dave Wilson of 37 Lyman Rd. to conduct a used car dealer business at 267 Hog River Road, Route 6, Bolton.

JOHN H. ROBERTS,
CHAIRMAN
ZONING BOARD OF APPEALS
027-03

INVITATION TO BID
Sealed bids will be received in the General Services' office, 41 Center St., Manchester, CT until 11:00 a.m. on the date shown below for the following:

- APRIL 1, 1986 - FURNISH & INSTALL NEW HYDRAULIC LIFT AT POLICE GARAGE
- APRIL 1, 1986 - PAINTING OF ONE (1) WATER TANK (ROCKLEDGE)
- APRIL 2, 1986 - TOWN-WIDE REFUSE COLLECTION

The Town of Manchester is an equal opportunity employer, and requires an affirmative action policy for all of its Contractors and Vendors as a condition of doing business with the Town, as per Federal Order 11246.

810 Forms, plans and specifications are available at the General Services' office.

TOWN OF MANCHESTER, CT.
ROBERT B. WEISS,
GENERAL MANAGER
016-03

43 HOMES FOR RENT

6 Room Cape with appliances. \$750 a month. 2 months security. No pets, quiet neighborhood. 643-6836.

44 STORE AND OFFICE SPACE

Office Space - Excellent location with ample parking. 600, 400 & 300 sq. ft. office suites are now available. 649-2891.

Manchester - Prime downtown store or office space. Approximately 1750 square feet with utilities. 648-1447.

Manchester - Industrial space, 1,500 square feet. Also 3,000 square feet storage. Tully Real Estate, 643-0005.

47 WANTED TO RENT

Construction Executive needs furnished 2 or 3 bedroom living facility for 4 months between 4/1 to 8/31 near Manchester area. Contact 1-513-732-5666 or 1-513-932-8837 evenings.

48 ROOMMATES WANTED

Manchester - Professional male/female, 30-40 to share large 2 family, cellar storage, washer & dryer. \$200 a month plus utilities. 643-6776.

For Sale

62 HOUSEHOLD GOODS

Protect Your Treasured Dining Room Table with custom fit table pads. Guaranteed. Superior workmanship. Some styles with decorator colors. I'll come to your home to measure your table with no obligation. Lisa, 236-1808, leave message.

DON'T KNOW anyone who wants to buy what you have to sell? Let a want ad find a cash buyer for you!

INVITATION TO BID

The Manchester Public Schools solicits bids for CUSTODIAL SUPPLIES for the 1986-87 school year. Sealed bids will be received until March 25, 1986, 2:00 P.M., at which time they will be publicly opened. The right is reserved to reject any and all bids. Specifications and bid forms may be secured at the Business Office, 45 North School Street, Manchester, Connecticut.

Sharon B. Preuss, Clerk
026-03

Colonial Miss For Sunny Days



26 INCHES 2602

This Colonial Miss measures 26 inches and is sure to delight the young lady! She's fascinating to make; nice to give!

No. 2602 has pattern pieces; face transfer; directions.

To order, send \$2.50, for each pattern, plus 50¢ for postage and handling.

ANNE CADOT
Photo-Guide Service
1130 Ave. of Americas
New York, N.Y. 10036

Print Name, Address with ZIP Code and Style Number.
SPECIAL: Over 200 selections and a FREE Pattern Section in the ALBUM. Just \$3.00.
Price \$2.00

62 HOUSEHOLD GOODS

Used Refrigerators, Washers, Ranges, Clean, guaranteed, parts and service. Low prices. B.D. Pearl & Son, 649 Main Street, 643-2171.

Like New 14 cu. ft. Industrial freezer. \$350. 649-9012.

SPRAY THAT stain away. Ballpoint ink stains on shirt pockets...other places, too...can be removed almost magically by spraying hair spray on the spot then washing in the usual way. Idle items around the home can be exchanged for cash, almost magically, when advertised in classified.

TV, 21" Black and white Zenith portable. \$45. Call after 6pm, 646-4618.

Excellent Coin Operated washer. Great for apartment house or home use. \$75. 649-4003.

63 MISCELLANEOUS FOR SALE

Broksonic Cordless Phone with memory. \$35. 643-6801.

Baby Walker. \$15. 646-5121.

ENDROLLS
27 1/2" width-256
13 1/2" width-2 for 256
MUST be picked up at the Manchester Herald Office before 11 A.M. ONLY.

8 Sections used stockade fence, 6' x 8' with post. \$75 for all. 643-1938.

Utility Trailer - 4 x 8, \$45. 10 speed Olympique, good condition. \$40. 2 Traxis rods, 12' 10", \$35. 643-9018.

NOTICE TO CREDITORS

ESTATE OF
JOHN K. CHRISTIAN, late of Manchester, deceased.
The Hon. Donald F. Auchter, Acting Judge, of the Court of Probate, District of Manchester at a hearing held on March 11, 1986 ordered that all claims must be presented to the fiduciary on or before June 14, 1986 or be barred as by law provided.
Mary Lou Taylor, Clerk

The fiduciary is:
Paul R. Marté
575 Main St.
Manchester, CT 06040
029-03

Court of Probate, District of Andover

NOTICE OF HEARING
ESTATE OF LARA MAY CHURCH COBB a/k/a
MAY C. COBB
Pursuant to an order of Hon. Norman J. Preuss, Judge, dated March 4, 1986 a hearing will be held on an application for the authority to sell a certain piece or parcel of land of private sale as in said application on file more fully appears, at the Court of Probate on March 27, 1986 at 1:30 p.m.

Sharon B. Preuss, Clerk
026-03

65 PETS

AKC Shetland Sheep Dog - 11 weeks old, male. Sable and white. Vet checked. Outgoing personality. Champion line bred. 742-6188 after 4pm.

AKC Golden Retrievers, ready 4/10/86 call 646-1263 after 5pm.

BUYER MEETS seller in the want ads...time after time after time! Read and use the want ads regularly.

66 MUSICAL ITEMS

Baby Grand, Mehlin. Excellent condition. Fine sound. \$5,950. For appointment, call 423-2668, please leave message.

Solid State AM-FM stereo. Multiflex receiver, BSR MacDonald Minichanger plus two speakers. \$39.44. 742-7497.

67 RECREATIONAL ITEMS

Pools! Pools! Pools! AAA pool distributor must dispose of entire stock of new, leftover, 1985, 31 ft. family sized swimming pools with huge sundeck, fencing, filter, ladders and warranty for only \$978. Installation optional and extra. Financing available. Call Paul at 721-1884.

Fold Up Ping Pong Table with net. \$25. Call 646-6810 after 5:30pm.

Remove mineral buildup from your teakettle by pouring in half a cup of white vinegar and one quart of tap water. Heat to rolling boil and let stand for one hour. Pour out solution, fill with water, boil again and discard. Add buildup to your budget by selling no longer used furniture and appliances with a low-cost ad in Classified. 643-2711.

68 ANTIQUES

HARTFORD ANTIQUES WAREHOUSE
Open Tues.-Sat. 10am-5pm
243 Farmington Ave., Hartford
525-6785

NEVER PLACED a want ad? There's nothing to it... just dial 643-2711.

69 TAG SALES

Indoors - Saturday, March 15th, 10am-4pm. 81 Bissell Street. No previews.

Automotive

71 CARS/TRUCKS FOR SALE

1975 Camaro - 350, automatic, power brakes & steering, Monroe shocks, spoke wheels, alarm system, AM/FM stereo, Jensen speakers. Excellent running condition. Call after 5pm, 644-3050.

1972 Mustang - 6 cylinder automatic, power steering. Runs, but needs work. \$250. Call 643-7237 after 6pm.

1979 Ford Cube Van - Runs great, body needs work. \$1,200 or best offer. See at Al Steffer's, 445 Hartford Road, Manchester.

Not all the news is on the front page! There's lots of new information in the Classified section. 643-2711.

CARS/TRUCKS FOR SALE

75 Camaro (excellent condition.) Best offer. Call 228-3227.

1980 Chevy Citation - Blue. Automatic, air, high miles. Good condition. \$1,195. Call 646-2796.

1973 Volkswagen Super Beetle - 3 speed automatic. Very good condition. New paint job. \$750. 646-1525.

72 MOTORCYCLES/BICYCLES

Bike for Sale - 20" Huffv. \$25. Call 647-7366 after 5pm.

76 MISCELLANEOUS AUTOMOTIVE

Ladder Rack for Pickup truck with 8 ft. bed. \$250. Call 647-9710.

TAKE A CHANCE IN THE

"WE'VE GOT YOUR NUMBER" CONTEST

STARTING MARCH 14th!

To Every 5th, 10th, 15th and 20th Caller... who speaks with our classified ad department between 8:30 a.m. and 5:00 p.m., Monday through Friday, we'll give away a free classified word ad for a maximum of six consecutive days.

Every 150th, 200th and 300th Caller... will receive a grand prize of Dinner for Two at one of the following restaurants of their choice:

- FIANO'S • WONGS
- THE ADAMS MILL
- VITO'S BIRCH MOUNTAIN INN

In order to qualify, simply call and speak with one of our classified representatives to learn if you are a LUCKY WINNER.

643-2711

ONLY IN THE

Manchester Herald

WE'RE GIVING AWAY...

FREE CLASSIFIED WORD ADS

PLUS "3" GRAND PRIZES

Call Now and Win!

CONTEST DATES
MARCH 14th - 31st

NON-COMMERCIAL ADVERTISERS ONLY.

... New paint job: \$750.
1525.

2 MOTORCYCLES/
BICYCLES

... for Sale — 20" Huffy.
Call 647-7366 after
noon.

6 MISCELLANEOUS
AUTOMOTIVE

...der Rack for Pickup
...ck with 8 ft. bed. \$250.
1 647-9710.

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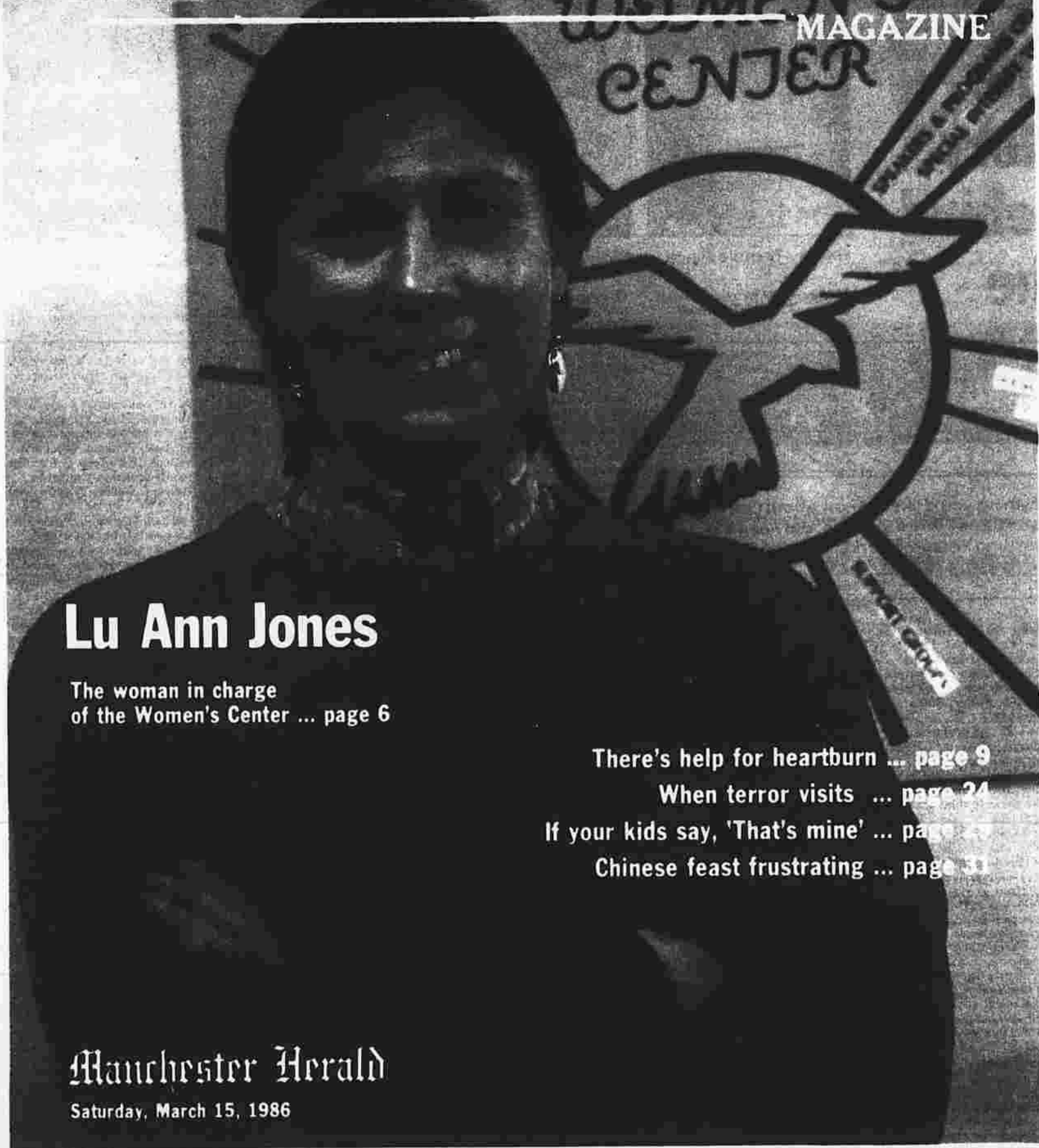
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MAGAZINE



Lu Ann Jones

The woman in charge
of the Women's Center ... page 6

- There's help for heartburn ... page 9
- When terror visits ... page 24
- If your kids say, 'That's mine' ... page 27
- Chinese feast frustrating ... page 33

Manchester Herald

Saturday, March 15, 1986

The story behind the story

By Josie

Anything you'd like to know about prominent personalities? Write to: Josie, Between the Lines, King Features Syndicate, 235 E. 45th St., New York, N.Y. 10017.

Q. During the "Christmas in Washington" special, I was captivated by the beauty and talent of Christian singer Amy Grant. Could you tell me about her? Roy L. Foster, Baton Rouge, La.

A. She's 25, the youngest of four daughters of a radiologist and his wife, was born in Augusta, Ga., and raised in Houston and Nashville, where she still lives. In third grade, she began to play the piano; by the age of 13, she had learned guitar as well.

Her family wasn't especially religious and she didn't listen to church music or sing in a choir when she was growing up, but while at prep school, she had a religious experience that would alter the course of her life...and her career.

Her sister's date invited her along to a Bible study meeting, and that night, as she described it later, she and the Bible connected in a way they never had before. She decided to sing about it and began to write songs.

The next year, when she was 15, she was working in a Nashville studio, sweeping floors and cleaning tapes, when her big break materialized. A



Shirley Temple Black

Q. Please answer one question for me. Was Shirley Temple ever married before she became Mrs. Black? Mrs. L. Sigurdson, Albert Lea, Minn.

A. Yes, she married then-Sgt. John Agar Jr. in 1945. He later became an actor, they had a daughter and were divorced in 1949. She married businessman Charles A. Black in 1950.



Nicholas Rowe

Q. I know I've seen the actor who plays Sherlock in "Young Sherlock Holmes." I can't remember where, though. Can you help me? Brian Cavill, Haledon, N.J.

A. Perhaps you've seen Nicholas Rowe in Edinburgh, Scotland, where he was born, or Eton, from which he graduated in 1984. Maybe Bristol University, which he's currently attending, or even hanging around Parliament — his father is a member. But with the exception of a small role in the film "Another Country," he hadn't appeared professionally before "Young Sherlock Holmes."



Finola Hughes

Q. Can you please tell me anything about actress Finola Hughes from "General Hospital"? Kim Locke, Port Paxton, Nfld.

A. She's 25, from London, where her father has long been a taxi driver. She's been dancing since the age of 3 and made her professional debut at the age of 11, as a dancing gnome in the opera "Falstaff" at Covent Garden.

While in her teens, she began to appear regularly on British TV shows and onstage in London. Later, she joined the Northern Ballet Company and toured the country with it before returning to London and a dancing role in the film "The Apple" and the TV variety series "The Monte Carlo Show."

Her big breaks came courtesy of two Andrew Lloyd Webber musicals, "Cats" and "Song and Dance." She was a featured dancer in both original London productions. They led to her discovery by Sylvester Stallone, who cast her as the snotty British star in the movie "Staying Alive."

That movie bombed, so it didn't make her the major Hollywood star that some expected her to become. But it did lead to her role on "General Hospital," and according to one of her reps, she's quite happy to be there and plans to remain.



Bryan Adams

Q. Bryan Adams is my absolutely favorite singer. Could you tell me anything about him, like where he grew up and what he's doing now? Lisa Gugliotti, Waterbury, Conn.

A. He was born 26 years in Kingston, Ontario, Canada, to British parents and grew up in England, Portugal, Israel and various other places before his family settled in Vancouver, British Columbia, when he was 15.

The following year, he began his slow road to the top by playing drums with various local club groups, and then started to write songs. Eventually, his and collaborator Jim Vallance's songs would be recorded by artists such as Bachman Turner Overdrive and Bob Welch, and in 1980 his first solo album, "Bryan Adams," was released.

The next year, his album "You Want It — You Got It" was released. The next few years were taken up with touring, recording his third album, "Cuts Like a Knife," more touring, and then recording his most recent album, "Reckless," which includes, as you probably know, a scorching duet with Tina Turner on the song "It's Only Love."

Recently, he's been lying low in Vancouver, where he still lives, writing material for the next album, which should be out by the fall. Then, according to his manager, he should be back on the road into the New Year.



Amy Grant

record producer heard one of the tapes she'd made of her songs and immediately arranged a record contract. Two years later, in 1977, her debut album was released, and her blend of pop/rock format and Christian lyrics was an immediate success in the Christian community.

Followup albums such as "Age to Age" and "Straight Ahead" seem to have a permanent place on the inspirational music charts, as does her newest album, "Unguarded."

In the process, she's also won three Grammy Awards and sold out large arenas such as New York's Radio City Music Hall — places that usually don't sell when, and even if, Christian singers play them.

And now, "You wouldn't believe the kind of response she's getting," explains an associate.

She plans to embark on her first major national tour this month. When the Grant troupe travels, it's a bit different from most acts. Her band members are all Christians as well and usually meet for prayer each evening before taking the stage.

Weekend Plus Magazine

Saturday, March 15, 1986



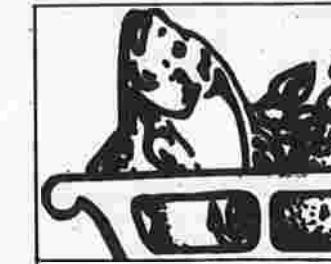
6



9



27



30

- 28 **The Curious Shopper:** It's possible for shellfish to get cancer.
- 29 **Insights into Childhood:** Possessiveness: it's mine, it's me.
- 30 **Dining In:** Flounder has many tasty varieties.
- 31 **Dining Out:** A feast at On Luck can prove frustrating.

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2 **Between the Lines:** The story behind the story.

4 **Sexuality:** Karezza, a sexual technique, is explored in the Kinsey Report

6 **Cover Story:** Lu Ann Jones runs Manchester Community College's Women's Center.

9 **Medicine:** Heartburn isn't any joke.

10 **Exercise:** You can improve your office posture.

11 **Tax Tips:** Support test determined by what you pay ... Not all items are taxable.

12 **At the Movies:** There's glory in "16 Days" ... Isak, Nora and mostly Meryl ... Film capsules.

13 **Weekend Television:** An eight-page pullout section with program schedules for Saturday and Sunday ... TV puzzle ... TV nostalgia ... Gail Palmer's X-rated videos ... A new sitcom from the creators of "Cheers."

21 **Musie:** Canadian artists earn "diamond" status ... Turntable tips.

22 **Trends:** Crime victims are beginning to fight back.

23 **Profile:** Kathleen Johnson of Bolton.

24 **Behavior:** When terror pays a social call. Panic attacks are treatable.

27 **The Image Workshop:** No need to be ashamed if you can type.

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Do you have any questions or comments about Weekend Plus Magazine? We'd like to hear from you. Please address your letters to: Weekend Plus Magazine, P.O. Box 591, Manchester, Conn. 06040.

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Karezza means controlling arousal

Technique better described as reaching many different peaks

By Dr. June M. Reinisch

DEAR DR. REINISCH: Someone told me about a sex technique called "karezza" where the man can have many orgasms without ejaculating. Where can I learn more about this? It sounds ideal for male birth control.

DEAR READER: Karezza is usually described as controlling ejaculation for long periods of coitus, during which erection and arousal are maintained. But it doesn't include multiple orgasms, in the sense of a complete spasmodic release of muscular and cardiovascular tension.

The earliest references to karezza (assumed to have originated in the Persian empire 5,000 years ago) are found in early Chinese and Indian writings. Perhaps karezza is better described as reaching many peaks of arousal, but only one or no orgasms. Furthermore, it wouldn't be an effective method of birth control because the fluid that appears on a man's penis during arousal (a different fluid than ejaculate or semen) can contain viable sperm.

There are several philosophies that link religious or spiritual enlightenment with specific sexual activities. Most modern forms of these sexual philosophies are based on ancient writings or art. Examples of modern versions include some forms of Taoism or Tantric Yoga.

Even though we generally think of these types of religions and sexual practices as being exotic, one American group taught a type of male ejaculatory control. The Oneida Community, a religious and utopian community that existed from 1840 to 1880, practiced a technique called "male continence," which its founder described as similar to rowing near a waterfall but avoiding "going over the falls."

Many descriptions of karezza (and other methods of prolonged coitus without ejaculation) are similar to the techniques used in modern sex therapy to treat premature ejaculation. Those so-called "stop-and-start" and "squeeze" methods also teach a man to focus on how his body feels right before ejaculation and then to be able to stop moving, maintain arousal, then restart movement again for longer and longer periods of time.

A trained sex therapist could explain the steps involved in learning the "stop-and-start" method. Also, many large cities have groups that claim to practice various forms of



Taoism or Tantrism, if you wish to learn more about the religious aspects of karezza.

Not effective

DEAR DR. REINISCH: In a recent column, you were asked if you could list 15 types of birth control. On that list you included withdrawal and douching. I feel they are so ineffective as birth-control methods that they shouldn't even have been mentioned.

DEAR READER: I agree with you that coitus interruptus (more commonly called withdrawal) and douching are not effective methods of contraception. In fact, I said they were two of the three least-effective methods on a list of 15.

But I disagree with you about whether these techniques should have been mentioned. First, regardless of how ineffective they are, some people use these methods or have heard about them. They have the right to know that there are other methods that are more effective.

Moreover, these techniques appear to reduce the conception rate somewhat. For example, for every 100 women of childbearing years who use withdrawal for a year, 23 become pregnant; and, for every 100 women who use douching for a year, 40 become pregnant. These rates compare with a conception rate of 90 out of 100 women who leave the matter entirely to chance for a year.

Although these conception rates are a great deal higher than those for women who use more effective methods, such as birth-control pills (two pregnancies per 100 women per year), statistically they are better than nothing.

Physical needed

DEAR DR. REINISCH: How long does a woman have to keep going for those gynecology exams and Pap smears? I'm now 70, and most of my friends don't go anymore. It always makes me a nervous wreck. I dread them so.

My current doctor was so rough, I was black and blue the

next day. I told him about it on the next visit and he said he just wanted to be thorough. But I did notice he's more gentle now.

He wants me to be checked every six months instead of once a year. I thought that after five children and all these years I could just skip it.

DEAR READER: You'd be taking an unnecessary risk to stop having regular pelvic and breast exams, and Pap tests at your age. The incidence of cancer of the cervix, the endometrium and the breast increases after menopause.

The American Cancer Society recommends annual breast and pelvic examinations for women 40 and older, and some physicians recommend more frequent exams if a woman is known to be at higher risk for certain diseases. For example, one of the risk factors for cervical cancer is having many pregnancies, so perhaps that's why your doctor has put you on a six-month schedule. Ask him at your next visit.

And good for you for complaining about rough treatment! You may be having some atrophy and thinning of the vagina (from reduced levels of estrogen after menopause). This may make an examination more difficult than when you were younger.

All women should insist on having the most gentle examination possible. There are several sizes of speculums (the instrument inserted in the vagina), so if a physician tries one and you feel pain, ask him or her to try a smaller one. Or, if you feel pain during the examination, say so. Ask the physician to proceed more slowly and gently.

If your requests are ignored (and no explanation is given for the pain, such as a particularly tender ovary), change physicians immediately and tell the new one why you changed.

Also, encourage your friends to get examined regularly. For most women, cancer detected in an early stage can now be successfully treated.

Venereal warts

DEAR DR. REINISCH: How are venereal warts treated? The last time I had them I went to a health center every few days to have them "painted." It was embarrassing, but the doctor said that the drug couldn't be given for home use.

Now the warts are back. Why can't they be frozen or cut off? What kind of doctor could do that type of procedure?

“ Even though we generally think of these types of religions and sexual practices as being exotic, one American group taught a type of male ejaculatory control. ”

DEAR READER: Treatment of condylomata acuminata, or anogenital warts, varies depending on the site of the warts and other factors.

Although podophyllin (probably the drug used to treat your first occurrence) is widely used, it's not always effective and does require application by a physician or other medical personnel. Furthermore, experts recommend that podophyllin not be used by pregnant women, that it not be applied to warts on a woman's cervix or to very large warts, and that the once or twice a week "paintings" not continue for longer than one month.

Some form of surgical removal should be considered when a person cannot be treated with podophyllin or when the warts have not disappeared after a month of podophyllin treatment.

Surgical techniques vary, depending on the location of the warts. Warts on the penile shaft, for example, can be removed with electrocautery (heating) and curettage. Cryosurgery (freezing and removing) and laser surgery have been used successfully on other genital sites, including the cervix.

You need to know, however, that in one study of cryosurgery, it took an average of 3.4 weekly procedures before the warts were completely removed. So this treatment may also involve repeated visits to the doctor of a clinic.

If you wish to investigate alternatives to podophyllin treatment, consult a physician or clinic that specializes in sexually transmitted diseases. Then, if surgery is thought appropriate for your warts, ask to be referred to a dermatologist (skin specialist), a plastic surgeon, or other specialist with experience at removing urogenital warts.

Lab test needed

DEAR DR. REINISCH: My husband had a vasectomy a year ago. He had his sperm count checked at six weeks and at nine weeks and still had sperm in the ejaculate.

He's decided not to go back for any more sperm counts. He says

he must be sterile by now, so we're not using any birth control. I'm not sure about this, and feel great relief every time I start my period.

Are the sperm gone by now?

DEAR READER: The only way to be certain that a man is sterile is for there to be no live sperm in the semen. Until a laboratory has confirmed a zero sperm count, couples must use some form of contraception if they don't want a pregnancy.

Even though most men have zero sperm counts by the time they've ejaculated 10 to 15 times after a vasectomy, this varies, and tests should be repeated until a zero count is confirmed. A man found to have live sperm in his ejaculate three months after a vasectomy should be re-examined and should consider having a second vasectomy. In fewer than 1 out of 100 vasectomies, a nerve or blood vessel is cut instead of the vas deferens (the tubes that carry sperm from the testicles to the ejaculatory duct). And, in 1 of 100,000 cases, a man is found to have a second vas, which is not noticed during the first procedure.

Some physicians also recommend having a final "safety check" sperm count one year after the vasectomy. This is to determine if the cut ends of the vas deferens have recanalized (spontaneously generated an alternative route through which sperm can move). This occurs in about 1 percent of all vasectomies. ■

Send questions to Dr. Reinisch in care of the Kinsey Report, P.O. Box 48, Bloomington, Ind., 47402. Volume of mail prohibits personal replies, but questions of general interest may be discussed in future columns.

It's crucial to give yourself permission

By Dr. Judith Kurlansky

The woman was angry. "Why," she demanded of me, "do you waste your time telling women how to have orgasm? Who cares?"

My answer: lots of women. Despite the plethora of how-to manuals, articles and therapy programs in the past several years on the subject, many women are still unsure or unhappy about orgasm.

So it's important to talk about it. I'm sure you would agree if you persistently received letters like this one from Daphne in Ontario:

"I'm 28 and get disgusted with myself. I can't have an orgasm. I think about sex, and I get excited with my husband, but it never goes over that hill. He doesn't complain, but I want to satisfy him. What can I do?"

Please don't put yourself down. You can learn to let yourself go, like eight out of 10 women who attend only 10 therapy sessions. These are the critical steps:

Know your body. Look and touch everywhere without

criticizing. More women than you probably imagine are particularly embarrassed and unfamiliar with their genitals (or cringe at the word). Appreciate them.

Find your "hot spots." Notice the places (upper thighs, stomach) that feel good. What touch do you like?

Give yourself permission. Did you learn — from your parents or religious teachings — that sex or certain acts were bad or wrong? Tell yourself "yes" instead of "no," especially when you near the point of high excitement. Don't stop, but yield to your natural responses.

Face fears. Some women dread the very reaction they crave. Picture a happy outcome instead of disappointment, his leaving you or you "losing" yourself. If you get frightened in the middle, stop, but resume love-making again.

Experiment with self-stimulation. This suggestion undoubtedly raises some people's ire, but research shows it key to releasing your sexual response.

Fantasize. What are the thoughts or story plots that

excite you? Don't censor them. Besides the pain of not having orgasm at all, many women still suffer because they cannot reach the peak of excitement with their partner.

Like Fern from Ohio: "I'm 44 and my husband is 51. We've been married 28 years, but I never had an orgasm with him. I use a vibrator, but that is not a substitute and I can't use it in front of him. I don't want to find another man, or him to find another woman, so what can I do?"

If you can have orgasm at all one way, you can learn another way, with a partner.

Relax with him. Many women are actually embarrassed to let their partner see them excited. Practice trusting him, by imagining when you're alone, making noises or moving as you like, that he is there, accepting and appreciating.

Respect your current responses. There is nothing wrong with using aids. But if you insist on intercourse alone, train yourself by removing the aid just at the point of near-release.

Control your thoughts. Many

women torment themselves with expectations and judgments, like "I'm not doing this right," "He's not having a good time" or "I'm taking too long." Replace those with supportive and pleasurable thoughts like "I can enjoy this," "He likes it" and "He loves me."

When in doubt, ask. Rather than wonder what your partner is thinking or wanting, ask him. Show and tell. If there's something you like, let him know.

Indulge fantasies. Either privately imagine your favorite scenes or share them.

Let yourself go. This is more important than any practice or imagining. Give in to feeling good. Play. Enjoy each other. Experience loving and being loved. After all, that's what love-making is about. Your orgasm will come naturally.

Remember: He doesn't turn you on, you do. Don't score yourself. Enjoy whatever happens.

Orgasm comes not out of stimulus and response, or doing the "right" thing, but out of loving — yourself and each other. ■

Dr. Kurlansky is a clinical psychologist and certified sex therapist in New York City. Send your questions to Dr. Judith Kurlansky, care of Weekend Plus Magazine, P.O. Box 591, Manchester, Conn., 06040.



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"The thing I can do best is listen to what women are really telling me," says Lu Ann Jones, the director of Manchester Community College's Women's Center.

Reginald Pinto/Manchester Herald

Lu Ann Jones at the helm

By Nancy Pappas

It's 9 o'clock on a Monday morning. Lu Ann Jones is seated at the director's desk in the Women's Center, a two-room suite on the second floor of the Lowe Building at Manchester Community College.

She is surrounded by magazines and books, filing cabinets and women — some with heads sitting squarely on their shoulders, and some without.

Those who seem to have lost their heads are the ceramic torsos sculpted by artist Rachel Miller. They hang in the center's

Nancy Pappas is a reporter for the Manchester Herald.

"gallery" — an exhibit space Jones established along three walls of the same long room. The room also houses a women's resource library, three desks and the vinyl-covered sofas and chairs.

Those with their heads on are, by and large, MCC students and staff members. They are teenagers and grandmothers. They come into the Women's Center to browse through the lending library, take a seminar, meet with a counselor or just relax with a cup of coffee in the lounge.

Above their heads, few of Miller's china bodies seem in repose. Most appear charged with energy, as if ready to whirl and twist right off the walls on which they hang, if only

someone would let them.

□ □ □

Many women who drop in at the center are in a similar situation, says Jones. She's been director of the center for six months.

"A lot of times they are right on the brink of doing something, getting at something that's terribly important in their lives," she says. "They just need a supportive place, someone to talk to. They need that one assist. We have to make this that place."

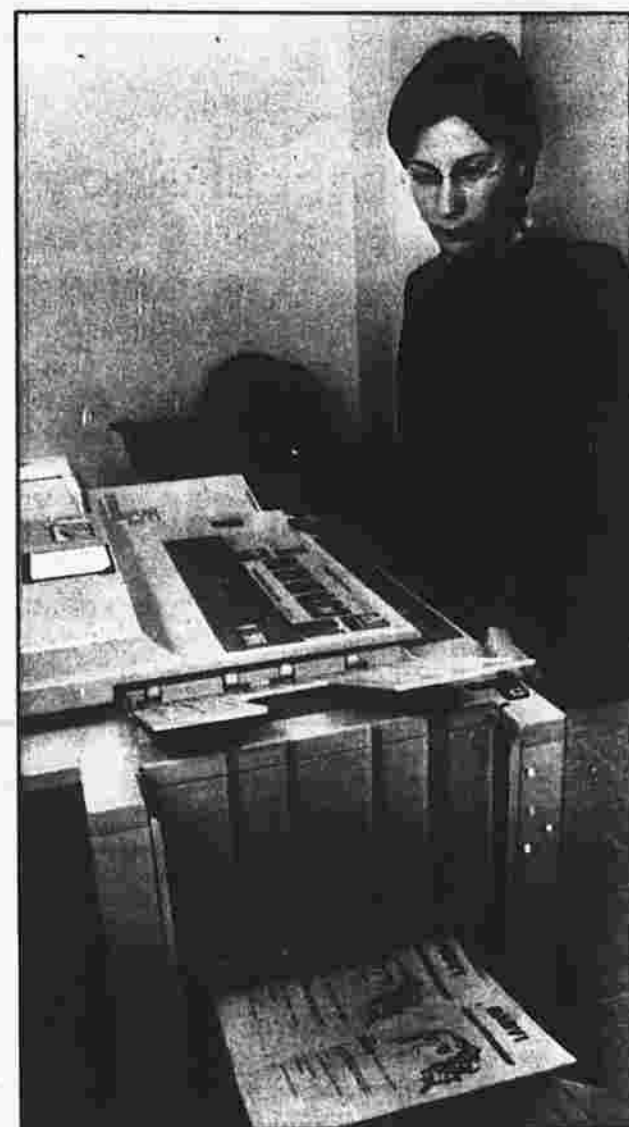
It's hardly a radical introduction to the work of the MCC Women's Center. No one is singing "Solidarity Forever," or carrying banners bearing feminist slogans.

But 13 years ago, the very existence of a multi-purpose room like this one was a matter of great controversy at MCC.

"It was very difficult to get it (a women's center) onto the campus at all," says Pat Wilson, co-director of the YWCA Nutmeg Branch, who sits on the Women's Center advisory board. "About a dozen years ago, it was seen as a very radical place. People acted as though putting in a women's center was the first step toward revolution."

Since those days, there have been literally dozens of seminars on divorce and assertiveness. Hundreds of women have participated in

Continued ...



Al Tarquinio/Manchester Herald

The Manchester Community College Women's Center is short-staffed, so Lu Ann Jones, the director, usually does the copying herself.



Reginald Pinto/Manchester Herald

Jones adjusts one of the pictures which hangs in the 'gallery' she has established in the Women's Center.

Her voice is quiet, effective

... Continued

consciousness-raising groups. The perception of the Women's Center as a radical and possibly even a dangerous place has turned around completely.

"When the administration discusses budget cuts, they no longer even consider eliminating the Women's Center," says Beverly Hounsell, MCC's associate dean for student affairs. "It's really come of age, as an established part of campus life. It is definitely no longer 'fringe.'"

On the other hand, Jones' position is funded for only 17½ hours per week. Janet Hollis Beers, a Manchester psychotherapist, was hired last month to be a co-director, lead support

groups and coordinate other services — but she is paid for just eight hours per week. "The administration says that it is supportive, but how much is it willing to support?" asks Beers. "We're not going to make much of an impact when two of us share only 25 hours of director time a week."

□ □ □

The choice of Jones as coordinating director of the center reflects a shift toward serving community women. In her work as a journalist and an oral historian, she's honed her interviewing skills.

Supporters say she's an energetic advocate for women, an excellent listener, and a quiet but effective agent of change.

"She is soft-spoken. She is not the strident presence which some people associate with a women's center director," says Hanna Marcus, the town of Manchester's director of human services. Marcus, with Wilson, is on the advisory board for the center. "She is very low key and yet very assertive. To me, she affirms the fact that the Women's Center is somewhat past the militant, rather aggressive phase, and that is very appealing to me."

It is an irony that the move toward "middle of the road" that so appeals to Marcus and others in the community has created a tremendous problem for this, and many other, women's centers. Across the nation, people are declaring that

feminism is dead — or at least dormant.

□ □ □

"Women's centers are at a turning point," says Jones. "What's the mission of a women's center today? Haven't we all gotten our consciousness raised? Don't we all know that the men are supposed to help with the dishes?"

To Jones, however, a woman's role in the community is still a difficult one. "We have more choices, that's true. But we also have all of the old 'jobs' to do. We are going to get married and raise children, as well as go to college, hold down responsible jobs and do magnificent

Continued ...

Center has come of age

... Continued

needlework. Kind of ridiculous, isn't it?"

Jones, who has been married for six years, believes that the wave of radical feminism which raised the consciousness of men and women across the nation is, indeed, past. But the women's centers on college campuses still are a vital part of student life, as they work on what she calls "the enabling wave."

"This is the time to give people the skills to make the changes they're needing to make," she says.

Courses on assertiveness, math phobia and skills for test-takers have been organized by the Women's Center, although many of the participants were men. This month's seminars on women's health issues have filled the Women's Center to capacity — or a little beyond — with students and women from the community.

Jones has a knack for offering the right programs at the right times, says her boss, Dean Housell. "In the past they've



Reginald Pinto/Manchester Herald

Lu Ann Jones stops to talk with Kathie Kleczkowski of Niantic, an MCC student, who is reading in the Women's Center lounge.

had some really good programs at the center, and they just weren't that well attended," Housell says. "That can be worse than offering no programs at all. It doesn't do the students any good, it's

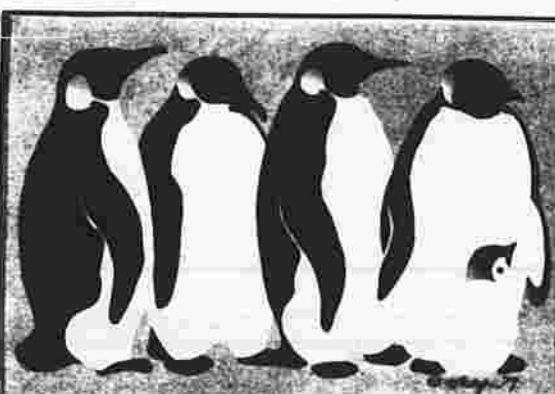
discouraging to the staff members who work to pull it together, and it's embarrassing for the speaker."

"Lu Ann seems to have a really good sense of what's on the minds of women. So when

she puts on a program, there are plenty of people who want to attend."

For Jones, the danger is to try to be all things to all people. "We simply cannot offer everything we'd like, in the time we have,"

she says. "There is so much we'd like to do, but we're already spread pretty thin. So we help people find the place for them, find the answers they need, even if this is not the right place." ■



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People laugh about it, but it's no joke if you're a sufferer.

Heartburn hurts and hurts ...

By Sheila Dyan

Did you hear the one Buddy Hackett tells about when he did a stint in the Army? Going from Jewish home cooking to military cuisine created quite a shock to his system, he said. In fact, he woke up one morning and thought he was going to die — his fire had gone out.

You can laugh, but if you've ever experienced significant heartburn, you know it's no joke. That gnawing, burning sensation that starts in the middle of the chest and radiates up toward the neck can be occasional and fleeting, or it can be often and persistent, causing discomfort after meals and disturbing sleep.

Hackett was somewhat unfair to his mother in blaming his heartburn on her chopped liver, because chronic heartburn is the result of a leaky valve, not schmaltzy food, although some foods can contribute to the problem.

The term "heartburn" is not actually related to the heart itself, but rather to the position of the discomfort, which is the chest area, relatively near the heart.

Robert S. Fisher, M.D., professor of medicine, co-chief of the gastroenterology section and director of the new Functional Gastrointestinal Disease Center of Temple University School of Medicine, explains the mechanism for heartburn:

"At the end of the esophagus is a valve — the lower esophageal sphincter — which is normally closed. As (swallowed) food approaches, it opens, allowing the food to enter the stomach, and then the valve closes. Once the food enters the stomach, the stomach secretes (digestive agents) — acid and pepsin.

"If the valve is incompetent

— loose —, digestive juices leak into the esophagus, causing inflammation or irritation of the lining of the esophagus, which causes a burning feeling below the breastbone, radiating toward the neck."

This mechanism is called gastroesophageal reflux. The result is reflux esophagitis, an irritation of the lining of the esophagus, commonly known as heartburn.

More severe symptoms of reflux esophagitis include regurgitation of sour or bitter fluids (usually during sleep), shortness of breath and recurrent lung infections due to aspirations, difficulty in swallowing, weight loss resulting from decreased food intake, and even anemia due to esophageal bleeding. Bleeding can show up in bowel movements, causing maroon or black, tarry stools, or a patient can vomit blood.

If your symptoms are this severe, you should see a doctor. Less severe, occasional heartburn, however, is often patient-treated.

It is important to note that there are some other conditions which mimic heartburn, including peptic ulcer, gallstones and coronary insufficiency.

So, again, if the heartburn is severe, Dr. Fisher suggests that you consult with a physician for diagnostic testing, especially if you are over 40.

There are several factors to be considered when treating heartburn, including intraabdominal pressure which could provide the force to produce gastroesophageal reflux, agents which can chemically or hormonally decrease the lower esophageal valve pressure, irritating foods and stomach secretions.

Two of these factors are at work in pregnant women, more than 50 percent of whom suffer from heartburn in the fourth through the ninth month of



pregnancy. Not only is there extra intraabdominal pressure straining the lower esophageal valve, but an elevation of certain hormones during this time may cause the valve to relax.

Experts suggest the following for relief of heartburn.

1. Keep intraabdominal pressure down by:

- Eating smaller meals.
- Avoiding bedtime snacks.
- Avoiding clothing that is binding around the abdomen, such as tight belts and girdles.
- Losing weight if you are obese, as there is some suggestion that overweight people may have increased intraabdominal pressure.

• Avoiding lifting or straining. If you do lift something heavy, keep your knees bent, as if you had a bad back.

• Sleeping with the trunk of the body elevated. This can be accomplished with the use of a hospital bed, or, less expensively, by elevating the head of the bed six to eight inches with juice cans filled with sand, wooden blocks, wedges and such.

Dr. Fisher explains that reflux is often more severe when you sleep because not only is gravity against you when you lie down, but you swallow only two or three times and hour when you sleep, as opposed to 90 to 100 times an hour when you are awake. When you swallow, the esophagus contracts and this action carries the secretions

downward into the stomach.

2. Avoid agents which decrease valve pressure (these are foods and drugs that chemically cause the lower esophageal sphincter to relax and therefore become leaky) by:

- Eating less fatty foods.
- Avoiding chocolate and mints. (It should be noted that obese people lose weight by decreasing the intake of fatty foods and chocolate, says Dr. Fisher. Avoidance of these agents, therefore, may be effective on two levels to reduce heartburn.)
- Not smoking (nicotine is the offensive agent here).
- Avoiding large quantities of alcohol.
- Avoiding certain medications, such as anticholinergics and those containing xanthine. Some medications used to diminish spasms in the smooth muscles of coronary arteries and abdominal organs may relax the valve. Check with your physician regarding medications you may be taking.

3. Avoid irritating foods and drugs. There are foods and drugs that may directly irritate the lining of the esophagus and should be avoided if they cause symptoms. These include: aspirin and some other non-steroidal anti-inflammatory drugs such as ibuprofen; coffee; garlic and onions; tomatoes; citrus juices and fruits;

and carbonated and hot beverages.

4. Decrease or neutralize gastric secretion by:

- Eating regular meals.
- Avoiding distressful situations when possible, as distress can increase stomach secretions.
- Taking an antacid for neutralizing stomach acid.

In discussing antacids, Dr. Fisher says that liquids are generally more effective than tablets. A dose one hour after meals and before bedtime is the suggested usage.

When choosing an antacid, besides the form, the content should be considered. Some antacids (specifically liquids over tablets) have a stronger buffering capacity than others (they can neutralize more acid per dose), and some antacids are salt-free, an important consideration for those on low-salt or salt-free diets.

Some antacids have magnesium as a major component, which can cause diarrhea. Others have aluminum as a major component, which can cause constipation.

An ingredient found in some antacid preparations is alginic acid, which is made from seaweed. This foams in the stomach, providing, ideally, a mechanical barrier which may prevent or diminish the acid from shooting back up the esophagus. "In some people, it works," says Dr. Fisher. ■

Sitting pretty | It's not hard to maintain good posture during office hours

By Jodi Vernon

The majority of our day is spent sitting. We sit for meals, we sit on the job and, when we come home, we sit some more. Unfortunately, however, most of us don't realize that there is a wrong and a right way to sit and that sitting incorrectly can lead to a variety of ills.

For example, how you sit can determine whether or not you'll be one of the 80 percent of Americans who suffer from back pain. And, if you already have back pain and sit incorrectly for prolonged periods of time, you're probably aggravating the problem by placing continuous stress on the back area.

Prolonged sitting in itself can be hazardous, too, according to C. Hunter Montgomery, president of the American Occupational Association, because it can decrease the circulation in the legs. And say Laurence E. Morehouse, Ph.D., and Leonard Gross, authors of "Maximum Performance," "Anything that prevents a change of posture or motion while sitting is fatiguing."

The authors also point out that passive sitting slows the flow of blood to the heart, "which eventually can affect brain functions."

So how do we counteract health problems when we're tied to a desk eight hours a day? By learning to sit more like children is one solution, say experts. Children twist, squirm, lean, bend and shift their bodies from side to side as they sit. These movements keep the blood flowing and relieve the harmful pressure on the pelvis and lower

breaks during office hours for employees who must sit for long periods.

Next, evaluate your chair, say Morehouse and Gross: "After your bed, the chair you work in is the most important piece of furniture in your life."

Exactly how important is the proper chair? Dr. Lionel A. Walpin, clinical director of the Department of Physical Medicine and Rehabilitation at Cedars-Sinai Medical Center in Los Angeles, believes a proper-fitting chair is so important, you should buy one yourself if your boss doesn't provide one for you.

William W. Robinson, a representative at Steelcase, Inc., the world's largest designer and manufacturer of office furniture, agrees. "Our largest selling chair is what we call ergonomic," explains Robinson. "Basically, this is the science of how people, equipment and machines interface or work together; an ergonomically-designed chair indicates that there was thought to how the person and machine fit — how your body actually fits into a chair."

Research shows that people shift positions about every eight to 10 minutes to maintain comfort. Don Korell, director of research at Steelcase, offers the following suggestions for maximum support while sitting:

- Sit back and adjust the chair height so your feet touch the floor comfortably. The knees should be as high as the hips. The angle of the seat should be adjustable to prevent restriction of blood flow to the thighs and knees.
- To reduce muscle strain, the seat and back should be



Sit back and adjust the chair height so your feet touch the floor with ease.

contoured to your body. Without proper distribution of body weight, the pressure on back disks can be from 40 to 90 percent higher than when you stand.

- Sit up straight. Reach for the ceiling, first with one arm and then the other.

- Tilt your head to the right, drop your chin to your chest and tilt to the left. Reverse the head roll, starting at the left.
- Sit upright. Hunch your shoulders as high as possible, then drop both shoulders together.
- Lift the right leg four inches

off the floor, return your foot to the floor. Repeat with the left leg.

- Extend your right leg and make circles with your ankle, first clockwise and then counterclockwise. Repeat with left ankle.

Support test determined by what you pay

The amount, rather than the length of time, of support is the yardstick in determining the "over-one-half support" requirement for a dependent on federal income tax returns, according to Commerce Clearing House.

It is immaterial whether you supported your uncle for more than six months in 1985. If the cost of his two-week stay in the hospital was paid by your sister and that cost exceeded your expenses in supporting him for the rest of the year, then your sister would be entitled to the dependency exemption.

"Support" means the cost of providing food, shelter, clothing, education, medical and dental care, recreation, transportation, and similar necessities. If lodging is furnished, the fair rental value of the room, apartment, etc., may be counted toward support. If you support an entire household and cannot prove the amount spent on each individual member, a proportionate share of the expenses will be allocated to each person.

You are entitled to the full \$1,040 exemption for those dependents who were either born or died during 1985 (provided you furnished over one-half the support for the part of the year in which the dependent was alive).

In order for you to claim an exemption, the dependent must have had less than \$1,040 in gross income in 1985, unless the dependent is your child and either is under 19 years of age at the close of the calendar year or a full-time student.

A special rule applies where

several persons provide support. If more than half the support cost was contributed by you and one or more other persons and none contributed more than half the support, you may claim the exemption if you furnished more than 10 percent of the support and each of the remaining supporters who contributed more than 10 percent files a written agreement not to claim the exemption for that year.

In the case of children of divorced or separated parents, the parent who has custody for the greater part of the year normally will be entitled to the dependency exemption. However, the other parent may receive the exemption if (1) he or she contributes at least \$600 for the child's support for the year, and the pre-1985 decree of divorce or written agreement allocates the exemption to the noncustodial parent and that parent attaches a copy of the pre-1985 agreement to his or her return, or (2) the custodial parent signs a written declaration (Form 8332 may be used) that he or she will not claim the dependency exemption for the child and the noncustodial parent attaches this declaration to his or her return, CCH said. ■



Not all items are taxable

Not all items are taxable as income in 1985, cautions Commerce Clearing House, national reporting authority on tax and business law.

Here are some items that remain beyond the reach of Uncle Sam:

- Accident and health insurance premiums paid by employer.
- Annuities to the extent of investment.
- Gifts and bequests, devises and inheritances.
- Child or dependent care provided by employer, with limitations based on earned income.
- Child support payments.
- Damages recovered for personal injuries or sickness.
- Disability payments, excluding loss of wages.
- Dividends up to \$100 individual, \$200 on a joint return.

- Employee's death benefits up to \$5,000.
- Gain from the sale of a personal residence, if elected by persons age 55 and over — once in a lifetime and limited as to amount.

- Interest on certain state and municipal bonds.
- Amounts received from insurance to cover the loss of your home due to fire or other casualty to the extent the amounts were more than the cost of your normal expenses while living in your home.
- Life insurance proceeds paid on death of insured.
- Meals and lodging furnished for the convenience of the employer.
- Old age, disability, and survivors' benefit payments under Social Security or the Railroad Retirement Act (Social Security benefits and tier 1

- railroad retirement benefits received in 1985 may be partially taxable).
- Repayment of a debt, but interest is taxable.
- Scholarships and fellowships, limited as to amount and time.
- Tax refunds, both state and federal, of taxes not previously deducted or deducted without tax benefit.
- Disability retirement payments, and other benefits, paid by the Veterans' Administration.
- Amounts an employer contributed on your behalf and benefits provided to you under a qualified group legal services plan.
- Cancellation of certain student loans.
- Worker's Compensation Act payments. ■

Weekend Plus

MAGAZINE

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There's glory in '16 Days'

By Bob Thomas

The Olympic Games have fascinated filmmakers ever since the modern era began with the 1896 games in Athens. They have inspired greatness, as with Leni Riefenstahl's dramatic "Olympische Spiel" of 1936 and the gorgeously photographed Tokyo games of 1964.

David Wolper's "Visions of Eight," for which mainstream directors interpreted single events of the ill-fated 1972 Munich games, also was notable.

Now comes "16 Days of Glory," Bud Greenspan's view of the 1984 Summer Games in Los Angeles. While no soaring document, the film manages to recapture some of the thrills that made the games so soul-satisfying to those who witnessed them.

Greenspan, who created the admirable TV series "The Olympiad," wisely eschews an overview of the 1984 spectacle. He is an anecdotalist.

Bob Thomas reviews movies for the Associated Press.



Cinema Review

concentrating on the human side of the contents rather than the overall competition.

Some enthusiasts will be disappointed that multiple winners, such as Carl Lewis and Greg Louganis, are seen only in a few feet of film, as part of the final summary. Those folks should buy the official ABC-TV cassette.

Nor is Greenspan concerned entirely with winning. His vignettes also focus on the less fortunate: Norwegian Grete Waitz, five-time winner of the New York marathon but a loser at Los Angeles; West Germany's Juergen Hingsen, world record holder who couldn't match up to England's Daley Thompson in the decathlon; Great Britain's David Moorcroft, world record

holder who finished last in the 5,000 meters because of injury; U.S. swimmer John Moffett, who had broken the 100-meter record a month before but watched the end of the games on crutches.

In covering the winners, Greenspan often concentrates on their closest rosters. Myrella Moses narrates her feelings as she watches her husband, Edwin Moses, zoom to victory in the 400-meter hurdles. The explosive Romanian Bela Karolyi responds in character as Mary Lou Retton scores a stunning upset in gymnastics.

"16 Days of Glory" contains a number of minor joys that probably couldn't be captured on television: Daley Thompson carressing the 16-pound shot before giving it a mighty put; West Germany's Michael Gross, dubbed the albatross because of his huge wingspan, contrasted with an albatross in flight.

The narration, written by Greenspan and spoken by David Perry, inclines to the portentous, but Lee Holdridge's score nicely supplements the action.

The rating is G. A good film for sports-minded youngsters. ■

Isak, Nora and mostly Meryl

By Dolores A. Barclay

NEW YORK — Late one night, Meryl Streep came in from the cold.

Laden with shopping bags, lightly flushed and largely tired, she melted into a hotel room to speak of Isak, Nora and mostly Meryl.

The day had been spent in rehearsal for her third movie in less than two years, "Heartburn," the novel by Nora Ephron on the writer's marriage and divorce with journalist Carl Bernstein. The evening was spent in meetings with director Mike Nichols and co-star Jack Nicholson, discussing their roles.

So how's life? "What life?" she almost shrieks. "I don't have a life." "Heartburn? It's my retirement picture," she says with a sly smile.

Oh, really? Hollywood's most worked actress is human, and being a high-powered performer, mother and wife can be a tad wearing.

Last fall, she hit movie marquee with "Plenty," a critical flop based on the play by

Dolores Barclay writes for the Associated Press.

David Hare. It came just as she had finished work on the Academy Award-nominated "Out of Africa." Sidney Pollack's stunning romance based on the life of Danish writer Isak Dinesen. Before she could catch her breath and regroup her family in Connecticut, she swept into town to begin filming "Heartburn."

"I just moved out of town, and I see the kids on weekends and once a week during the middle of the week," she said, rejoining a stray thought about her children, Henry Willa, 2. Their father is sculptor Donald Gummer, her husband since 1978.

"I don't know how to solve the work situation because it's a daily tug — I miss them." Call it luck, call it tenacity, call it talent or all three.

Whatever it is, the 36-year-old actress is making movies in spiffy progression: "The Deer Hunter" (1978); "The Seduction of Joe Tynan" (1979); "Kramer vs. Kramer" (1979); "Manhattan" (1979); "The French Lieutenant's Woman" (1981); "Still of the Night" (1982); "Sophie's Choice" (1982); "Silkwood" (1983); "Falling in Love" (1984); "Plenty" (1985); "Out of Africa" (1985).

She was named best supporting actress for "Kra-

mer" and best actress for "Sophie's Choice."

Some say she has become overexposed, that after a while it is not a character one sees on the screen but only Meryl Streep acting again. Others in the industry accuse her of hogging the few meaty parts for women.

The actress finds it all very irritating. "In the old days, they made 17 movies a year. Now they say you're overexposed," she said. "If you want it, you have to jump in there and juice it up. What am I supposed to do? Not work?"

With each movie, she does indeed believe it might end. "Like every actor, I always think this was the last job, that they'll never ask me again," she said. "So, I don't have a game plan for the future." ■

Film capsules

Down and Out in Beverly Hills (R) — Nick Nolte, Bette Midler, Richard Dreyfuss, Little Richard. (Comedy) This is a grapefruit: full of juicy pulp, sometimes tart, usually acidic — never satisfying. Loosely based on Renoir's classic 1932 film "Boudu Saved From Drowning," this flick ridicules the bourgeoisie: What happens when a bored, rich family saves a bum from drowning? Renoir made it work; Paul Mazursky doesn't. His direction is leaden. And Midler — playing a guru-guided princess — refines the word ham. Grade: C.

Wildcats (R) — Goldie Hawn, Ripsey Russell, Swoozie Kurtz. (Comedy) Can a blonde, white girl with a white VW van go into an inner-city school and transform a bunch of street toughs into a winning football team? A female version of "The White Shadow?" Well, guys, strike one up for feminism; somehow it works. Energetic coach Molly McGrath is faced with a stereotypical street iver and a Wall Street Journal-writer version of Refrigerator Perry. Sounds cliché, but writing Ezra Sacks throws in several surprise plays and you're sure to come out cheering — in spite of the strong language. Grade: B-plus.

Power (R) — Richard Gere, Julie Christie, Gene Hackman, Beatrice Straight. (Drama) What a cast! What a premise! What a bore! Sidney Lumet tries to make a powerful social-political satire — Gere is an energetic media consultant who, by manipulation and marketing, guarantees political success. But somewhere in the first 30 minutes, the film becomes convoluted, annoying and tiresome. Christie's role as a spineless reporter is thankless, but Straight is marvelous as a Capitol Hill wife bordering on a breakdown. Our vote: Forget it. Grade: C.

The Color Purple (PG) — Whoopi Goldberg, Danny Glover. (Drama) Based on Alice Walker's Pulitzer Prize-winning novel, this is the story of a spiritually impoverished black woman in the South at the turn of the century. Her simultaneous attempts to evoke a spiritual reawakening and bring about a reunion with her sister create the plot. This is technically a superb film — the photography, editing and music are done well — but the characters' actions are not believable. Grade: B.

Iron Eagle (PG-13) — Louis Gossett Jr., Jason Gedrick, David Suchet. (Action drama) Hockey is the only word for the first half of this film, in which an Air Force pilot is shot down over a Middle Eastern nation and his son (Jason Gedrick) realizes the bureaucrats running the show aren't about to lift a finger. Being a red-blooded American boy, he decides to take action, and things start to pick up. The climax — Gedrick's one-man battle with the entire air force of the outlaw nation — is good stirring fun. But who taught the filmmakers geography? Somewhere along the line, they got the idea that you can fly from the United States to the Middle East in the time it takes most of us to walk around the block. Grade: C-plus.

Murphy's Romance (PG-13) — Sally Field, James Garner, Corey Haim. (Drama) This movie, directed by Martin Ritt (and more appropriately titled "Places in the Stable") has no heart. Or soul. Miss Field plays Emma Moriarty, a bitter, frustrated single mom who packs her bags, leaves her womanizing husband (wonderfully played by Brian Kerwin) and heads for a small Arizona town, where she sets up a horse-boarding ranch. She has a 12-year-old son who hates school. He pouts. She pouts. We pout. Miss Field tries to fill Emma with spunk and drive, but both fall flat on their hard-working back. Garner is fine as the widower who refuses to reveal his age and — you got it — falls in love with Emma. Sorry Sally, we don't like you! We don't like you! Grade: C.

Out of Africa (PG) — Meryl Streep, Robert Redford, Klaus Maria Brandauer. (Drama) There is a magnificent lush love story here; unfortunately, director Sydney Pollack has smothered it in lush portraits of Africa. Miss Streep portrays Karen Blixen (who, in real life, wrote as Isak Dinesen), a materialistic woman living in Kenya. She marries a Swedish baron — who was also her cousin — though she was actually in love with the baron's brother. Enter another love interest, bon vivant Denys. Exit the baron. Enter syphilis and assorted other plagues. Exit the audience. "Out of Africa" could have been more than an overexposed version of National Geographic. Miss Streep seems to speak in at least three different Danish accents, and Redford, though still good-looking, looks lost. Grade: D.

(Film grading: A — superb; B — good; C — average; D — poor; F — awful)

WEEKEND TELEVISION

13 to 21
Pullout Section

Saturday, March 15

- 7:00AM** (3) Captain Bob
(5) Terrahawks
(8) New Jersey People
(11) Tom & Jerry
(18) MOVIE: "Denver and the Rio Grande" The Denver and Rio Grande railroads work to see who can build a line through the Royal Gorge first. Edmond O'Brien, Sterling Hayden, Zasu Pitts. 1952.
(20) Bultwinkle
(22) Barney Bear & Friends
(26) Ring Around the World
(28) Newsmakers
(40) Little House on the Prairie
(41) Follow Me
(61) Superfriends
(CNN) Daybreak
(DIS) Contraption
(MAX) MOVIE: "Citizen Kane" A wealthy publisher is ruined by personal scandal. Orson Welles, Joseph Cotten, Ruth Warwick. 1941.
(TMC) MOVIE: "The Third Man" An American writer arrives in Vienna to take a job with an old friend, whom he finds has been murdered. Joseph Cotten, Orson Welles. 1949.
(USA) Jimmy Swaggart
- 7:30AM** (3) Dungeons and Dragons
(5) Woody Woodpecker & Friends
(9) In Depth
(11) Voltron
(20) Underdog
(30) Mr. T
(38) It's Your Business
(40) Super Powers Team: Galactic Guardians
(61) Tranzor Z
(CNN) Sports Review
(DIS) Welcome to Pooh Corner
- 8:00AM** (3) Berenstain Bears
(5) Wonderama
(9) (40) Pink Panther and Sons (CC)
(10) Hispanic Horizons
(11) Little Rascals
(20) Fat Albert
(22) (30) Snorks
(24) Sesame Street (CC)
(26) From the Editor's Desk
(41) Los Polvones
(61) Robotch
(CNN) Daybreak
(DIS) Good Morning Mickey!
(ESPN) College Basketball Tournament: NCAA First Round
(USA) Alive and Well!
- 8:30AM** (3) The Wuzzles (CC)
(5) The Flintstones
(9) (40) Lites (CC)
(11) Meet the Mayers
(11) The Munsters
(20) Spiderman
(22) (30) Gummi Bears (CC)
(30) Wall Street Journal Report
(61) Voltron in Stereo
(CNN) Big Story
(DIS) Dumbo's Circus
(HBO) Animalympics 2.0.0. TV covers
- 9:00AM** (3) Jim Hanson's Muppets, Babies & Monsters
(5) Dukes of Hazzard
(9) Bugs Bunny/Looney Tunes Comedy Hour
(11) Millionaire Maker
(11) Solid Gold
(18) Branded
(20) Voyagers
(22) (30) Smurfs
(24) Sesame Street (CC)
(38) Ask the Manager
(41) Nuestra Familia
(57) This Old House (CC)
(61) Addams Family
(DIS) Adventures of Ozzie and Harriet
(MAX) MOVIE: "Supergirl" (CC) Supergirl travels to earth in search of her city's power source. Helen Slater, Faye Dunaway, Hart Bochner. 1984. Rated PG.
(TMC) MOVIE: "Curse of the Pink Panther" The world's worst detective is hired to find the missing Inspector Clouseau. Ted Wass, David Niven, Robert Wagner. 1953. Rated PG.
(USA) Second Cash Flo Expo
- 9:10AM** (CNN) Health Week
9:30AM (18) Millionaire Maker
(38) MOVIE: "Mrs. Wiggs of the Cabbage Patch" A woman celebrates Thanksgiving with her children while yearning for her husband to return. Pauline Lord, ZaSu Pitts. 1934.
(41) New Jersey Hispano
(57) Soapbox
(61) FTV
(CNN) Money Week
(DIS) Donald Duck Presents
- 10:00AM** (3) Hulk Hogan's Rock 'n' Wrestling
(5) Bionic Woman
(9) (40) Laff-A-Lympics
(9) BJ/Lobo
(11) Purrrin' on the Hits
(20) Greatest American Hero
(41) Utters
(57) Motorweek
(61) Wrestling
(DIS) You and Me, Kid
(ESPN) College Basketball Tournament: NCAA First Round
(HBO) MOVIE: "Desperately Seeking Susan" (CC) A suburban housewife loses her memory and adopts a new wave persona. Rosanna Arquette, Madonna, Aidan Quinn. 1985. Rated PG-13.
(USA) Japan Today
- 10:10AM** (CNN) CNN Travel Guide
10:20AM (24) Mr. Rogers' Neighborhood
10:30AM (6) (40) Ewoks/Droids Adventure Hour
(11) FTV
(18) Telephone Auction
(22) (30) Punky Brewster
(41) Super Libro
(57) La Plaza
(CNN) Style With Elsa Klensch
(DIS) MOVIE: "Wind in the Willows" Toad, Mole, Rat and Badger regard themselves as Edwardian gentlemen first and animals second. 1983.
(USA) Credit Card Millionaire
- 11:00AM** (3) Richie Rich
(3) MOVIE: "Springtime in the Rockies" A pair of jealous lovers sing and dance their way from squabble to spat to true love. Betty Grable, John Payne, Carmen Miranda. 1942.
(9) All-Star Wrestling
(11) Soul Train
(20) Wrestling
(22) (30) Alvin & the Chipmunks
(24) Business Files
(38) Three Stooges
(61) Lucha Libre SIN
(67) Say Brother
(67) World Class Championship Wrestling
(MAX) MOVIE: "City Heat" (CC) A cop



HIS FAVORITE MODEL — Barbara Carrera is a real favorite with designer Bill Travilla, who designs the outfits for two well-known nighttime fashion shows — "Dallas" and "Knots Landing." "Dallas" airs Fridays, "Knots Landing," Thursdays, on CBS.

and a private eye tangle with mobsters during Prohibition. Clint Eastwood, Burt Reynolds, Jane Alexander. 1985. Rated PG.

(TMC) MOVIE: "Against All Odds" (CC) An ex-pro athlete is hired by a petty hood to locate his runaway girlfriend. Rachel Ward, Jeff Bridges, James Woods. 1984. Rated R. In Stereo.

(USA) Hollywood Insider
(CNN) Newsday Worldwide
(DIS) Ferdinand the Bull
(ESPN) Inside the PGA Tour

(HBO) MOVIE: "To Find My Son" A sincere, loving man tries to adopt a child, and finds himself embroiled in a bitter battle because of the unprecedented circumstances of his situation. Richard Thomas, Justin Dana, Steve Kanaly. 1980.
(USA) MOVIE: "The Children" After radioactive exposure, a group of children turns into murderers. Gil Rogers, Martin Shekar. 1980.

(CNN) Keys to Success (R)
(USA) NCAA Preview
(CNN) NCAA Preview

12:00PM (3) NCAA Basketball Championship: Second Round Triple-Header
(3) ABC Weekend Special: The Secret World of Og (CC) Part 1 of 3 five brothers and sisters are swept into an underground world of small green people who love make-believe games. (R)
(9) Voyagers
(11) Pro Wrestling USA
(22) MOVIE: "Steel Cowboy" An honest, independent trucker turns to hauling stolen cattle when he is hounded by bill collectors. James Brown, Rip Torn, Strother Martin. 1978.
(22) Mr. T
(24) Photographic Vision
(30) Video Game

(HBO) MOVIE: "Fievel Fromers" During World War II, a mustang General and his hard-luck divorcee endure lots of action. Ben Gazzara, Eddie Albert, Ricardo Montalban. 1972.
(40) Candelop Bowling
(41) Rumbo al Mundial
(57) Sesame Street (CC)
(61) NASCAR Racing
(CNN) Newsday Worldwide
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12:30PM (3) WWF Championship Wrestling
(18) America's Top Ten
(22) Spiderman
(24) Instructional Programs
(30) Three Stooges Theatre
(57) Great Performances: Follies in Concert Lee Remick and Carol Burnett star in a revival of Stephen Sondheim's hit musical "Follies." (2 hrs.) In Stereo.
(CNN) Evans and Novak
(DIS) Edison Twins
(ESPN) World Cup Skiing: Men's Downhill
1:00PM (3) MOVIE: "Jennifer the Snake Goddess" A lonely high school girl summons up supernatural powers to put

an end to the unmerciful teasing of her classmates. Lisa Pelikan, Bert Convy, Nina Foch. 1978.

(CNN) MOVIE: "Hooch" Three inept New York hoods arrive in Clayton, North Carolina with plans to organize the local moon-shining operations. Gil Gerard, Erka Fox, Melody Rogers. 1976.

(11) MOVIE: "Spooks" A demonic snake with supernatural powers terrorizes a community. Peter Fonda, Oliver Reed. 1983.
(30) Soul Train
(32) WWF Championship Wrestling
(33) Peter, Paul and Mary
(50) Black Perspective
(60) Let's Go Bowling
(61) Bob Uecker's Weezy World of Sports
(CNN) Newsday Worldwide
(DIS) MOVIE: "My Seventeenth Summer" A young man spends his 17th summer on a country farm.
(MAX) Crazy About the Movies: Great Screen Movies
(TMC) MOVIE: "Firstborn" (CC) A divorced mother, who has fallen in love with an unstable drifter, is rescued from disaster by her adolescent son who takes charge as "the man of the house." Teri Garr, Peter Walker, Christopher Collet. 1984. Rated PG.

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(CNN) Keys to Success (R)
(USA) NCAA Preview
(CNN) NCAA Preview

1:30PM (3) Can You Be Thinner
(50) Connecticut Newsmakers
(60) Pro Wrestling
(61) War of the Stars
(CNN) Newsmaker Saturday

Continued...

Saturday, Continued

[ESPN] World Cup Skiing: Men's and Women's Slalom

[MAX] MOVIE: 'Rio Bravo' A sheriff outsmarts a powerful rancher who wants his killer-brother released from prison. John Wayne, Dean Martin, Ricky Nelson. 1959.

2:00PM (3) World Cup Skiing

(16) Record Guide

[CNN] 'Compulsion' A trial based on Loeb-Leopold murder of a boy for a thrill, is portrayed. Orson Welles, E.G. Marshall, Dean Stockwell. 1959.

[22] MOVIE: 'Planet of the Apes' Four American astronauts crash land on an unidentified planet and stumble upon a Simian society of high intellect. Charlton Heston, Roddy McDowall, Kim Hunter. 1968.

[30] Irish Hour

[35] MOVIE: 'Along Came a Spider' A young widow goes to incredible lengths to prove that a professor was responsible for her scientist-husband's death. Ed Nelson, Susanne Plushette, Richard Anderson. 1970.

[41] El Mundo del Box

[61] MOVIE: 'High Commission' An Australian sleuth travels to London to arrest a political bigwig for murder. Rod Taylor, Christopher Plummer, Lee Palmer. 1968.

[DIS] Man on Wheels Donald Duck and Goofy demonstrate some of the do's and don'ts of driving. (60 min.)

[HBO] MOVIE: 'The Flamenco Kid' (CC) A plumber's son discovers the world of the rich when he spends the summer as a cabin boy at a Long Island Country Club. Matt Dillon, Richard Crenna, Hector Elizondo. 1984. Rated PG-13.

[USA] MOVIE: 'Monster Demolisher' Army of vampires arises from their crypts to carry out macabre scheme; the destruction of the civilized world. German Robles, Julio Aleman, Domingo Soler. 1968.

2:10PM (CNN) Health Week

2:30PM (3) MOVIE: 'The Son of Cleopatra' A young warrior, the adopted son of a tribal chief, leads the Bedouins in a revolt against Egypt's cruel Governor. Mark Damon, Scilla Gable, Alberto Lopez.



LOVE BOAT

There's always an exciting adventure in store on ABC's "The Love Boat." Jill Whelan co-stars as Vicki, the daughter of the ship's captain. The longrunning series airs Saturday, March 15.

(Stations reserve the right to make last-minute changes.)

decline were brought to light. (60 min.)

[38] MOVIE: '99 & 44/100% Dead' Two men throw a body wearing cement shoes into a river holding more of the same. Richard Harris, Edmond O'Brien, Chuck Connors. 1974.

[41] PELICULA: 'El Payo' Jorge Rivera, Helena Rolo, Nadia Milton

[61] Star Search

[DIS] Anna to the Infinite Power A secret cloning experiment threatens the lives of a young girl and her family. (105 min.)

[HBO] MOVIE: 'Chattanooga Choo Choo' In order to collect his inheritance, a man must restore the famous train and make one final run from Pennsylvania Station. George Kennedy, Barbara Eden, Joe Namath. 1984.

[MAX] MOVIE: 'Airplane!' A skidish ex-military pilot has to take the controls of an airliner after the crew becomes ill. Robert Hays, Lloyd Bridges, Robert Stack. 1980. Rated PG.

[USA] Dick Cavett (R)

[11] Puttin' on the Hits

[30] Golf: Hertz Bay Hill Golf Classic Coverage is featured from Orlando, FL. (90 min.)

[CNN] Big Story

5:00PM (3) Mission: Impossible

(8) Greatest American Hero

(11) Fame

(16) Space: 1999

[24] Nova: Skydive to the Rain Forest A remote region of southern Venezuela is known for its spectacular waterfalls and exotic wildlife. (60 min.)

[61] Streethawk

[CNN] Newswatch

[TMC] MOVIE: 'Curse of the Pink Panther' The world's worst detective is hired to find the missing inspector. Clouseau. Ted Wass, David Neven, Robert Wagner. 1983. Rated PG.

[USA] Saturday Cartoon Express

5:30PM (CNN) Newsmaker Saturday

[MAX] MOVIE: 'Blame It on the Night' A rock star encounters problems when he meets his 13-year-old son for the first time. Nick Mancuso. 1984. Rated PG-13.

5:45PM (DIS) DTV

6:00PM (E) What's Happening Now

(1) Action News

(1) Championship Wrestling

(1) Good Times

(1) International World Championship Wrestling

(2) Star Trek

(2) NewsCenter

(2) This Old House (CC)

(3) (4) News

(4) White Shadow

(4) El Show De las Estrellas

(4) Fame

[CNN] Newswatch

[DIS] Captured the King of the Leprechauns Walt Disney and actor Pat O'Brien's trip to Ireland to find the truth about the wee folk for the making of 'Darby O'Gill and the Little People'. (60 min.)

[ESPN] ESPN's Speedweek

[HBO] MOVIE: 'The Cannonball Run' A strange mix of people compete in a coast-to-coast race, doing anything to win. Burt Reynolds, Farrah Fawcett, Dom DeLuise. 1981. Rated PG.

6:30PM (3) Eyewitness News

(3) Small Wonder

(3) ABC World News Saturday

(3) Jeopardy!

(3) NHL Hockey: Pittsburgh at New York Rangers

(1) (1) At the Movies

(1) In Search of...

(2) As Schools Match Wits

(3) Price is Right

(3) Bob Uecker's Wacky World of Sports

(3) What's Happening Now

[CNN] Investing Your Life

[MAX] MOVIE: 'The Purple Rose of Cairo' (CC) An unhappy married waitress is shocked when her movie idol steps off the screen and into her life. Mia Farrow, Jeff Daniels, Danny Aiello. 1985. Rated PG.

[USA] Cover Story

8:00PM (3) Airwolf Hawk protects an innocent girl who is being murderously sought by others. (60 min.)

(3) MOVIE: 'Jazazel' A Southern belle who flouts convention loses the man she loves. Bette Davis, George Brent, Henry Fonda. 1938.

(3) (4) The Redd Foxx Show (CC) Al dreams up a winning lottery number but his ex-wife Felicia winds up with the ticket.

(11) MOVIE: 'Coming Home' An officer's wife falls in love with a disabled Vietnam veteran. Jane Fonda, Jon Voight, Bruce Dern. 1978.

(18) MOVIE: 'The Long Voyage Home' A portrayal of men who live by the sea, their thoughts and their dreams. John Wayne, Ian Hunter, Thomas Mitchell. 1940.

(2) 12 O'Clock High

(2) (3) Gimme a Break Part 2 of 2 When Nell learns that her ex-husband has remarried, she loses her voice and is unable to perform on the cruise ship. (R), In Stereo.

(2) Benny Goodman: Let's Dance

(3) MOVIE: 'Murder Is Easy' While vacationing in Europe, an American computer expert meets an elderly woman who knows the whereabouts of a murderer. (R) Sixty, Lesley-Anne Down, Olivia de Havilland. 1981.

(4) Festival de Vina del Mar

(4) Making of Black Mayors A tribute to black men who became mayor. (2 hrs.)

[CNN] Prime News

[HBO] MOVIE: 'Desperately Seeking Susan' (CC) A suburban housewife loses her memory and adopts a new wave persona. Rosanna Arquette, Madonna, Aidan Quinn. 1985. Rated PG-13.

[USA] MOVIE: 'The Untouchables' Three vacationing women room at an eerie boarding house. Barbara Bach, Sidney Lassick, Stephen Far. 1981.

8:30PM (E) (3) Benson (CC) Benson runs into several complications when he attempts to set an innocent man free from prison.

(2) (2) Facts of Life Budding writer Natalie conceals an elaborate fantasy during a stopover in a Philadelphia truck stop. (R), In Stereo.

8:40PM (DIS) Moustierpiece Theater

9:00PM (3) MOVIE: 'Any Which Way You Can' A barroom brawler teams up with an orangutan for fun and adventure. Clint Eastwood, Sondra Locke, Ruth Gordon. 1980.

(1) (4) Fortune Dane (CC) Fortune is held responsible when a million-dollar shipment of money being transferred to a foreign bank disappears. (R), In Stereo.

(2) (2) Golden Girls Rose finds herself romantically involved for the first time since her husband's death. (R), In Stereo.

(2) Benny Goodman: Let's Dance

[DIS] MOVIE: 'The Boy Who Talked to Beavers' A six-year-old farm boy becomes lost in the Canadian wilds but survives with the help of a friendly beaver. Christian Juttner, Carl Betz. 1975.

Continued...

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WEEKEND PLUS, Saturday, March 15, 1986

Saturday, Continued

(4) Barney Miller

(4) Cristal

[7] MOVIE: 'Dr. Who: Terminus'

[7] Dance Fever

[DIS] MOVIE: 'The Absent Minded Professor' An easygoing, small town professor discovers an anti-gravity substance. Fred MacMurray, Nancy Olson, Keenan Wynn. 1961. Rated G.

[ESPN] NCAA College Basketball Tournament: First Round

[TMC] MOVIE: 'The Third Man' An American writer arrives in Vienna to take a job with an old friend, whom he finds has been murdered. Joseph Cotten, Orson Welles. 1949.

[USA] Check It Out! (R)

7:05PM (CNN) Sports Saturday

7:30PM (3) Eyewitness News

(3) Jeopardy!

(3) NHL Hockey: Pittsburgh at New York Rangers

(1) (1) At the Movies

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(2) As Schools Match Wits

(3) Price is Right

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[ESPN] Gymnastics: McDonald's International Mixed Pairs Championship

[MAX] MOVIE: 'No Small Affair' (CC) Sparks fly when a teen age boy develops a crush on an 'older woman' of twenty. Jon Cryer, Demi Moore. 1984. Rated R.

[TMC] MOVIE: 'Firstborn' (CC) A divorced mother, who has fallen in love with an unstable drifter, is rescued from disaster by her adolescent son who takes charge as "the man of the house". Teri Garr, Peter Weller, Christopher Collet. 1984. Rated PG.

9:10PM (CNN) Showbiz Week

9:30PM (2) (2) 227 Mary urges Lester to give Calvin a job so that he will spend less time with Brenda. In Stereo.

[CNN] This Week in Japan

10:00PM (3) News

(3) (4) The Love Boat (CC) A rock star traveling incognito falls for a passenger, a romance novelist envisions Ace as the hero of her next book, and a couple on their 10th anniversary cruise are not what they seem to be. (60 min.)

(16) Credit Card

(22) Birmingham Steele Laura, Birmingham and Mildred go undercover to solve the murder of a wealthy family's butler. (60 min.) In Stereo.

(24) Ramsey Cline, with Love

(2) Twilight Zone

(1) Route 66

[CNN] Evening News

[HBO] Hitchhiker: True Believer A detective's investigation into the murder of a priest leads him to a haunted convent.

[USA] Alfred Hitchcock

10:30PM (3) Black News

(3) Superstars of Wrestling

(1) Independent News

(2) Benny Hill Show

(2) Alfred Hitchcock Presents

[DIS] Once Upon a Mouse Tributes to Walt Disney and Mickey with the use of montages, collages, computerized optical effects and segments from hundreds of films.

[HBO] MOVIE: 'The Flamenco Kid' (CC) A plumber's son discovers the world of the rich when he spends the summer as a cabin boy at a Long Island Country Club. Matt Dillon, Richard Crenna, Hector Elizondo. 1984. Rated PG-13.

11:00PM (3) Eyewitness News

(3) MOVIE: 'Comes a Horseman' A young woman struggles to hold onto a cattle ranch until a cowboy comes to her rescue. Jane Fonda, James Caan, Jason Roberts Jr. 1978.

(1) (2) News

(1) (2) Tales from the Darkside

(1) Avengers

(2) NewsCenter

(2) You Made Me Love You

[MOVIE: 'Curse of the Werewolf' His best blood demand he kill even the woman who loved him. Clifford Evans, Oliver Reed, Yvonne Roman. 1961.

(4) Sadosa Males

(7) Family Tovers

(8) It's a Living

[CNN] PrimeTime Live

[DIS] MOVIE: 'The Man in the White Suit' A brilliant chemist invents a cloth that won't stain, tear, or wear out, causing the textile market to panic. Alec Guinness, Cecil Parker. 1951.

[ESPN] Outdoor Life

[MAX] Rockabilly Session: Carl Perkins and Friends

[TMC] MOVIE: 'Scarface' A Cuban immigrant ascends to the top of the cocaine trade only to fall victim to his own violent lifestyle. Al Pacino, Michelle Pfeiffer, Steven Bauer. 1983. Rated R.

[USA] MOVIE: 'Concert for Kampuchea' Paul McCartney, The Clash, The Who, Elvis Costello and other rock greats perform in this fund raiser for the people of Kampuchea. Paul McCartney, The Who, The Clash. 1980.

11:30PM (3) Deje View

(1) Dick Clark's NiteTime

(1) Off Track Betting

(1) The Honeymooners

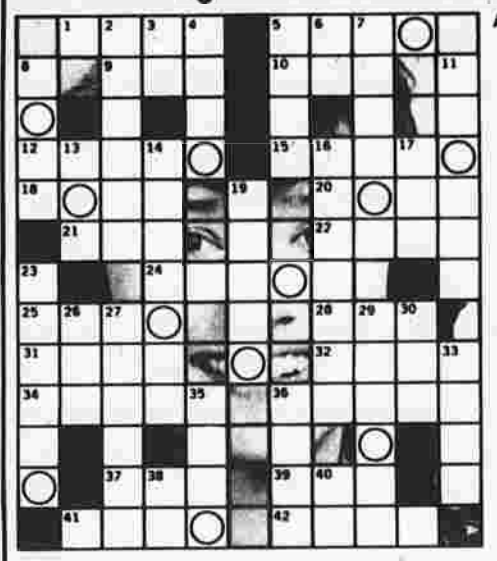
(2) Millionaire Maker

(2) (2) Saturday Night Live In Stereo.

(2) MOVIE: 'Stranger on the Run' A sheriff descends the law and turns the chase for a murder suspect into a cruel game. Henry Fonda, Michael Parks, Anne Baxter. 1967.

(3) MOVIE: 'Valley Girl' When a prom-queen candidate starts dating a punk-rocker, her friends try to dissuade her. Nicholas Cage, Freddie Forrest, Colleen

tv puzzle



ACROSS

1 "Sanford and Son" star (clue to puzzle answer)

5 "— Malone"

9 Dead letter off.

10 Part of a circle

12 Mazy on "227"

15 Warning

18 Fr. madernicella

20 Exile Island

21 Nielsen, to friends

22 Father Christopher on "Falcon Crest"

24 Co-star of 22 Across

25 "Arsenic and Old —"

28 Mr. Carney

31 Matinee —

32 Shipping hazard

34 And bits, e.g.

36 "A Ball for —"

37 "Our Family Honor" star

38 Actress Gardner

41 Brace

42 "— But the Brave"

DOWN

2 Ready to eat

3 Monogram for Lymon

4 Belonging to DeLates

5 Margaret Ann on "Lime Street"

6 Monogram for Rooney

7 Stephanie Kramer role

8 "La — Aus Foles"

11 Law of supply and —

13 Ailing

14 Oliver on "Hall to the Chief"

16 Actor Fry

17 Baseball stat.

19 Dingemans on "Square Pegs"

23 "— Spirit": Coward

25 "Much — About Nothing"

27 "High Noon" star

29 "Bedtime for Bonzo" star

30 "— Little Indians"

33 Baseball Hall of Famer, Jimmie — (clue to puzzle answer)

35 Actor Stephenson

36 He's Jason Gardner

38 Monogram for Oliver

40 Very old: abbr.

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Camp. 1983.

[CNN] Sports Tonight

[ESPN] SportsCenter

12:00AM (E) MOVIE: 'Next Victim' A madman with a razor slashes his way through the international jet set. George Hilton, Edwige Fenech. 1970.

(1) Dempsey and Matsepaca

(1) The Untouchables

(2) MOVIE: 'The Group' A story of eight college girls who graduate from Vassar in 1933 and what happens to them for the next six years. Shirley Knight, Elizabeth Hartman, Hal Holbrook. 1966.

[CNN] Newswatch

[ESPN] AWA Wrestling

[MAX] MOVIE: 'Heaven Help Us' Mischievous prevails at a Catholic boys high school during the 1960's. Donald Sutherland, Andrew McCarthy, John Heard. 1984. Rated R.

12:15AM (HBO) MOVIE: 'Mooncow on the Hudson' (CC) A Russian circus musician defects to the United States and settles in New York after being saved from the KGB by a store security guard. Robin Williams, Maria Conchita Alonso, Cleavon Danks. 1984. Rated R.

12:30AM (E) Mad Movies with the L.A. Connection

(E) MOVIE: 'Creature from Black Lake' Two anthropology students travel to Louisiana to search for a creature in the Black Lake. Jack Elam, Dub Taylor, John David Carson. 1975.

[CNN] Style With Elsa Klensch

[DIS] Man, Monsters and Myriads Inter-views with local citizens and scientists about Nessie, the Loch Ness monster.

12:45AM (3) MOVIE: 'The Woman in Green' Holmes solves the finger murders. Basil Rathbone, Nigel Bruce, Hilary Brooke. 1945.

1:00AM (3) Melba Moore's Love Songs In Stereo.

(1) Twilight Zone

(2) CNN News

(2) Bizarre

[USA] Night Flight

1:10AM (CNN) Health Week

1:20AM (E) MOVIE: 'Little Big Man' A 121-year-old man reminisces about his life as a young pioneer. Dustin Hoffman, Faye Dunaway, Martin Balsam. 1970.

1:30AM (1) Independent News

(2) ABC News

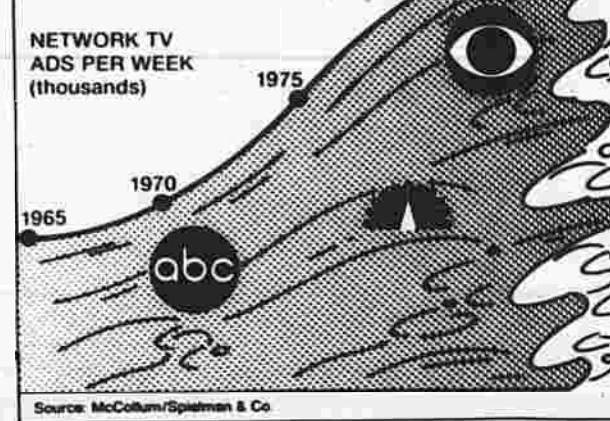
[CNN] Newsmaker Sunday

[ESPN] Championship Roller Derby

1:50AM [MAX] MOVIE: 'Sixteen Candles' (CC) An insecure Midwestern teen-age's 16th birthday goes unre-mem-bered, just another symptom of the pain of adolescence and growing up in a middle-class family. Molly Ringwald, Anthony Michael Hall. 1984. Rated PG.

1:55AM [TMC] MOVIE: 'Endless Love' A teenage boy's order for his off-

TV COMMERCIALS Ads flood the airwaves



There's a trend toward shorter TV commercials — but far more of them. On the networks alone, the weekly ad total has nearly tripled since 1965.

Sunday, March 16

- 7:00AM** (3) Spread a Little Sunshine
 (1) Hour of Power
 (1) Eighth Day
 (1) Face-Off
 (1) Old Time Gospel
 (1) Carrascolendas
 (2) World Vision
 (2) Jimmy Swaggart
 (2) It's Your Business
 (2) Kenneth Copeland
 (CNN) Daybreak
 (DIS) Wish Upon a Star
 (ESPN) Winning Golf Tips from Sam Snead and Bob Goulby.
[MAX] MOVIE: 'I Married a Shadow' A young woman struggles to make a life for herself and her child by assuming the identity of a dead woman. Nathalie Baye, Francis Huster. 1983. Rated PG
[TMC] MOVIE: 'Around the World in 80 Days' Phineas Fogg sets out to win 20,000 pounds starting if he can complete a trip around the world in 80 days. David Niven, Shirley MacLaine, Cantinflas. 1956. Rated G. In Stereo
[USA] Sunday Cartoon Express
7:30AM (3) Barrio
 (1) Make It Real
 (1) Meet the Mayors
 (1) Day of Discovery
 (1) What About Women
 (1) More Real People
 (1) El Club 700
 (CNN) Big Story
 (DIS) Welcome to Pooch Corner
 (ESPN) SportsCenter
8:00AM (3) Jimmy Swaggart
 (1) Celebration of the Eucharist
 (1) Millionaire Maker
 (1) (1) Frederick K. Price
 (2) He-Man & Masters of the Universe
 (2) Robert Schuller
 (2) Sesame Street (CC)
 (3) Expect a Miracle
 (2) The World Tomorrow
 (4) El Ministerio de Jimmy Swaggart Presenta
 (6) Voltron
 (CNN) Daybreak
 (DIS) Good Morning Mickey!
 (ESPN) College Basketball Tournament: NCAA First Round
[HBO] MOVIE: 'Rascals and Robbers: The Secret Adventures of Tom Sawyer and Huck Finn' Tom Sawyer and Huck Finn overhear a plot against the townspeople to cheat them out of \$15,000. Patrick Cradon, Anthony Michael. 1982.
8:30AM (3) Up Front
 (1) The World Tomorrow
 (1) It Is Written
 (2) Kidtime
 (2) Hour of Power
 (2) Heckle & Jeckle/Deputy Dawg
 (2) Davey & Goliath
 (CNN) Crossfire
[DIS] Dumbo's Circus
8:45AM (4) Sacred Heart
9:00AM (3) Comment
 (1) In Touch Ministries
 (1) Oral Roberts
 (1) Josie and the Pussycats
 (1) Kenneth Copeland
 (2) Little House on the Prairie
 (2) Expect a Miracle
 (2) Porky & Bugs
 (4) The World Tomorrow
 (4) La Santa Missa
 (1) Super Sunday
 (CNN) Daybreak
 (DIS) Adventures of Ozzie and Harriet
[MAX] MOVIE: 'She Wore a Yellow Ribbon' A U.S. Cavalry outpost makes an attempt to repel invading Indians. John Wayne, John Agar, Joanne Dru. 1949.
9:10AM (2) Sesame Street (CC)



IF TOMORROW COMES

Tom Berenger plays con man Jeff Stevens in "If Tomorrow Comes," the three-part CBS miniseries based on Sidney Sheldon's novel. Part one airs Sunday, March 16.

(Stations reserve the right to make last-minute changes.)

- 9:15AM** (7) Sesame Street (CC)
9:30AM (3) Face the State
 (1) Leave It to Beaver
 (1) Point of View
 (1) Heatcliff
 (2) Day of Discovery
 (2) Celebrate
 (2) Tennessee Tuzado
 (2) Rev. David Paul
 (2) News York Ahora
 (2) Fantastic World of Hanna-Barbera
 (CNN) Evans and Novak
 (DIS) Donald Duck Presents
10:00AM (3) CBS Sunday Morning News
 (1) Dukes of Hazzard
 (1) Bernaby Jones
 (1) Sunday Mass
 (1) Super Sunday
 (1) Peter Popoff
 (2) Millionaire Maker
 (2) Chalice of Salvation
 (2) Sacrifice of the Mass
 (2) Underdog
 (4) W.V. Grant
[DIS] MOVIE: 'Track of the Giant Snow Bear' A young teen-aged Eskimo boy struggles to become a great hunter and a man. Narrated by John McIntire. 1970.
[ESPN] Speedweek
[HBO] Fraggles Rock: Red's Blue Dragon (CC)
[TMC] MOVIE: 'Utilities' A man seeks revenge against a utility company. Robert Hays, John Marley, Brooks Adams. 1981. Rated PG.
10:10AM (CNN) On the Menu
10:20AM (2) Mr. Rogers' Neighborhood
10:30AM (1) Meet the Mayors
 (1) Three Stooges
 (1) Telephone Auction
[MOVIE: 'Tarzan the Magnificent' Tarzan captures a gang that has terrorized the jungle. Gordon Scott, Bette St. John. 1960.
 (2) Batman
 (2) Wild Kingdom

Continued ...

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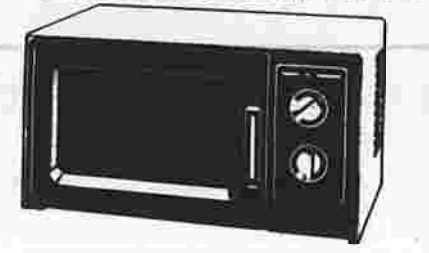
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- Save counter space - mount Little Litton on a wall or under a kitchen cabinet with optional mounting kit
- Extensor size: 9 1/2" high x 18 1/2" wide x 13" deep

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FAMOUS MAKE

- ULTRA COMPACT DUAL POWER MICROWAVE OVEN**
- Lighted cooking compartment & see thru door
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 - Sits on countertop or mounts under cabinet.



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 WHIRLPOOL 30" ELECTRIC RANGE
 • Three 6", and one 8" plug-in surface units
 • SPILLGUARD™ cooktop
 • Chrome reflector bowls
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 • Timed dry system
 • 2 drying cycles
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 • Super load capacity
 • 2 automatic wash cycles
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 MID SIZE AUTO-TOUCH® MICROWAVE OVEN WITH PROBE
 • Minute Plus™ • Digital display
 • Programmable cooking
 • 0.9 cubic foot cavity
\$269

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 A World Leader in Technology
 22" SQUARE PICTURE TUBE CABLE READY COLOR TV
 • Random access electronic tuning
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ZENITH
 25" CUSTOM SERIES COLOR TELEVISION
 • Quartz-controlled electronic keyboard tuning featuring 157 channel capability. (including 101 cable TV)
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Sunday, Continued

[DIS] Huck Finn and His Friends
12:00PM (3) NCAA Basketball Championship: Second Round Triple-Header
(3) Hour of Power
(1) Abbott and Costello
(18) Greatest Sports Legends
(2) Ironside
(22) Hogan's Heroes
(23) Mystery: The Adventures of Sherlock Holmes I A man's suspicions are aroused when he is offered a job copying the Encyclopedia Britannica. (60 min.)
(24) What About Women
(25) MOVIE: 'Rescue From Gilligan's Island' The shipwrecked castaways are rescued after 15 years on their enchanted desert island. Bob Denver, Alan Hale Jr., Natalie Schafer. 1978.
(27) Modern Maturity
[CNN] Newsday Worldwide
[DIS] Tales of the Apple Dumpling Gang A down-on-his-luck gambler wins two adorable children in a poker game. (60 min.)
[ESPN] SportsCenter
[HBO] MOVIE: 'A Piano for Mrs. Cimino' (CC) An elderly widow fights for the right to control her own life. Bette Davis, Penny Fuller, Alex Korman. 1952.
[TM] MOVIE: 'Tax' An easy-going and vulnerable 15-year-old is caught in an emotional tug-of-war as he tries to grow up without parental guidance. Matt Dillon, Jim Metzler, Ben Johnson. 1982. Rated PG.
[USA] All American Wrestling
1:30PM (1) MOVIE: 'Cinderella' This take-off on the fairy tale comes complete with wicked step-mother, fairy godfather, beautiful princess, and wicked step-brothers. Jerry Lewis, Ed Wynn, Judith Anderson. 1950.
(2) World Cup Skiing
(11) MOVIE: 'High Noon' A small town marshal must face a killer he sent to prison five years earlier. Gary Cooper, Grace Kelly, Otto Kruger. 1952.
(18) Que Pasa, USA?
(22) Meet the Press
(24) Spotlight on Government
(27) Madeleine Cooks
[CNN] CNN Investigative Report
[ESPN] AWA Wrestling
[MA] Album Flash: Stevie Wonder New videos from Stevie Wonder's latest album 'In Square Circle' are featured, along with exclusive interviews and backstage views with the Oscar and Grammy winner.
1:00PM (3) Exhibition Baseball: New York Mets at Minnesota
(3) MOVIE: 'Boeing, Boeing' An American correspondent in Paris has a job keeping his stewardess girlfriend from bumping into each other at his apartment. Tony Curtis, Jerry Lewis, Dany Saval. 1965.
(22) NBC Religious Program: Telling Children Seriously Edwin Newman hosts this examination of children's feelings. (60 min.)
(23) Mystery: The Adventures of Sherlock Holmes I Professor Moriarty tracks Holmes and Watson across Europe to the Reichenbach Falls. (60 min.)
(24) Let's Go Bowling
(41) Punto de Encuentro
(42) Loving Relationships
(43) MOVIE: 'Squares a Flower' When a greedy business partner threatens the livelihood of his little Italian monastery, gentle Brother George flees to Australia with the secret formula for their special liquor. Jack

answer
A crossword puzzle grid with the word 'ANSWER' written across the top. The grid contains various letters and numbers indicating the puzzle's structure.

Nostalgia



The title of 'The Wild, Wild West' was a not-so-clever double entendre. The hero of this hour-long Western, which aired CBS from 1963 to 1970, was James T. West, an undercover agent for President Ulysses S. Grant.
West, played by Robert Conrad, worked for the U.S. Secret Service and fought against radicals, revolutionaries and criminals who threatened the government. With his partner, Artemus Gordon (Ross Martin), a master of dialects and disguises, he pursued his adventures — often Dr. Loveless, a dwarf, played by Michael Dunn. The pair traveled through the West in a train car full of tricky weapons and clever gadgets. They truly were prairie ancestors of James Bond.
Earlier, Conrad had starred in the detective drama 'The Hawaiian Eye' from 1959-63. In the decade following 'The Wild, Wild West,' he starred in five unsuccessful adventure series, including NBC's 'Ba Ba Black Sheep.' He also starred in a 24-hour miniseries?
Question: What was the name of the miniseries?
Answer: 'Centennial,' which aired on NBC in 1978.

at a teenage beauty pageant, the contestant must smile no matter what. Michael Kidd, Bruce Dern, Barbara Feldon. 1975.
(27) MOVIE: 'Desk Set' An efficiency expert's arrival alarms workers in the research bureau of a broadcasting company. Spencer Tracy, Katharine Hepburn, Diva Young. 1957.
[ESPN] Track and Field: NCAA Division I Men's and Women's Indoor Championships
[HBO] MOVIE: 'Old Enough' Two teenagers from different backgrounds strike up a summer friendship. Sarah Boyd, Rainbow Harvest. 1984. Rated PG.
[TM] MOVIE: 'The Year of Living Dangerously' A journalist, trying to scoop the potential political overthrow of Indonesia, meets and falls in love with the British attaché. Mel Gibson, Sigourney Weaver, Linda Hunt. 1983. Rated PG.
4:15PM [DIS] DTV
4:30PM [CNN] Events and Novels
[DIS] MOVIE: 'The Secret Life of Walter Mitty' A man dreams of exciting experiences. Danny Kaye, Virginia Mayo, Ann Rutherford. 1947.
[MA] MOVIE: 'Fast Forward' (CC) A teen-aged dance group from a small town in Ohio go to New York in search of fame. fans Worth.
5:00PM (3) NOKJ
(1) Black Sheep Squadron
(1) Fame
(2) Credit Card
(3) French Foreign Legion
(4) It's a Living
[CNN] Newswatch
[USA] Alfred Hitchcock
5:30PM (1) What's Happening Now
[CNN] Newsmaker Sunday
[HBO] Fuggie Rock: Red's Blue Dragon (CC)
6:00PM (1) MOVIE: 'Cotton Comes to Harlem' A pair of detectives, a minister, a junk dealer and others chase across Harlem looking for missing money and a bale of cotton. Godfrey Cambridge, Raymond St. Jacques, Judy Pace. 1970.
(1) (2) (3) News
(1) Police Story
(1) MOVIE: 'A Small Killing' An undercover cop and a college professor trail a killer with help from a motley crew of elderly street people. Edward Asner, Jean Simmons, Andrew Fine. 1981.
(2) Dargary and Malagasy
(2) Small Wonder
(2) NewsCenter
(2) W.C. Fields Straight Up
(2) Undersea World of Jacques Cousteau
(1) Fame In Stereo
[CNN] Newswatch
[HBO] MOVIE: 'Red Dawn' (CC) When Communist paratroopers invade a small U.S. town and begin to slaughter its inhabitants, a group of high school students desperately fights back. Patrick Swayze, C. Thomas Howell, Harry Dean Stanton. 1984.
[TM] MOVIE: 'Wuthering Heights' A young aristocrat falls in love with a boy who works in her father's stable. Laurence Olivier, Merle Oberon, David Newell.

Sunday, Continued

(22) (23) Alfred Hitchcock Presents: The Creeper A fashion designer becomes terrified that she may be the next victim of a serial killer. In Stereo.
(23) Ask the Manager
[USA] Hollywood Insider
11:00PM (3) Eyewitness News
(3) Taxi
(3) (30) (40) News
(5) The World Tomorrow
(11) Odd Couple
(22) NewsCenter
(23) Newsmakers
(27) Mystery: The Adventures of Sherlock Holmes I (CC) Professor Moriarty tracks Holmes and Watson across Europe to the Reichenbach Falls. (60 min.)
(24) Connecticut: Now
[CNN] Inside Business
[DIS] MOVIE: 'Tax' An easy-going and vulnerable 15-year-old is caught in an emotional tug-of-war as he tries to grow up without parental guidance. Matt Dillon, Jim Metzler, Ben Johnson. 1982. Rated PG.
[ESPN] SportsCenter
[USA] Herbalife (R)
11:30PM (3) CBS News
(5) Blue Knight
(2) Sports Extra
(3) (20) Millionaire Maker
(11) The Honeymooners
(22) CNN Headline News
(23) Sports Machine
(23) Profile Boston
(40) MOVIE: 'Three Into Two Won't Go' The humdrum life of a sales executive and his wife is turned upside down when a permissive young girl enters their world. Rod Steiger, Claire Bloom. 1969.
(41) Spiritual Life Crusade
[CNN] Sports Tonight
[HBO] America Undercover: Kids in Crisis Three treatment centers for emotionally disturbed kids are visited. (60 min.)
[MA] MOVIE: 'Blood Simple' (CC) A jealous husband hires a seedy private eye to murder his estranged wife and her lover. M Emmet Walsh, Dan Hedaya, John Getz. 1984. Rated R.
9:00PM (1) Beverly Hills: Saint Patrick's Day Parade
(1) (2) MOVIE: 'Blue Thunder' (CC) The pilot of a super-chopper uncovers a plot to turn his crime-fighting partner against an unsuspecting city. Roy Scheider, Warren Oates, Malcolm McDowell. 1983.
(2) New Jersey People
(1) Love Boat
(2) Billy Graham's Sheffield England Crusade
(1) Lifestyles of the Rich and Famous
[CNN] Week in Review
[DIS] MOVIE: 'Spy Busters' An American exchange student learns a secret that iron Curtain agents are willing to kill for. Kurt Russell, Glenn Corbett, Patrick Dawson. 1965.
[MA] MOVIE: 'Falcon and the Snowman' (CC) Two childhood friends set out to sell government secrets to the Soviet Union. Timothy Hutton, Sean Penn, Lou Singer. 1984. Rated R.
9:30PM (1) In Depth
(2) Flamingo Road
[USA] Wanted: Dead or Alive
9:45PM (HBO) MOVIE: 'Missing in Action' An American Army colonel, struggling to convince the world that MIA's are still imprisoned in Vietnam, accompanies a Senate investigation committee to Ho Chi Minh City. Chuck Norris. 1984. Rated R.
10:00PM (3) News
(1) Straight Talk
(1) Independent News
(2) Insight / Out
(2) (2) Alfred Hitchcock Presents: The Jerk food with artistic and domestic failure, a man discovers a strange glowing artwork with the power to change his life. In Stereo.
(2) (3) on Sports
(41) Start of Something Big
[CNN] Evening News
[TM] MOVIE: 'Crimes of Passion' (CC) A young woman leads a dual life — fashion designer by day and prostitute by night. Kathleen Turner, John Laughlin, Tony Perkins. 1984. Rated R.
[USA] Cover Story (R)
10:30PM (1) Sports Extra
(1) Editor's Desk
(1) Millionaire Maker
(2) Jimmy Swaggart

She brings 'X' to cassettes

By Dick Kleiner



Gail Palmer

HOLLYWOOD — More and more, America is turning on videos, watching movies and other entertainment cassettes at home.
And, therefore, more and more the question is being raised: Should some regulatory body control videos and give them ratings like movies have?
Naturally, there could never be a method of controlling what people show in their own living room. A man's home is his castle; likewise, a woman's. But there could be controls established at the point of sale or rental, so no video cassettes could be sold or rented to youngsters, for example, if they had R or X ratings, or the equivalent.
No such controls exist today. And so anybody can go in and rent or buy Gail Palmer's video, "Shape Up for Sensational Sex." This has aerobics and exercise, but it includes sex scenes and other blatantly erotic sequences.
"They have been trying to put ratings on videos," says Gail Palmer, who is pioneering in the field of erotic videos. "Some of them say 'For Couples,' they put a little symbol on the front, saying it is recommended 'For Couples.' But it hasn't so far caught on everywhere.
She doesn't think her own video should be called "pornographic." She prefers the euphemism, "adult entertainment." And she thinks there is not only a market for that kind of video, but a need for it.
"People are renting a lot of videos these days," she says. "And they go in and get a couple for the children, and they'll always take an adult-entertainment video home for themselves, and adult movie for their own enjoyment after the kids are in bed."
She believes that many people who wouldn't be caught dead going out to see an X-rated movie, see them at home and think it is perfectly fine. Her own movies — she produced and

NBC wins week with comedies

NEW YORK (AP) — With five comedies in the Top 10, including the No. 1 "Cosby Show," and newcomer "Valerie," NBC posted its largest winning margin in the prime time ratings since Super Bowl week, figures from the A.C. Nielsen Co. showed.
For the week of March 3-9, NBC had a 17.6 rating to CBS' 15.2 and ABC's 14.1. The week NBC broadcast the Super Bowl in January, it won by 5.2 points.
The record-breaking "Cosby Show," which is bound to be NBC's first top-rated series since "Laugh-In" in 1969, had a 36.4 rating. Its companion comedy, "Family Ties," was second with a 33.0. NBC's "Cheers" was fourth, "Golden Girls" sixth and "Valerie," the new sitcom starring Valerie Harper, tied for 10th.
ABC's Tuesday comedies also cracked the Top 10: "Who's the Boss?" was eighth and "Growing Pains" ninth.
The rest of the Top 10 included CBS' "Murder, She Wrote" in third, CBS' "60 Minutes" in fifth, ABC's "Dynasty" in seventh and NBC's "Miami Vice" in 10th. ■

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Continued ...

Creators of 'Cheers' offer new sitcom

By Andrew J. Edelstein

They made you laugh with an upscale sitcom about an arrogant ex-jock and his brainy barmaid girlfriend. Now "Cheers" creators Les Charles, Glenn Charles and Jim Burrows will try to get the same results from a new sitcom involving a modern woman who must juggle her career and home life. The sitcom, "All Is Forgiven," makes its debut Thursday on NBC. It airs at 9:30 p.m., conveniently after that evening's "Cheers" episode.

Bess Armstrong (On Our

Own") stars as Paula Russell, a soap opera producer, who starts a new job and new marriage simultaneously. Her husband is played by Terrence Knox (who played Dr. Peter White, the rapist-doctor on "St. Elsewhere"). Shawnee Smith plays the obnoxious teenage step-daughter. Carol Kane ("Taxi") costars as a soap opera writer.

The series will also air Thursday, March 27, before moving into a regular time slot on Saturday, March 29, at 9:30 p.m. It replaces "227," which goes on hiatus until the remaining seven episodes of "All Is Forgiven" air.

The next "big event" is the miniseries "If Tomorrow Comes," an airy romantic caper based on Sidney Sheldon's best-seller. CBS telecasts the seven-hour miniseries on Sunday, Monday and Tuesday. The tale portrays the dilemma of Tracy Whitney (Madolyn Smith), an ordinary bank clerk who is transformed by a series of misfortunes into a clever and calculating con woman.

The miniseries also stars Tom Berenger as Jeff Stevens, a con man with a heart of gold; David Keith as Daniel Cooper, a sinister insurance investigator;

Richard Kiley as Gunther Hartog, a European master criminal; Jack Weston as Uncle Wille, a carnival huckster, and Liam Neeson, the raffish Inspector Trignany of Interpol.

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MTV is going bananas over the Monkees, the first made-for-TV rock band. The music-video channel has dubbed March "Monkees Month" and is airing episodes of the 1960s sitcom twice a day, at noon and 8 p.m. In September, the show will air daily on Nickelodeon, MTV's sister service.

1986 marks the 20th anniversary of the creation of the Monkees — a band formed (strictly to become a TV and recording act) by two producers who advertised in Variety.

The current hoopla about "The Monkees" seems ironic. Back in the late '60s, the Monkees were scorned by rock cognoscenti as imitation Beatles who represented the worst of rock's commercialism. But time has mellowed these criticisms: The revisionists theory offered by MTV executives about the quartet is that they were the first "rock-video band." ■

Canadians go 'diamond'

By Ethlie Ann Vere



Video Beat

Bryan Adams and Corey Hart recently became the first and second Canadian artists, respectively, to earn "diamond" album status in their homeland, certifying sales of 1 million copies of their latest LPs. Achieving platinum status in Canada requires sales of 125,000 units; in America, a platinum album means sales of 1 million units. No new mineral has been found to award artists Platinum Blonde and Anne Murray, however, domestic acts who have exceeded 500,000 units in Canadian sales but fall short of the million mark.

Adams, by the way just surpassed sales of 4 million copies of his "Reckless" LP in the U.S.

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The thin edge of the wedge: The Maryland State Assembly is considering a bill that would make it a jailable offense to sell a record containing obscene lyrics to a minor. At the Jan. 14 hearing on this measure, there was no opposition from record store owners, because according to a spokesperson, none of them were aware of the proposed legislation until after the fact.

Ethlie Ann Vere tunes into rock for Newspaper Enterprise Association.

Presumably, Maryland shopkeepers could be arrested, if the bill passes, for selling anyone under 18 a copy of discs by the Rolling Stones, Prince, Joan Jett, John Lennon, the Jefferson Airplane and many more. Legislators in West Virginia, Minnesota, New Jersey, Wisconsin and Mississippi are reportedly contemplating similar measures.

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Roger Daltrey will be interviewed by Mary Turnery on her syndicated radio program "Off the Record," which airs on Westwood One affiliates the week of March 17. Meanwhile, Daltrey's former bandmate, Pete Townshend, is the subject of a two-hour special on the competing NBC Radio Entertainment network airing this weekend.

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Sheila E. won top prize at a 10-day music festival in Santiago, Chile, competing

against local and international talent. The San Francisco percussionist beat out Laura Branigan, among others. Later, in Japan, Sheila E. was so pressured by enthusiastic fans that she had to escape a Buddhist temple on the shoulders of her 6-foot-7-inch bodyguard.

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Elvis Costello went to court to legally change his name back to what it was originally: Declan Patrick McManus. Although he will continue to perform as Costello, his songs will now be credited to McManus. "I don't know why I ever changed it in the first place," shrugged Costello-McManus.

□ □ □

Bob Geldof, leader of the Boomtown Rats and social conscience behind Band-Aid and Live-Aid, is working on an autobiography to be published this summer.

□ □ □

After its marathon airing of back-to-back "Monkees" episodes in February, MTV has decided to show the '60s pop series throughout March, with a half-hour episode running every day at noon and 8 p.m. Apart from nostalgia value, "The Monkees" seems to appeal to video music fans who weren't even born when the program was in first run. ■

Turntable tips

NEW YORK (AP) — The following are Billboard's hot record hits as they appear in this week's issue of Billboard magazine.

Hot singles

1. "Sara" Starship (Grunt)
2. "These Dreams" Heart (Capitol)
3. "Kylie" Mr. Mister (RCA)
4. "Secret Lovers" Atlantic Starr (A&M)
5. "How Will I Know" Whitney Houston (Arista)
6. "R.O.C.K. in the U.S.A." John Cougar Mellencamp (Riva)
7. "Rock Me Amadeus" Falco (A&M)
8. "Silent Running" Mike & The Mechanics (Atlantic)
9. "King For a Day" Thompson Twins (Arista)
10. "Nikita" Elton John (Geffen)

Top LP's

1. "Whitney Houston" Whitney Houston (Arista) — Platinum (More than 1 million units sold.)
2. "Promise" Sade (Portrait) — Platinum
3. "Welcome to the Real World" Mr. Mister (RCA) — Platinum
4. "Heart" Heart (Capitol) — Platinum
5. "The Broadway Album" Barbra Streisand (Columbia) — Platinum
6. "Scarecrow" John Cougar Mellencamp (Riva) — Platinum
7. "Knee Deep in the Hoopla" Starship (Grunt) — Platinum
8. "Brothers in Arms" Dire Straits (Warner Bros.) — Platinum
9. "The Ultimate Sin" Ozzy Osbourne (CBS Associated)
10. "Once Upon a Time" Simple Minds (A&M-Virgin) — Gold (More than 500,000 units sold.)

Country singles

1. "I Could Get Used to You" Exile (Epic)
2. "What's a Memory Like You" John Schneider (MCA)
3. "You Should Have Been Gone By Now" Eddy Raven (RCA)
4. "Don't Underestimate My Love For You" Lee Greenwood (MCA)
5. "Your Memory Ain't What It Used to Be" Mickey Gilley (Epic)
6. "100 Chance of Rain" Gary Morris (Warner Bros.)
7. "Cajun Moon" Ricky Skaggs (Epic)
8. "She and I" Alabama (RCA)
9. "Dreamland Express" John Denver (RCA)
10. "In Over My Heart" T.G. Sheppard (Columbia)

Adult contemporary singles

1. "These Dreams" Heart (Capitol)
2. "Sara" Starship (Grunt)
3. "Nikita" Elton John (Geffen)
4. "Secret Lovers" Atlantic Starr (A&M)
5. "Life in a Northern Town" The Dream Academy (Warner Bros.)
6. "How Will I Know" Whitney Houston (Arista)
7. "Only One" James Taylor (Columbia)
8. "Silent Running" Mike & The Mechanics (Atlantic)
9. "Overjoyed" Stevie Wonder (Tamla)
10. "When the Going Gets Tough" Billy Ocean (Jive)

Weekdays

- 5:00AM** (3) CNN Headline News
(1) Life of Riley
[CNN] Crossfire
[USA] Varied Programs
- 5:30AM** (3) Varied Programs
(1) Independent News
(2) Agriculture Today
(3) Jim & Tammy
(4) Morning Stretch
[CNN] Showbiz Today
- 6:00AM** (3) CBS Early Morning News
(3) New Zoo Revue
(4) World News This Morning
(5) Jimmy Swaggart
(11) (3) Varied Programs
(12) CNN News
(20) Bugs Bunny
(38) 20 Minute Workout
(40) ABC News This Morning
(41) El Club 700
(43) Cartoon Carnival
[CNN] Daybreak
[DIS] Mickey Mouse Club
[ESPN] Aerobics: Bodies in Motion
[USA] Heartlight City
- 6:30AM** (3) Daybreak
(5) Fat Albert & Cosby Kids
(9) 700 Club
(11) Great Space Coaster
(18) 20 Minute Workout
(20) Woody Woodpecker
(22) NBC News at Sunrise
(38) Tranzor
(41) El Ministerio de Jimmy Swaggart Presenta
(43) Robotach
[CNN] Business Day
[DIS] Mousercise
[ESPN] Nation's Business Today
- 6:45AM** (3) News
(5) Weather
(27) Weather
- 7:00AM** (3) CBS Morning News
(5) Care Bears
(8) Good Morning America (CC)
(11) The Jetsons
(18) Varied Programs
(20) She Ra Princess of Power
(22) Today
(24) Sesame Street (CC)
(38) Voltron
(41) Mundo Latino
(43) Joyce and the Wheeled Warriors
[CNN] Daybreak
[DIS] Good Morning Mickey!
[USA] USA Cartoon Express
- 7:30AM** (3) Woody Woodpecker & Friends
(9) Straight Talk
(11) Heathcliff
(18) Lancelot Link
(20) He-Man
(41) Voltron in Stereo
[DIS] Welcome to Pooh Corner

- [ESPN] Nation's Business Today
- 8:00AM** (1) (3) Challenge of the Goats
(18) Polla Dot Door
(20) Care Bears
(24) (5) Mr. Rogers' Neighborhood
(41) Tranzor in Stereo
[DIS] Donald Duck Presents
- 8:20AM** (5) Mr. Rogers' Neighborhood
(41) Tranzor in Stereo
- 8:30AM** (3) (8) The Flintstones
(9) Romper Room
(11) Scooby Doo
(18) Romper Room and Friends
(20) Heathcliff
(24) 3-2-1. Contact (CC)
(37) Varied Programs
[DIS] Dumbo's Circus
- 9:00AM** (3) \$25,000 Pyramid
(5) Brady Bunch
(11) Donahue
(18) Love Boat
(38) Can You Be Thinner
(40) Catholic Mass
(42) Sesame Street
(43) Best of Family Feud
(48) Fat Albert
(49) A Perfect Match
(57) Sesame Street (CC)
(61) My Three Sons
[CNN] Daywatch
[DIS] You and Me, Kid
[ESPN] Varied Programs
[USA] Calliope Children's Programs
- 9:30AM** (3) All New Let's Make a Deal
(3) Leave It to Beaver
(4) Partridge Family
(18) Ghost and Mrs. Muir
(20) Jimmy Swaggart
(38) Break the Bank
(38) Journal
(48) Headline Chasers
(41) Hoy Mismo
(57) Varied Programs
[DIS] New Animal World: Jungle Juggler
- 10:00AM** (3) Hour Magazine
(5) I Love Lucy
(8) Sally Jessy Raphael
(11) My Favorite Martian
(11) Sanford and Son
(18) Julia
(20) 700 Club
(22) Family Ties
(24) Instructional Programs
(38) Movie
(40) Barney Miller
(41) Flying Nun
[DIS] Varied Programs
[USA] Candid Camera
- 10:30AM** (3) Make Room for Daddy
(9) Divorce Court
(11) My Favorite Martian

- (11) Best Talk in Town
(18) 20 Minute Workout
(22) (3) Sale of the Century
(40) Alice
(41) Phyllis
[USA] Gong Show
- 11:00AM** (3) Price Is Right
(3) Divorce Court
(8) A Perfect Match
(9) Bewitched
(11) What's Hot, What's Not
(18) Good Housekeeping
(20) Dream of Jeannie
(22) Wheel of Fortune
(40) Bruce Forsyth's Hot Streak
(41) Grandes Novelas: Abandonada
(41) Tony Randall
- 11:30AM** (3) All in the Family
(8) New Love American Style
(11) Dream of Jeannie
(11) Indiy News
(18) CNN Headline News
(20) Bewitched
(22) Scrabble
(41) Love Connection
[USA] Varied Programs
- 12:00PM** (3) Eyewitness News
(8) First Edition News
(8) News
(11) Odd Couple
(18) Merv Griffin
(20) Varied Programs
(20) NewsCenter
(38) Super Password
(38) Dick Van Dyke
(40) Ryan's Hope
(57) Sesame Street (CC)
(61) Perry Mason
[CNN] Take 2
[ESPN] Aerobics: Bodies in Motion
[USA] Movie
- 12:30PM** (3) The Young and the Restless
(5) Middy with Bill Boggs
(8) Living
(11) Varied Programs
(22) Search for Tomorrow (CC)
(38) Andy Griffith
- 1:00PM** (1) (4) All My Children
(11) Joker's Wild
(11) Movie
(22) Days of Our Lives
(24) Instructional Programs
(38) Phil Silvers
(41) Miss Huppelers
(41) Dick Van Dyke
- 1:30PM** (3) As the World Turns
(8) Hour Magazine
(8) Tic Tac Dough
(24) Varied Programs
(38) 20 Minute Workout
(41) Green Acres
- 2:00PM** (1) (4) One Life to Live

- (9) Let's Make a Deal
(20) I Love Lucy
(22) (3) Another World
(38) Tranzor
(41) La Riviera
(41) The Munsters
(41) Police Woman
(11) Eight Is Enough
(18) Dallas
(20) Happy Days
(22) M*A*S*H
(24) (5) Mr. Rogers' Neighborhood
(38) Benson
(38) Beverly Hillsbillies
(40) People's Court
(41) Princessa
(41) Addams Family
[CNN] Newswatch
[DIS] New Animal World: Jungle Juggler
[USA] Make Me Laugh
- 5:20PM** (5) Mr. Rogers' Neighborhood
- 5:30PM** (3) Eyewitness News
(5) What's Happening!!
(8) (4) News
(20) Lorne and Shirley
(22) NewsCenter
(24) 3-2-1. Contact (CC)
(38) WKRP in Cincinnati
(38) Jeffersons
(57) Varied Programs
(61) Good Times
[DIS] Wonderful World of Disney
[USA] Gong Show

TV's 'Ghostbusters'

HOLLYWOOD (UPI) — "The Real Ghostbusters," an animated half-hour TV series based on the hit movie "Ghostbusters," will be nationally distributed next fall by Columbia Pictures Television. Thirteen episodes of the show have been licensed to ABC-TV in addition to 65 syndications scheduled for syndication in the fall of 1987. So far it has been cleared in 70 markets, a spokesman for Columbia Pictures Television announced. "The Real Ghostbusters" is based on characters portrayed by Bill Murray, Dan Aykroyd and Harold Ramis in the movie with Ivan Reitman, who produced and directed the film, as executive producer.

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Crime victims are fighting back

The cost of victimization in the United States is now \$50 billion

By Susan Crain Bakos

In December 1984 a mild-mannered man made the news by fighting back in a dramatic way. Bernhard Goetz shot four youths who tried to extort money from him on a New York subway — and became a national hero. Some decried Goetz's actions: He shot before he had been shot at; he inflicted serious bodily harm as payment for small-time extortion, a demand for \$20. But many more cheered him.

Goetz's response to subway terrorism was extreme; and so was the nation's response to him. The celebrity of Bernhard Goetz reflected the new mood of the country. Americans are tired of crime, criminals and the justice system which lets all too many who are obviously guilty slip by on technicalities and releases others from jail after serving a mere fraction of the time their crimes warrant. We have made a 180-degree turn from the '60s, when activists championed criminals' rights.

This concern for criminals who were seen as "society's victims," led to the famous 1966 Supreme Court decision that freed convicted rapist Ernesto Miranda on a technicality. Because the police had neglected to warn him, he had the right to remain silent and everything he said could be held against him — he went free in spite of the fact that he had obviously committed the crime.

Now every kid who watches cop shows knows the criminal has to be Mirandized, informed of his rights, or the bust is no good. This is true even if the criminal has murdered his mother in front of 10 witnesses, including the chief of police.

Twenty years later our

collective heart no longer goes out to the Mirandas of the world. It is the victim with whom we sympathize. Maybe because so many more of us have been victims.

In the '80s, activists are championing victims' rights (which should not be confused with the vigilantism of Goetz). People who have been victimized by rapists, armed robbers, others who have lost loved ones to the guns and knives of murderers are fighting back within the system. And they are beginning to win.

Last year the cost of victimization in America ran in excess of \$50 billion. Yet the federal and state governments spend \$99 to every \$1 awarded to the victims through compensation programs.

"And worse," says Richard Allan, a professor at Brooklyn Law School. "The criminals know their rights and are informed of them immediately upon arrest. No one informs the victim he has rights. Most states have some kind of victims' assistance programs, but unless you are an unusually well-informed victim who knows enough to ask about it, you probably won't be told what can be done for you."

Allan learned about the existence of the New York Crime Board from a poster on a hospital wall. His son, the victim of a stabbing by muggers, was a patient in the hospital. Allan contacted the Crime Board and was eventually reimbursed for his son's care.

But nobody had come forward to Mirandize him or his son.

One-third of us will find ourselves in the victim position. If you are black, poor and/or aged, if you live and/or work in a large city, you are more likely to be one of the 33 percent. But not fitting into those categories

"One-third of us will find ourselves in the victim position. ... No one is safe from violent crime."

doesn't guarantee safety. No one is safe from violent crime.

Marlene says, "I was beaten, raped and robbed in my own apartment building in a quiet middle-class suburb. It happened during the day in the hallway. I had taken a personal day off work, so most of the building residents were gone when I left my apartment that morning. I screamed, but no one heard me."

"And that's the way it is when you're a victim: No one hears you. The victim is a legal non-entity."

Marlene was in her hospital bed when she began to realize she would never "get justice."

She says, "My attacker was caught, which isn't always the case. He had been seen leaving the building and was identified in a line-up by witnesses. When he was arrested, he still had my wallet and jewelry on him. Tests of blood, skin and fiber samples were conclusive."

"So the system geared up, not to put him away, but to get him off if possible, or at least get him off easy."

Marlene wanted her own lawyer to represent her at his trial because she wanted to be sure the prosecution was as good as the defense. But she was told the state, not Marlene, was the victim of this crime — and the state, not Marlene, prosecuted the criminal through a court-appointed prosecutor representing "the public interest." The attacker, of course, could have had his own attorney if he could have

afforded that.

Her rapist's attorney attempted to prevent the prosecution from showing pictures of Marlene's injuries in court. He didn't succeed, but some defense attorneys do win this point. It is not unusual for a murder trial to include no pictures of the murdered.

"Imagine," Marlene says, "how this makes you feel if you are the person who has been hurt. The criminal justice system is designed to protect the criminal. His expenses are paid. His rights are guarded. Every effort is made to keep 'emotion' out of the courtroom — which downplays the crime by keeping the victim's suffering from the judge and jury."

"We don't have a victim justice system."

Marlene asked her attorney if she couldn't sue the man later for financial redress. He asked her why she would bother to sue a man who had no money, who was on his way to jail. What could she gain?

Then, almost as an afterthought, he told her to contact the National Organization for Victim Assistance (address and phone at end of article) and ask about her state's compensation program.

"We won't have a justice system which truly represents all of us," she says, "until it is mandatory for the police and lawyers to tell victims of their rights just as they tell criminals. My medical bills totaled \$10,000 — and I had to see a

psychologist for a year following the attack. I was able to get part of that money back, but I had to fight my way through a labyrinth of paper to get it.

"My attacker probably won't serve more than two years in jail."

At least Marlene is alive to fight for her rights. A murderer's victims are truly unrepresented in the legal system. Their families often watch in anguish as the dead son or daughter, husband, wife or mother becomes the forgotten person in a murder trial.

A St. Louis woman whose daughter was shot to death after being abducted from a suburban shopping mall at Christmas time, says, "If my daughter's murderers hadn't been found guilty, I probably would have killed them myself."

"By the time the trial was over, I was angrier than I had been before. We were discouraged from even attending the trial by the prosecution and the defense. They said our presence would be 'upsetting.' If the case hadn't received a great deal of publicity, we wouldn't have known when the trial was being held because we were never notified."

In fact, crime victims are usually not notified of the proceedings in their cases. According to a spokesperson for the National Organization for Victims Assistance, "Many victims have told us they know about their cases from reading the papers. Others, who are required to testify in the cases, are intimidated and harassed by defense attorneys. They may repeatedly take time off from work to appear in court only to have the case continued (postponed by the defense)."

Kathleen Johnson

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- Occupation Realtor
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- Favorite food pizza
- Favorite sport cross country skiing
- Roots for the underdog
- Idea of a good vacation Virginia
- What you do to relax weave
- Type of entertainment preferred movies
- Favorite entertainer Barbra Streisand
- Favorite actor George Segal
- Favorite actress Katharine Hepburn
- Favorite song "We've Only Just Begun"
- Kind of music preferred classical
- Favorite magazine Country Living
- Favorite stores in Manchester D & L Stores
- Favorite spot Bolton Lake station wagon
- Car station wagon
- Favorite color blue
- Last book read "Lake Wobegon" by Garrison Kellor
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- Best thing about Bolton It's a small town
- Worst thing about Bolton lack of grocery stores



David Beshaw/Manchester Herald

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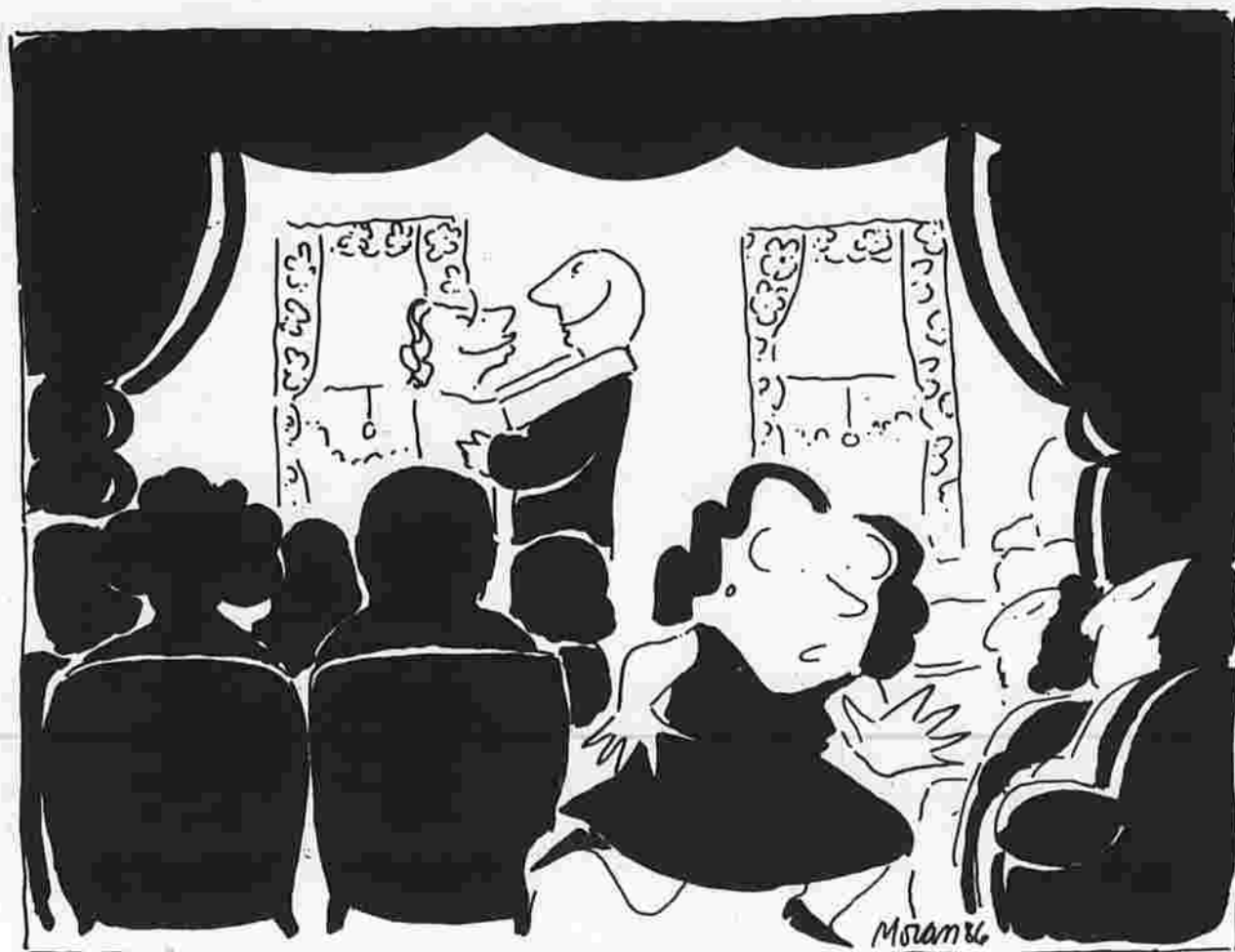
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When terror pays a social call

By Dylan Landis

One evening in the spring of 1976, a 24-year-old woman sank into her plush seat in a New York City theater and leafed through the program to Ibsen's "Lady of the Sea." When the lights dimmed, she leaned back with pleasure. Ten years later she can still recall the date and even the dress she wore, but the play itself is a blur.

For halfway through, sitting with strangers in the dark, Linda Morrell was gripped with fear. She was nauseated, faint and convinced she would vomit on someone's feet. She felt trapped. She had to run. "It's as if you were on a roller coaster," she recalls, "right at the moment you're about to drop."

Murmuring apologies, she squeezed past a row of knees and fled to the ladies' room. "It was just this rush of panic," she says. "I thought I was going crazy." In a few minutes, dread subsided, but it left her with a lingering fear that it would happen again.

It did. Morrell, now 33, lives with her husband in Reston, Va.

She has a master's degree in counseling and works with acutely psychotic patients in an Alexandria hospital. But all her training in mental health could not stop the waves of panic that struck sometimes several times a week.

Each time she felt the same terror of blacking out, of throwing up in public, of not being able to escape. "The awful part is that you know nothing will happen," she says, "but the emotional fear is so intense that knowing doesn't help."

Descriptions of such random attacks of dread date back to the ancient Egyptians, but only a few years ago did the American Psychiatric Association coin a name for a pattern of repeated episodes. It called the syndrome "panic disorder."

Like Morrell, a patient with panic disorder has no idea why she feels suddenly overwhelmed. Sometimes a trauma, such as divorce or a parent's death, sets off her first attack. But after that the panic seems to come out of the blue, when she's driving to work, waiting in a bank line or lunching with a client in a restaurant.

For someone who has never

had one, a panic attack is hard to comprehend. It comes as a sudden, unexplained terror — "like being buried alive," as one patient describes it — that lasts for several minutes, and, occasionally, hours.

Tumbling over the terror comes alarming physical symptoms: a racing heart, nausea or faintness that may make the victim think she is in the throes of a heart attack. Her hands may tingle. She may feel smothered or choked. She envisions herself running amok, fainting or vomiting in public, going crazy or even dying.

Strangely, the two greatest barriers to her finding treatment may be her own sense of helplessness and isolation, and her physician's insistence that nothing is wrong with her health. It would be eight years before Morrell, for example, found a doctor who gave a name to her problem and prescribed medication for the attacks.

By the most conservative estimate, at least three and a half million Americans have panic disorder, and at least 70 percent of them are women. Some doctors say genetics are to blame, just as baldness, for genetic reasons, affects mostly

men. Others see panic as a psychological problem, although they cannot explain why it affects women more.

They paint a picture of an independent, often gregarious young woman who is inwardly terrified of losing control; who thinks so vividly about frightening situations that the danger seems real, in her mind, before it can even arise.

Most patients are in their teens or early 20s when the first attack strikes. Their ranks include students, bank vice presidents, entrepreneurs, full-time wives and mothers.

Career choice and stress levels don't seem to make much difference, although many women say they feel safest at their jobs. For them, the office is an ordered setting where they are absorbed in work, and where just the presence of co-workers is reassuring.

"It's always been easier at work because I'm involved in doing things, especially in one-to-one therapy with a client," says Morrell. "I wouldn't have time to think and anticipate things."

Yet far from being weak or nervous, these women — and sometimes men — are

perfectionists, often advancing in their careers, who regard themselves as strong.

"They are very controlling, creative, bright, manipulative people," says Jerilyn Ross, associate director of the Roundhouse Square Phobia Treatment Center in Alexandria, Va., and director of public education for the Phobia Society of America. "They have a tremendous need to be liked. They hold a lot of feelings in, and they pride themselves on being independent."

Dr. Manuel D. Zane, an attending psychiatrist and director of the Phobia Clinic at White Plains Hospital Medical Center in New York, believes that panic is a thought process that must be unlearned. "People who develop panic," he says, "have a whole private world inside that can be rapidly excited, in which one fear after another develops, and the body reacts to each one."

"First you get frightened. Your heart races. Then you worry about having a heart attack. Your legs get shaky. Your breathing, all these functions, begin to go awry."

Continued ...

'I thought I was going crazy'

... Continued

"That's real," says Zane. "It's biochemical. But it comes from an array of frightening thoughts racing through a person's mind."

Eventually, some patients look back in psychotherapy and decide that their panic attacks made a certain kind of sense. As children, they remember being afraid of going to school or being left alone — what psychologists call school phobia or separation anxiety.

Some were afraid that a sick parent might die and abandon them. Years later, when it came time to move out, "grow up" and make a separation on their own, these sleeping fears may have been aroused.

Paula Levine, a psychotherapist and director of the Agoraphobia Resource Center in Coconut Grove, Fla., suggests that unresolved separation anxiety in children can blossom into panic disorder in adults.

She gives the example of a 27-year-old woman whose panic attacks have tied her up her parents' home. "What's the payoff?" asks Levine. "It causes her parents to be sympathetic. It gives her more space and freedom to live at home. It keeps her attached to her parents."

But there is some evidence, too, that panic disorder is rooted in biochemistry, not in personal history. Researchers point out that it runs in families, strikes a particular age group and can usually be stopped cold by certain drugs.

Curiously, it sometimes goes hand in hand with mitral valve prolapse, a heart condition also found mostly in women — suggesting that both problems are passed down on a single gene.

All of these factors could add up to a physical basis for panic.

"You find it in liberated women, dependent women, women in every country," says Dr. David Sheehan, professor of psychiatry and director of clinical research at the University of South Florida College of Medicine in Tampa. "The incidence is the same."

But beyond the debate over its cause, both camps agree on one thing: Panic disorder can be treated.

Mary Guardino, a 42-year-old Staten Island businesswoman, is a firm believer in anti-panic drugs since her treatment. She had her first attack at 18, on a train. After that, the attacks came in elevators, in cars, on her honeymoon in Jamaica; worst of all, they came at work. Guardino was fiercely ambitious. She founded her first company at 26, a firm that packages ski tours, and as it flourished she set up a second company to develop real estate and build homes in Staten Island.

In her 30s, by her own account, she was both a millionaire and an agoraphobic. Away from home, she could not stand to be alone in any setting where panic might strike — her car, for example, or an elevator. She hired a chauffeur, and she tried to keep her fear from showing.

Before giving a speech, Guardino recalls, "I would sit on the dais and feel I would go insane in front of the 700 people in the room. I would say to the next person next to me, 'Just in case anything happens to me, here's my agenda.'"

Three years ago, Guardino saw a doctor who put her on an antidepressant medication that also, for unknown reasons, controls panic. The result stunned her. "In seven weeks, I was 100 percent back in perfect condition," she says.

A year later she stopped taking the medication; so far,

"First you get frightened. Your heart races. Then you worry about having a heart attack. Your legs get shaky. Your breathing, all these functions, begin to go awry."

she has not relapsed. Her success inspired her to start Freedom From Fear, a panic and phobia treatment clinic on Staten Island.

Three kinds of anti-panic drugs have high success rates, although others are being tested. Two, curiously, were developed as antidepressants and only later were found to work against panic. Tofranil and Norpramin, for instance, both common brand names, are in the family of tricyclic antidepressants now often prescribed for panic disorder.

Two other brands, Nardil and Parnate, are classified as monoamine oxidase inhibitors, a second family of antidepressants. And Xanax, a brand of tranquilizer in the benzodiazepine family, can also keep panic attacks at bay.

"Over 80 percent of people, probably closer to 90, respond to one drug or another," says Dr. Abby J. Fyer, co-director of the New York State Psychiatric Institute, and assistant professor of clinical psychiatry at the Columbia University College of Physicians and Surgeons in New York. "So it's really a disorder that's treatable."

Drug therapy is far more sophisticated now than it was a decade ago, when most patients were treated only with mild tranquilizers or a doctor's admonition to relax. Still, no one knows why the drugs work,

concentrating on the taste of a mint, could break the flow of frightening thoughts. Then, if the panic dropped from a 10 to a five, she knew she was regaining control.

This approach, called cognitive therapy, is widely used. "You learn to retrain your thinking," says Moscater, who now works at the clinic and runs a self-help group. "We want to get the person's brain focused on something besides the panic. A lot of times having the knowledge about it, mentally talking yourself down, can be as powerful as a drug."

In some cases, a patient must be treated not only for panic attacks but for agoraphobia, a generalized phobia of places where she thinks the panic might strike.

A therapy aide may have to take her by the hand, coax her onto trains, even fly with her to a nearby city before the phobia of such places subsides. Eventually, the patient learns that the attacks will not come back — or, if they do, that she can handle them.

"You learn to ride these frightening thoughts through," says Ross. "It's like going over a wave. As you confront it, as you get more comfortable with it, the feeling will die of neglect."

Fyer says. But for some patients, including Morrell, six months or a year on medication is enough to stop panic attacks for good.

Nor are drugs the only answer. The same year that Guardino started on her medication, Margaret Moscater, a 35-year-old therapy aide from Fairfield, Conn., took a different approach. She joined the Phobia Clinic at White Plains Hospital Medical Center, where she was taught psychological techniques to control her attacks.

Moscater was just 17 when she dropped out of the business program at City College in New York, and, six months later, quit her job at a bank. Both times, she says, she was driven by the fear of panicking in public. One year later she became a supervisor for the Hertz Corporation and got back on track, later moving to a managerial job with the National Football League. From then on, she explains, "When I got to work, I was safe."

But the attacks seemed to follow her everywhere else, and finally, 15 years after her first attack, Moscater appeared at the White Plains clinic.

Over the next eight weeks she learned to study the panic almost as an observer. She scored each episode from zero (calm) to 10 (full-blown panic). She tried not to fight the fear, but to accept and interrupt it. Starting a conversation, she found, or even

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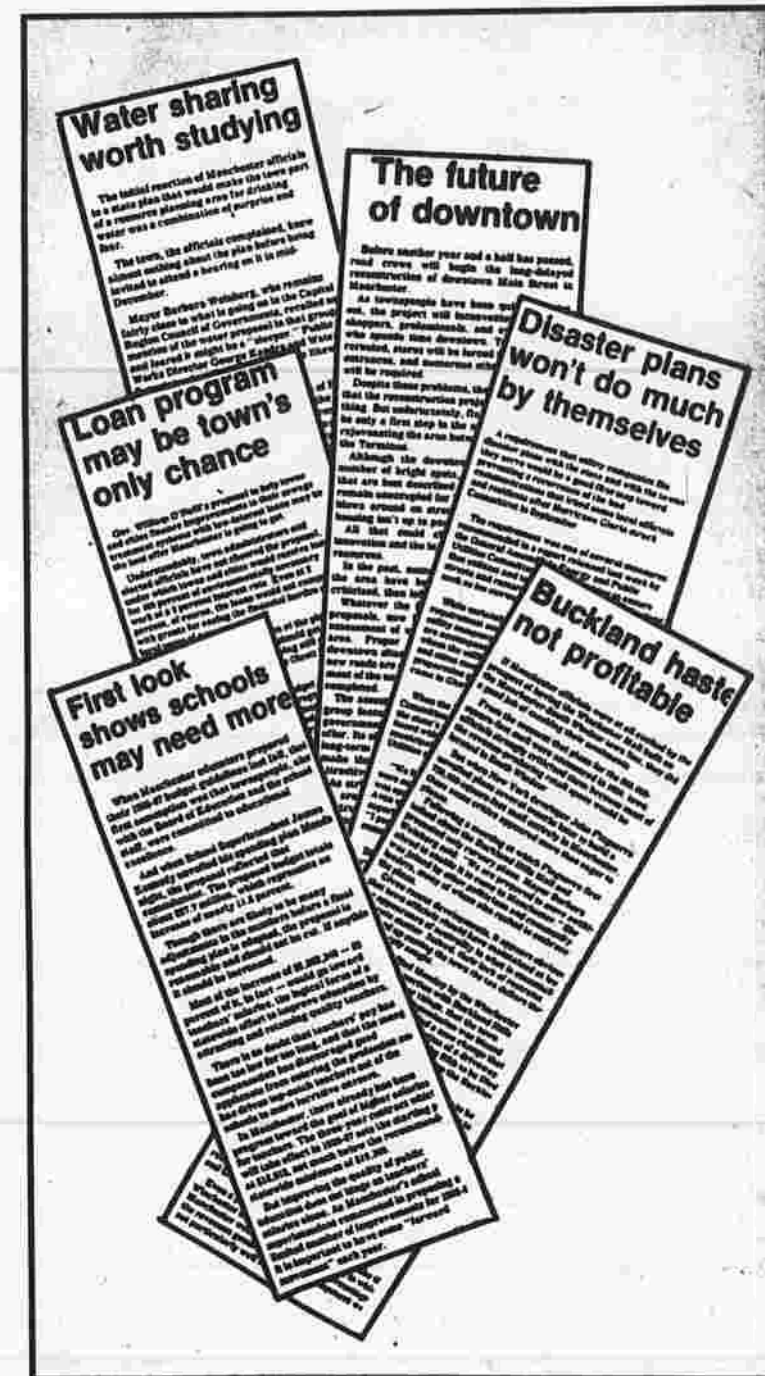
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Manchester Herald

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Don't hide the fact that you can type



By Sandi Hastings

QUESTION: I was a communications major in college and plan to make a career in broadcasting. I do have good typing skills but am reluctant to say so on job interviews because I don't want to get trapped in a glorified typing job. What do you advise?

ANSWER: We are in the computer age. A typing stigma attitude is definitely out of date. In fact, reluctance to take a formal typing course can handicap you in the job market. In all communications fields — advertising, publishing, public relations, and broadcasting — typing is a prerequisite for most entry-level positions. In many firms, the distinction between the typing pool and the professional-level employees is blurring so people beginning on the secretarial level have a greater chance for advancement. As more professionals use computers daily, the importance of typing skills increases for everyone. Typing skills also may open a door for you and will give the company a chance to

look at your other qualifications.

QUESTION: On a recent job interview the personnel manager asked me if I'd ever been fired. I have been, but I didn't know how to answer the question. I decided not to lie, but the more I spoke the bigger the hole I dug. How should I deal with such a question?

ANSWER: Since many interviewers like to surprise potential employees with such questions to probe beneath surface matters, you should be prepared to answer the question briefly, in an objective voice. Your answer should not put you

or your former employer in a negative light. To prepare, you should evaluate what happened when you were fired. Was it really your fault (or your boss's fault)? Or was it part of a company cutback or reorganization? Using hindsight, determine what you learned from the experience. Always begin your response with a positive statement. Name the skills and accomplishments you developed and then very briefly explain why you were terminated. Remember not to share any emotional turmoil. End with an energetic, positive explanation of what you've learned relevant to the job you are seeking. ■

Do you have a question for The Image Workshop? Write to Sandi Hastings at Weekend Plus Magazine, P.O. Box 591, Manchester, Conn., 06040.

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Can shellfish contract cancer?

By Sonja Heinze

Years ago I remember reading about a nun who was devoting her life to research. In her laboratory she was trying to find out why lobsters and crabs do not get cancer. If anything resulted from her research, I never did read or hear about it. Is it true that crabs and lobsters do not get cancer? Do scientists know why? Do other shellfish get cancer?

Louis Leibovitz, the director of the Laboratory for Marine Animal Health at the Marine Biological Laboratory at Woods Hole, Mass., states: "In my experience with a wide range of animal species, I have come to the conclusion that all animals are subject to tumors (cancer). Claims are frequently made that some animals do not manifest tumors and do not suffer from cancer. This has been said of ducks, sharks, lobsters and other animals. But upon closer study, tumors have been found in these animals although the reported incidence is low.

"In the case of lobsters and other crustacea in the wild, representative sampling of the affected population is very

"In my experience with a wide range of animal species, I have come to the conclusion that all animals are subject to tumors."

difficult." Since lobsters are cannibalistic, says Leibovitz, sick ones will be eaten and removed from the environment. Older specimens with tumors are not seen because of a limited life expectancy.

"One of the greatest difficulties in detecting tumors in crustacea," explains Leibovitz, "is related to the anatomy of the crustacea. The hard armor-like covering of crustacea covers the soft tissues of the animal, making visibility and detection of tumors difficult."

In spite of all these difficulties, cancerous tumors have been reported. "They do occur," Leibovitz states, "but our knowledge of them is limited due to the paucity of information and study."

REFRIED BEANS
Are Mexican refried beans fried twice, or what? How can I make them?

According to "The Dictionary of American Food and Drink" by John Mariani, refried beans are a Mexican-American dish or as a filling for various tortilla preparations.

"The term 'refried,'" explains Mariani, "is actually a mistranslation from the Mexican 'frijoles refritos,' which means 'well-fried beans.'" So they're really just fried once.

Here is Mariani's recipe for this dish: "Cook 4 cups pinto beans in water to cover till tender, and place in a skillet with 4 tablespoons of lard or

bacon fat. Mash down the beans, adding a little of the bean liquid. Add 2 minced garlic cloves, salt and pepper. Cook over medium heat for about 30 minutes, till edges are crispy. Turn out onto a warm plate. Serves 6."

IS SALT DEFICIENCY POSSIBLE?

I've cut back a great deal on salt simply because of warnings in the media and a question occurred to me which no one I know can answer: Since thirst is one indication that we have eaten too much salt, does our body indicate to us in any way that we have not had enough salt? Is it possible to have a deficiency of salt without realizing it?

"It is unlikely that a salt deficiency occurs under normal conditions," states Professor Gertrude Armbruster of Cornell University's Division of Nutritional Sciences. Salt deficiencies are rarely encountered because most foods naturally contain enough of it. You don't have to sprinkle salt on meat, fish, poultry, eggs or milk. It's already there.

Salt is not one chemical but two, a combination of sodium and chloride. Sodium helps to maintain normal water balance, and chloride aids in digestion. Intense sweating, vomiting or diarrhea can cause a considerable loss of sodium from the body, but this is rare. Eating ordinary food without the addition of salt will not cause a deficiency of sodium.

DRYING DOWN JACKET

When I wash my son's down jacket I cannot get it dry in the dryer. All the down feathers mass together in clumps. It takes a day to dry out in the air and I have to keep shaking the jacket to redistribute the feathers so they can dry. Is there any other solution to drying it?

Label information accompanying a down and waterfowl feather vest made by St. John's Bay suggests that you add some dry bath towels to the dryer along with the jacket to absorb the moisture. To minimize clumping of the feathers, also throw in three tennis balls. The balls bang against the jacket and separate the clumps.

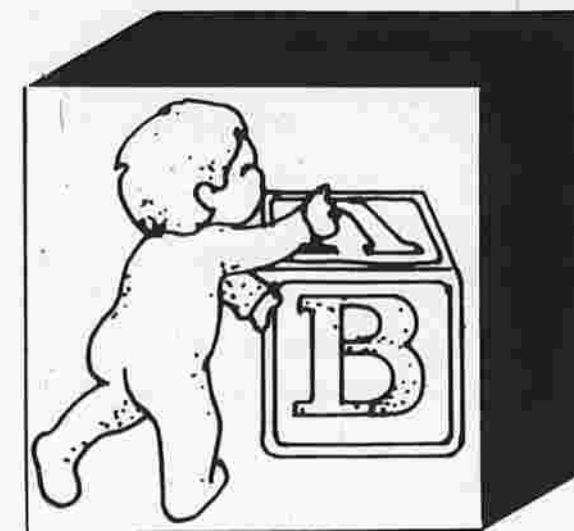
Possessiveness: it's mine ... it's me

By Fred Rogers
with Barry Head

Did you ever have trouble throwing away or giving away an old coat? Or did you ever lose something that really hurt to lose? When that happens, often the only way we have to explain our feelings of... yes, grief... is to say that the object that's gone had "sentimental value."

"Grief" is a word we usually use for the loss of someone we loved, and as we grow older, we tend to use less intense words for the loss of things. We may only say we feel "sad," but even though that sadness generally passes a great deal more quickly than our sadness over the death of a loved one or the end of a loving relationship, both are forms of grief.

What are the most painful things to lose? For most of us, I believe, they're things that represented people — a family heirloom, a grandparent's diary, a piece of embroidery made by a parent, a scarf that a friend always wore. When things like that get lost, we may feel as



though a part of ourselves has gone because those people were part of who we are. Any time we feel that we've lost a part of ourselves, we can be sure it's going to hurt... really hurt.

Part of ourselves: Can any of us even now sort out with any clarity who and what make up how much of what each of us

"Any time we feel that we've lost a part of ourselves, we can be sure it's going to hurt... really hurt."

can sometimes show over objects that, to us, are just "things."

As babies grow into toddlers, there's a kind of "hatching" they have to grow through. Little by little, they emerge from a feeling of oneness with their closest caregiver into a sense of themselves as a separate human being. And even as that is happening, they are moving out into a world of things that, at first, can seem a physical part of the new and separate human being they are becoming.

I remember a mother telling us with puzzled concern about how her normally calm, loving little boy had one day thrown an ungovernable tantrum when she threw his "sucky blanket" into the washing machine. His screams and tears seriously alarmed her. What was wrong

with him, she wondered? Another parent wondered how best to teach a child to share, to be generous. The problem in that household was a toddler who kicked up a terrible fuss whenever a visiting child was put in his crib — even at times when he didn't want to be in it himself.

I've come to believe that in the early years when children are hatching and moving out into the world, parents need to protect their children's sense of self in every way they can. We can generally count on that sense of self to change in its own good time so that people and things take their appropriate places as parts of our children's growing identities. ■

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Try flounder

This delicate fish has many varieties, and they're all tasty

By Ted Larsen

The word "flounder" comes to us from an Old Norwegian word for "flat" and has been an important food fish since prehistory. There are literally hundreds of species, so there is no such thing as just "flounder."

Despite the diversity, practically all members of the flounder family have a mild, delicate flavor and lean white meat. They also have two strange characteristics: they are flat and have both eyes on the same side of their head.

Flatfish fry begin life pretty much like any other hatchling, but as adulthood approaches, bizarre biology takes over. Their bodies flatten and one eye travels around the head to join the other. If this metamorphosis was in a sci-fi movie, you'd laugh at the absurdity.

Flatfish are dubbed left- or right-handed, depending upon the side of the head on which their eyes are located. This eye placement lends flounder a rather strange effect as it moves through water. Is it swimming on its side or belly? A flounder in water come close to those optical illusion drawings for which there is no correct answer.

The name "sole" really adds to market confusion because so little is caught in U.S. waters. Prized Dover sole comes only from waters off England. No true sole is caught off the U.S. East Coast, while some is taken in the Pacific. Fish sold as gray sole is really witch flounder; lemon sole is winter flounder.

Most surprising is the identity of the mighty halibut, those up-to-300-pound monsters that yield succulent steaks. Yes, they too are flounders. All flatfish are low in fat, while high in protein, vitamins and minerals. All of which are really good for the nerves.

Here's a simple dish with a Scandinavian accent that will get you raves as a party snack or on a buffet table. Be sure you make enough.

DANISH FLOUNDER BROCHETTE

1 1/2 pounds flounder fillets

24 broccoli florets
2 limes, thinly sliced
3 medium cucumbers, peeled
dill, fresh, chopped
to taste
4 tablespoons unsalted
butter, cut in pieces
salt
pepper

One hour before cooking, cut as many cucumber balls as possible by using a melon ball scoop. Sprinkle the cucumber with salt and place in a colander to drain. Preheat oven to 400F. Cut flounder into bite-sized pieces.

Blanch broccoli in boiling water for 2 minutes, plunge into cold water, reserve. Place flounder pieces on skewers, alternating with broccoli florets. You should have 3 pieces of each per skewer.

Place each brochette on a small piece of aluminum foil topped with a half piece of lime. Season with salt and pepper to taste. Scatter each packet with an equal number of cucumber balls, dill and butter. Seal the packets and place on a baking sheet. Cook for 10-15 minutes or until done. Serve unopened packets to guests.

Serves 6.

HINTS

This dish has endless possibilities. You might like to add raw shrimp or scallops to the flounder.

Fresh blanched asparagus can be substituted for the broccoli. Try lemon slices with fresh cilantro, basil or tarragon.

This is one of my favorite simple fish recipes. I cook it often when we want something different on short notice. The name comes from an old Paris neighborhood noted for its wine trade.

FLOUNDER BERCY

1 1/2 pounds flounder fillets

1 tablespoon shallot, finely minced

1 tablespoon parsley, finely minced

1/2 cup dry white wine

2 tablespoons unsalted butter, cut in small pieces



salt
pepper

Preheat oven to 350F. Place shallots and parsley in a covered shallow baking dish large enough to accept all of the fish in one layer. Add wine, cover and place in oven for 10 minutes to amalgamate flavors.

Remove and add fish. Dot with butter pieces and cover. Return to oven and cook for 15 minutes or until fish is flaky but not overcooked. Carefully remove fish and reserve, covered, in a warm place.

Place oven dish on stove and over high heat, reduce pan juices by about half. Season with salt and pepper to taste. Strain sauce and pour a few tablespoons over portions of fish. Serve any extra on the side.

Serves 4.

HINTS

Onions can be substituted for the shallot, but the result is not as delicate.

This dish is perfect for any non-oily, white fish.

To make sauce a bit richer, add a 1/2 cup of heavy cream to

pan juices after reduction. Bring to a boil again briefly to thicken.

This is a perfect way to prepare the largest member of the flounder family. It's a great make-ahead recipe for an informal dinner.

JAPANESE HALIBUT

2 pounds halibut, boned

1 1/2 teaspoons salt

1/2 cup soy sauce

1/2 cup sweet sherry

1/2 cup honey

1/2 pound scallions

vegetable oil

Cut boned fish into cubes, at least 2 inches square and 1 inch thick. Combine all items except honey and pour over fish. Marinate in refrigerator for at least 3 hours.

When ready to cook, preheat broiler. Cut scallions into 1-inch pieces and scatter on the bottom of a shallow ovenproof dish. Remove fish from marinade and drain. Reserve marinade.

Place fish on bed of scallions and coat lightly with oil. Place 5 inches under broiler and cook 3 minutes. Turn fish over, coat

with additional oil and return to broiler for another 3 minutes or until fish flakes with a fork.

Serve with scallion pieces on top of fish and warmed marinade as a sauce.

Serves 4.

HINTS

You can experiment with brown sugar or molasses in place of honey.

To be more authentic, use sake rather than dry sherry.

If you are one of those adventurous types who occasionally cooks over charcoal in winter, this dish is perfect. However, the scallions must be cooked, wrapped in aluminum foil with 2 tablespoons marinade and placed over coals for 10 minutes. ■

On Luck feast proves frustrating

By Sondra Stave

The decor at On Luck in the Shop-Rite Plaza on Spencer Street is a combination of the authentic and the obviously modified. The food is much the same.

Good copies of Chinese beams decorate the upper wall areas of the roughly square, largish room. Booths line the walls, and tables for parties of assorted sizes fill the center of the room.

The menu has the usual complement of appetizers, soups and main dishes, including the American inventions of chop suey and chow mein with fried noodles. (The authentic version features thin, soft noodles pan fried in a mass so as to create a pancake-like disc.) The fried noodles presented for munching while considering the menu were dry, better for the figure but not as tasty as the oilier variety.

On our visit, we found that the appetizers and soups were the most successful offerings. A pu-pu platter for two easily fed three and could have been stretched to accommodate four. It allowed sampling of five of the eight appetizers, all of which were well prepared. The spareribs were meaty and cooked to retain only the slightest residue of fat. They had been properly marinated to achieve a piquant flavor.

Both the chicken fingers and fantail shrimp were fried to near greasiness in a light batter. The chicken wings were well seasoned and arrived at the table so hot that it was unnecessary to warm them over the flaming chimney provided.



Ragined Pinto/Manchester Herald

On Luck Chinese Restaurant is in the Shop Rite Plaza.

The eggrolls were a little thick of skin but the primarily vegetable filling was tasty.

Hot and sour soup arrived in a tureen meant for sharing. While the chef had taken some liberties with the classic recipe, the results applauded his creativity. The soup is both hot and sour and the additions of roast pork and slices of water chestnuts were pleasant. A serving of wonton soup included three dumplings with a pleasant pork filling in a decent broth. A generous hand with the strips of roast pork was appreciated.

Unfortunately, the main dishes sampled were disappointing. Perhaps worst was the pork in spicy sauce. The pork cubes, previously barbecued, were agreeable enough, but they were nearly drowned in a sea of diced bamboo shoots. The sauce was barely spicy and had an

off-taste. A couple of limp broccoli spears did nothing to improve the dish.

Lung har gai kew is listed as an On Luck specialty and it was somewhat better. The chicken and lobster pieces were properly cooked and the vegetables offered a greater variety, including snow peas, carrot

flowers and water chestnuts, as well as another piece of tired broccoli. In this case, the sauce did not taste peculiar, it just had little taste at all.

Wor dip har featured three large shrimp covered with pieces of bacon, fried and then placed atop a huge mound of onion shards in a vaguely

sweet-sour sauce. Again, the seafood was well cooked, but the vegetable was monotonous and the sauce lacking flair. Nowhere in the main course offerings was that tantalizing fragrance of garlic and ginger that marks well-sauced and seasoned Chinese food.

Prices at On Luck are moderate. The assorted appetizer platter at \$10.95 is a particularly good buy. Main dishes range from \$4 for the various kinds of egg foo young to nearly \$8 for those dishes which include a high proportion of seafood. Combination platters, including fried rice and eggroll, are in the \$5 range.

If care is taken to emphasize appetizers and soups, a satisfying meal can be assembled at On Luck. Of the food remaining on our table at meal's end, these first courses were the only items we chose to take home.

No desserts were offered on the menu, and the fortune was missing from one of the cookies that accompanied our check. It seemed a fitting conclusion to the meal. ■

On Luck Chinese Restaurant

234 Spencer St., Manchester
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